

Welcome!

Meet the Teacher 2026



Thank you for being here today!

Our Values

A – Aspirational learners who embrace learning throughout their lives.

C – Curious and inquisitive minds that explore the world around them.

O – Open minded individuals who embrace all opportunities with enthusiasm.

R – Respectful and resilient global citizens who excel in a rich and diverse curriculum.

N – Nurturing and caring individuals who make a positive contribution to society.



Welcome to Year 1!



The staff in Year 1 are:

- **Mrs Kaushal (Mon- Fri am) & Mrs Walton (Fri pm)**
- **Miss Dwan- HLTA**
- **Mrs Spilman- TA**
- **Mrs Sepideh- TA**

Queries or Problems?

If you have any queries or problems please approach your child's teacher in the first instance.

An appointment can then be made with Mrs Clayton, Deputy Head teacher or Mrs Maude, Head teacher if the matter is still not addressed



Year 1 Curriculum

When children move from the Early Years Foundation Stage (EYFS) to Year One, the curriculum becomes more structured. While play remains important, there's a greater focus on formal learning in subjects like English and Maths. Lessons are more teacher-led, helping children gradually adapt to the expectations of Key Stage 1.

The children will continue to be independent in their learning of the Foundation subjects. Following whole class inputs, the children will enter Enhanced Provision. During this time there will be some adult led activities as well as many independent learning opportunities.



Reading

It is essential that children bring their reading books to school every day. Your child will have been given their reading book already.

Children will change their reading book weekly.

Please support your child by encouraging them to read on a daily basis, for a minimum of 10 minutes, and signing their Reading Record.

The class teacher or teaching assistant will listen to your child read at least once a week.

Reading

Reading will also take place during our daily Phonics sessions. Children will practise reading a book containing the weeks focus sounds and 'Red Words'.

Reading For Pleasure

We want our children to have a love of reading therefore we will have many initiatives to encourage this across the year which will share soon. Please support this at home too.



Phonics Screening Check

The Phonics Screening Check is a short, statutory assessment taken by all Year One children in England, at the end of the school year. It helps schools and teachers confirm whether children have learned the key phonics skills needed to read words confidently.

During the check, children read 40 words aloud—some real and some made-up—to assess their ability to decode using phonics. It is conducted in a relaxed, one-to-one setting with a familiar adult. Results help identify any areas where additional support may be needed. Parents are informed of their child's results by the end of the summer term.

We will hold another meeting to go through this in more detail at a later date.



PSHE Changes: September 2026

Department for Education Statutory **RSHE** Guidance: Fully implemented across all schools from 1 September 2026 to ensure pupil wellbeing, safety, and positive relationships.

Statutory 2026



Digital & Physical Safety

Expanded learning on online safety, AI literacy, deepfakes, personal safety (water, road, rail), and awareness surrounding knife crime and financial safety.



Healthy Relationships & Wellbeing

Stronger focus on addressing online harms, tackling misogyny and incel culture, promoting positive communication, emotional regulation, and grief support.



Health Education & Body Literacy

Clear, correct anatomical language for safeguarding, alongside expanded guidance on mental health, sleep, menstrual, and gynaecological health.



What Parents Need to Know

- **Full Transparency:** All teaching resources and RSHE policies are accessible on the school website for review.
- **Right of Withdrawal:** Parents retain the statutory right to request withdrawal from non-statutory Sex Education lessons.
- **Open Partnership:** We invite parents to share feedback during policy reviews to support home-school alignment.

