The Harmony Trust KS1 PSHE Newsletter

Autumn 1 2026

This half term, our PSHE learning will focus on **rules and responsibilities**. The children will revisit our academy rules and classroom expectations, helping to create class charters and discussing how we can show respect and kindness towards one another. They will also learn about the importance of having a voice within the academy community by taking part in the election of the Children's Leadership Team and by taking on a range of responsibilities across the academy.

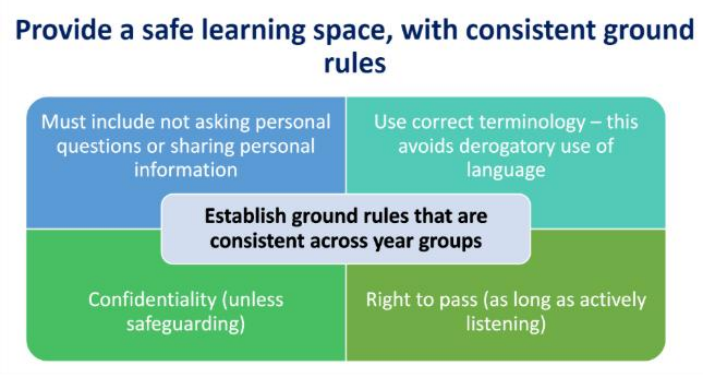
Relationships Education Theme: Rules and Responsibilities	
Year 1	**Year 2**
Rules & Expectations	Rules
Getting Help	Getting Help
Taking Turns	Trusted Adults
Lending/Borrowing	Ground Rules
Sharing	Manners
Caring	Consequences

Ground Rules

#bedemocratic

This half term, children will learn and follow the PSHE ground rules that help create a safe and respectful learning environment.

✓I won't ask you any personal questions about the topic
✓Don't ask me
✓Don't ask each other
✓I won't tell you
✓Don't tell me
✓Don't tell each other

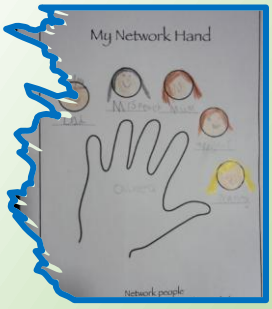


#besafehealthyandhappy

Trusted Adults

This half term, children will learn about **trusted adults** and why it is important to have people they can turn to for help, support and advice. Together, we will discuss who their trusted adults might be at school, at home and within the wider community.

We encourage families to continue these conversations at home so that children are confident in identifying the trusted adults they can speak to if they ever need help.



#berespectful

E-safety tip:

Explore the internet safely – tell your trusted adult if someone or something makes you feel uncomfortable.

Supporting your child at home

You can support your child at home with their learning in PSHE and topics we will be looking at throughout the year by visiting the bbc bitesize website:
https://www.bbc.co.uk/bitesize

If you have any further questions, please speak to your academy Principal or e-mail info@theharmonytrust.org

THE HARMONY TRUST