<https://www.kapowprimary.com/subjects/rse-pshe/curriculum/rse-pshe-parent-information/>



Overview - Key stage 1

Year 1

<p>Autumn 1</p>	<p><u>My healthy self: How can we look after our emotions?</u></p> <p>8 lessons</p> <p>Recognising and naming a range of emotions, pupils learn to identify facial and body clues linked to feelings. They explore what helps them feel calm and happy, understand the importance of rest and enjoyable activities, and practise simple strategies for managing different emotions.</p>	<p>Autumn 2</p>	<p><u>Connecting with others: How can I help myself and others feel happy and safe?</u></p> <p>7 lessons</p> <p>Identifying what makes them and others special, pupils learn how friends, family and classmates can help and support each other. They explore how respect is shown through behaviour in different situations and identify simple strategies for managing disagreements in families and friendships.</p>
<p>Spring 1</p>	<p><u>The online world: How do we spend time online?</u></p> <p>7 lessons</p> <p>Understanding how to stay safe and respectful online and recognising the different ways people use the internet in everyday life. Pupils compare online and offline activities, explore appropriate online behaviour and identify strategies for staying safe and responding to unsuitable content.</p>	<p>Spring 2</p>	<p>Citizenship: How can I help others and the environment?</p>
<p>Summer 1</p>	<p><u>Health protection: How can I protect myself and others in daily life?</u></p>	<p>Summer 2</p>	<p><u>Staying safe: How can I stay safe?</u></p> <p>6 lessons</p> <p>Recognising how rules help to keep people safe by identifying everyday</p>
	<p>7 lessons</p> <p>Exploring illnesses and injuries, understanding the roles of different healthcare workers in prevention and treatment and practising how to get medical help. Pupils investigate how germs spread, practise ways to reduce the risk of illness and learn when and how to seek help in an emergency.</p>		<p>hazards and understanding situations that could cause harm. Pupils explore ways to stay safe around roads and potentially dangerous items, recognise body clues that signal a problem and learn how to seek help from a trusted adult when needed.</p>

	Autumn		Spring		Summer	
KS1	Family and Relationships	Citizenship	Health & Well-Being	Economic Well-Being	Safety and the Changing Body	Identity
Year 1	<p>Exploring how families can be different, the characteristics and impact of positive friendships;</p> <p>learning that issues can be overcome, people show feelings differently and that stereotyping is unfair</p>	<p>Learning about: the importance of rules and consequences of not following them;</p> <p>caring for the needs of babies, young children and animals;</p> <p>exploring our similarities and differences and an introduction to democracy</p>	<p>Exploring personal qualities, strategies to manage feelings, the impact of sleep and relaxation on wellbeing, the importance of hand washing and sun protection,</p> <p>identifying and dealing with allergic reactions, people in the community who keep us healthy</p>	<p>Learning about a range of money and bank functions including cash safety, spending, saving and jobs.</p>	<p>Learning how to respond to adults in different situations;</p> <p>distinguishing appropriate and inappropriate physical contact; understanding what to do if lost and how to call the emergency services;</p> <p>identifying: hazards in the home and people in the community who keep us safe</p>	<p><u>Preparing for transition</u></p> <p>Helping Year 1 pupils with the transition to a new year and the changes that come with it</p> <p>Different Feelings / Aiming High</p>

<https://www.kapowprimary.com/subjects/rse-pshe/curriculum/rse-pshe-parent-information/>

Share new policy.



Uniform

- This year, Uniform – Black shoes only (no trainers)
- Indoor P.E kit: Black/navy shorts & white T-shirt/polo shirt to be worn to school on the day of PE and sports clubs
- Outdoor P.E kit: Black/navy shorts & white T-shirt/polo shirt, trainers (dark tracksuit for cold days) to be worn to school on the day of P.E or Sports Club.

Long hair to be tied up.

No Jewellery – only watches (no smart watches)

No nail varnish

No valuables

Please note:

We expect the children to be in full correct uniform every day. If you need support with this, please let me know as the school may be able to assist.

Earrings:

We are moving towards being an 'earring-free' school. This includes studs. The reason for this is safety.

Snacks

Fruit is available for free during morning break times.

We are a 'Healthy School'. Should children bring their own snack or lunch, we advocate healthy choices.



Water Bottles

Please send a named clear water bottle in to school with fresh water for in it everyday, not juice. Medical advice is that by drinking juice throughout the day even sugar free juice, this can cause tooth decay. It's better to offer juice in a cup only with meals and limit daily amounts.

This is for the children to drink throughout the day in their classrooms.



School Lunches

Our school lunch menu is on the school website. We offer meat, vegetarian and Halal options.

TLC provide our school meals or the children are welcome to bring a healthy packed lunch.

Universal Free School Meals (FS2 & KS1)

All reception, Year 1 and Year 2 pupils are entitled to receive a free meal at lunchtime. If your child is in this age group but is also eligible for free school meals because you receive one of the qualifying benefits, we still need you to apply for these as normal. This is because schools receive a 'pupil premium' payment (up to £1,300) for each eligible child which they can spend on resources which will benefit your child's education.

Ordering of school meals

You can order your child's meal online using School Grid's app. If you have not received your activation email please contact the school office.

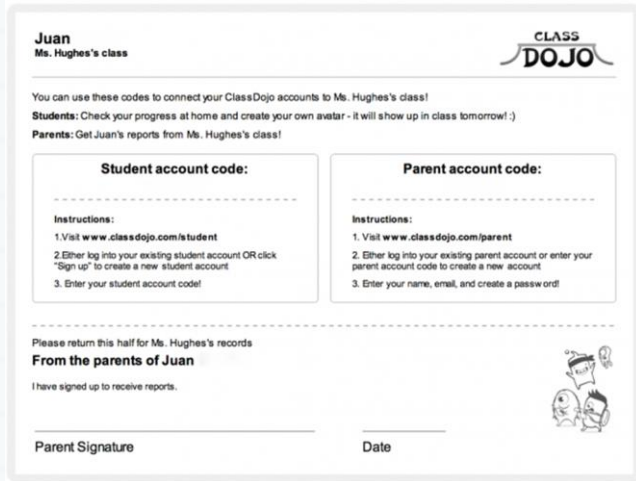
Free School Meals

Your child may be entitled to a free school meal if you are in receipt of a qualifying benefit. Please visit <https://www.stockport.gov.uk/free-school-meals/free-school-meals> to find out more or ask the school office for advice.



Communication

Class Dojo



Juan
Ms. Hughes's class

CLASS DOJO

You can use these codes to connect your ClassDojo accounts to Ms. Hughes's class!

Students: Check your progress at home and create your own avatar - it will show up in class tomorrow! :)

Parents: Get Juan's reports from Ms. Hughes's class!

Student account code:	Parent account code:
Instructions: 1. Visit www.classdojo.com/student 2. Either log into your existing student account OR click "Sign up" to create a new student account 3. Enter your student account code!	Instructions: 1. Visit www.classdojo.com/parent 2. Either log into your existing parent account or enter your parent account code to create a new account 3. Enter your name, email, and create a password!

Please return this half for Ms. Hughes's records

From the parents of Juan

I have signed up to receive reports.

Parent Signature _____ Date _____



Class Dojo is also our main communication tool; we will send notices and general messages from this.

We may also use Class Dojo to communicate personally with you so please check this regularly.

School Spider



We use School Spider to send out more formal information such as letters, these will arrive in your email inbox. You will receive the headteacher's termly newsletter through this platform too.

You can also book parent's evening appointments and complete online surveys and forms.

You can login via our website by selecting 'parent login' on the top bar of our site or, via the School Spider app. You can download the app for free from Google Play or Apple App Store by searching School Spider.

Online Safety

Teaching children how to stay safe online is becoming more and more paramount every day. In school, we have SMART rules and CEOP posters displayed in every classroom. Children spend their first half term in school learning about online safety in Computing lessons.

Please help support us in educating children about this by implementing rules and regulations at home.

P.E. & Games

Outdoor PE kit is required on a **Wednesday** and **Thursday** (children will come to school in their kit)

Please ensure your child has the correct PE kit, this is listed on the school website.

Jewellery is **not permitted** to be worn including earrings!

If children have a club after school, they must bring their PE to change into at the end of the school day.





Benedict's Law & Allergy Safety in Schools

- 1 in 15 UK children live with diagnosed food allergies
- Unidentified Risk: Up to 30% of severe school allergic reactions occur in pupils with no prior diagnosis
- Schools must publish a dedicated, publicly accessible allergy policy updated annually, this will be ratified by governors at the end of the month.
- Schools must hold spare, unprescribed auto-injectors on site for rapid emergency use.
- All staff will have anaphylaxis response training
- Please confirm dietary requirements before school events, trips and hot meal catering.

We are a nut aware school

- Our school is a nut-aware environment to protect children with severe, life-threatening nut allergies.
- **Items to Avoid:** Please do not send any peanuts, tree nuts, nut butters, trail mix or products labelled 'may contain nuts' / 'processed in a facility with nuts'.
- **Check Labels:** Always read ingredient labels carefully before sending packed lunches, snacks or party foods to school.
- **Safe Lunch Alternatives:** Try cheese, yogurt, seeds or fruit and vegetables instead of nut products – no Nutella please!



Forest School

This year, the children will take part in Forest School, led by Miss Exley. We will inform you when this will take place and the clothing required for it.



Outwood Primary School is proud to have a forest schools site on its grounds.

Forest School is a child-centred inspirational learning process. It develops confidence and self-esteem through learner inspired, hands-on experiences in a natural setting.

Develop socially, emotionally, spiritually, physically and intellectually.

It creates a safe, non-judgemental nurturing environment for children to try stuff out and take risks.

Forest School inspires a deep and meaningful connection to the world and an understanding of how the children fit within it.

A strong understanding of the importance of nature is an attribute that children can carry forward into adult life to protect the planet we live in.

Specifics for Year 1

- All children in KS1 are entitled to a free school meal – please order online.
- Forest School information to follow.
- We will have a school trip that will be linked to our learning. Information will be sent out as early as possible.

Dates for your diary

- 6th October – Cauliflower Cards to be returned
- w.b. 26th October – Half Term
- TBC in December- Christmas performance
- 18th December – Last Day of Term

Homework

Homework will be set every week on Friday. Please can children return homework by the following Wednesday. These will be in the form of homework sheets in a wallet.

Additional homework in the form of the homework grid which may be sent out every half term by the class teacher. This is additional homework should children wish to complete it. Children can complete this in their Homework books.

Please also read with your child for 10 minutes everyday.

Logins for Numberbots have been provided to each child in their Reading Records. Please can children practice maths using this.

Clubs

At Outwood we offer a variety of clubs for the children to attend. Some will take place in school time and others are after School.

The children will be made aware of the clubs that are on offer. We do have limited spaces for these so we try to make it as fair as possible.

SPORTS COOL

You can sign up for the after school clubs by using the website.

<https://www.sportscoolcheshire.org/>



Wrap around care

Early Breakfast Club: This cost is £4 per child per day which includes childcare, two breakfast items and a drink.

Breakfast club opens its doors at 7.30am - booking is necessary and can be made through your School Spider account.

Free Breakfast Club: We offer a free Breakfast Club to all school aged children (Reception to Year 6) from 8:15am - 8:45am. You can book online via School Spider or turn up on the day before 8:30am. We were the first school in Stockport to offer this!

After School Club: This runs from straight after school at 3:20pm until 5:30pm. During the session we will have different activities for the children to take part in and we offer a snack and a drink for only £7.50. Booking for the club can be done via School Spider up until 1 hour prior to the session starting.

Key Contact:

Manager Contact: Wayne Hampson can be reached at wayne.hampson@outwood.stockport.sch.uk or via mobile at 07783 305416. Please note: The mobile number is strictly operational during Wrap Around Care Club hours and cannot be used to book sessions.

Attendance Matters!

New National Attendance Rules for Parents
(September 2026)

Strict Penalty Trigger: Penalty notices are now automatically considered when a child accumulates 10 sessions (5 school days) of unauthorised absence within a rolling 10-week period.

Report Early: Contact the school on day one of any absence with details.

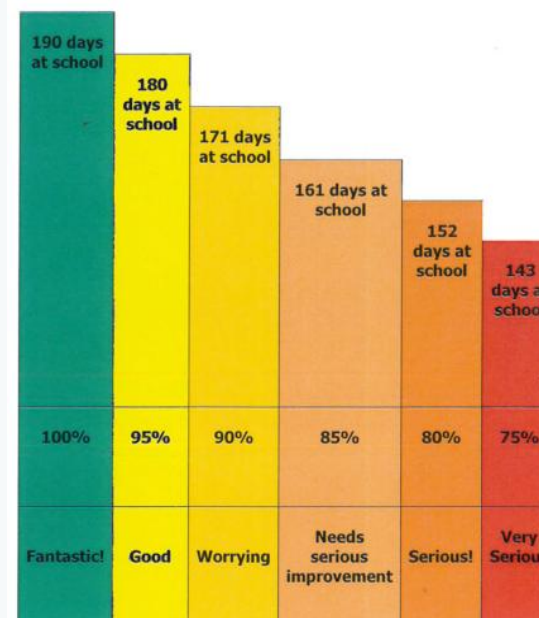
Avoid Term Time Holidays: Leave during term time remains unauthorised unless under exceptional circumstances agreed upon by the headteacher. The fines are now higher than in previous years.

Engage with Support: If your child is struggling to attend due to health or anxiety, work directly with the school to create an attendance support plan.

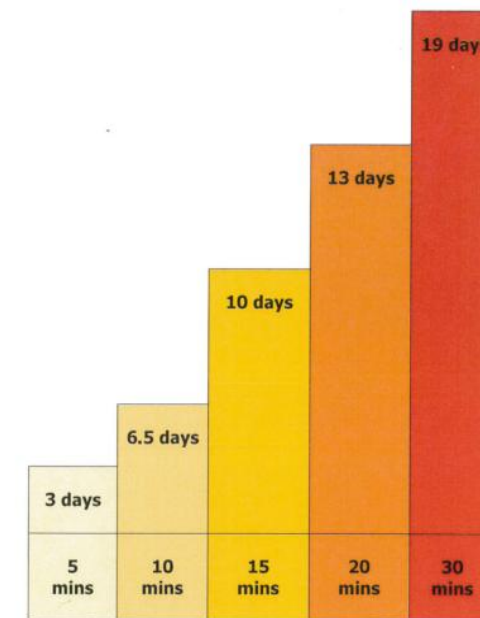
Attendance and Punctuality

These graphs refer to the end of year attendance data and will assist you in seeing if your child is on track this year.

% Attendance



Only being a few minutes late...most days...equates to:



Mental Health & Wellbeing

- How we nurture happy, confident learners at Outwood Primary.....
- **Our Whole-School Approach:** A Safe & Caring Environment: Wellbeing is woven through our daily routines, curriculum, and school values.
- **Open Conversations:** We teach children to recognise, understand, and talk about their feelings.
- **Proactive Support:** Early identification of emotional or social challenges to provide the right support when it is needed most.
- 'At Outwood Primary, we believe that
- emotional wellbeing is the foundation for every child's success and happiness.'

Meet Tam!

Our Emotional Wellbeing Support



- We are delighted to welcome Tam to Outwood. Tam is here to offer focused emotional and mental health support across the school.
- **How Tam Helps Our Pupils:** 1-to-1 sessions: A safe space for children dealing with anxiety, big emotions or difficult life changes.
- **Small Group Support:** Building resilience, self-esteem, friendship skills and emotional regulation.
- **In Class Guidance:** Helping children learn effective coping tools they can use every day.
- **How to Connect with Tam / Referrals:** Teachers or parents can request support if they notice a child needs extra help.
- **Get in Touch:** If you have questions or want to learn more about how Tam can support your child, contact her through ClassDojo.

Home/school agreement

At Outwood it is important that parents/carers, pupils and staff, respect each other's contributions and work together to achieve the highest possible levels of success for all our pupils.

This will be sent out this term.

Please read, sign and then return this to school.



Thank you!



Thank you for coming!

Any questions?

