



RHE

Our RHE Curriculum is based upon the Diocesan supported scheme 'Life to the Full Plus.' This has been revised to reflect statutory changes.



Christ the King Catholic Primary School RHE Overview

EYFS Preschool

Term	Module and Unit	Session Title	Session Length
Autumn II	EYFS, Module 1, Unit 1 Religious Understanding	Story Sessions: Handmade With Love	5 x 5-10 minute sessions over 5 days
Spring I	EYFS, Module 2, Unit 1 Religious understanding	Session 1: Role Model	2 x 15-minute sessions
Spring II	EYFS, Module 2, Unit 2 Personal Relationships	Session 1: Who's Who?	20 minutes
		Session 2: You've Got A Friend in Me	20 minutes
		Session 3: Forever Friends	20 minutes
Summer 1	EYFS, Module 2, Unit 4 Keeping Safe	Session 1: Safe Inside and Out	20 minutes
		Session 2: My Body, My Rules	20 minutes
		Session 3: Feeling Poorly	20 minutes
		Session 4: People Who Help Us	20 minutes
Summer II	EYFS, Module 3, Unit 1 Religious Understanding	Session 1: God is Love	20 minutes
		Session 2: Loving God, Loving Others	20 minutes
	EYFS, Module 3, Unit 2 Living in the Wider World	Session 1: Me, You, Us	20 minutes



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Reception

Term	Module and Unit	Session Title	Session Length	
Autumn I and II		Getting to know each other		
Spring I	EYFS, Module 1, Unit 2 Me, My Body, My Health	Session 1: I Am Me Session 2: Heads, Shoulders, Knees and Toes Session 3: Ready Teddy? (new)	20 minutes 20 minutes 20 minutes	
Spring II	EYFS, Module 1, Unit 3 Emotional Well-Being	Session 1: I Like, You Like, We All Like! Session 2: All The Feelings! Session 3: Let's Get Real	20 minutes 20 minutes 20 minutes	
Summer I	EYFS, Module 1, Unit 4 Life Cycles	Session 1: Growing Up Session 2: New People, New Places + Classroom Shorts	20 minutes 20 minutes	
Summer I	EYFS, Module 2, Unit 3 Life Online	Session 1: What is the Internet?	20 minutes	
		Session 2: Playing Online	20 minutes	
Summer II	Living in the Wider World	Session 2: When I Grow Up... + Classroom Shorts Session 3: 'Money Doesn't Grow On Trees' + Classroom Shorts	20 minutes 20 minutes 20 minutes 20 minutes 20 minutes	



Christ the King Catholic Primary School RHE Overview

Year 1

Term	Module and Unit	Session Title	Session Length
Autumn II	KS1 Module 1 Unit 1 Religious Understanding KS1 Module 2 Unit 1 Religious Understanding	Story Sessions: Let the Children Come Session 1: God Loves You	5 x 10-minute sessions over 5 days 40 minutes
Spring I	KS1 Module 2 Unit 2	Session 1: Special People Session 2: Treat Others Well... Session 3: ...and Say Sorry	30 minutes 35 minutes 30 minutes
Spring II	KS1 Module 2 Unit 4	Session 1: Good and Bad Secrets Session 2: Physical Contact Session 3: Harmful Substances Session 4: Can You Help Me? (Part 1) Session 5: Can You Help Me? (Part 2)	35 40 (or 2x25) 30 35 35 minutes
Summer I and II	KS1 Module 3 Units 1 & 2	Three In One Who is My Neighbour?	25 30



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Year 2

Term	Module and Unit	Session Title	Session Length
Autumn I	KS1 Module 1 Unit 3 Emotional Well-Being	Feelings, Likes and Dislikes Feeling Inside Out Super Susie Gets Angry	40 30 40 minutes
Autumn II	KS1 Module 2 Unit 3 Life Online	Real Life Online Rules To Help Us	
Spring I	Unit 2 Living in the Wider World	The Communities We Live In Needs and Wants + Classroom Shorts	35 30 minutes
Spring II	KS1 Module 1 Unit 4 Life Cycles	The Cycle of Life Beginnings and Endings Change Is All Around + Classroom Shorts	30 40 40 40 35 minutes
Summer I	KS1 Module 1 Unit 2 Me, My Body, My Health	I Am Unique Girls and Boys Clean and Healthy (My Body)	30 30–40 75 (split over two sessions)



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LKS2 – Year 3

Term	Module and Unit	Session Title	Session Length
Autumn 1	Unit 2 Personal Relationships	Family, Friends and Others... S1 When Things Feel Bad	45 45
	Unit 3 Life Online	Sharing Online Chatting Online + Classroom Shorts	35 35 minutes
Spring 1	LKS2 Module 1 Unit 1 Religious Understanding	Story Sessions: Get Up! Session 2: The Sacraments	5 × 15-minute sessions over 5 days 40 minutes
	LKS2 Module 2 Units 1 Religious Understanding	Story Sessions: Jesus, My Friend	4 x 15 minutes
Spring II	LKS2 Module 2 Unit 4 Keeping Safe	Safe In My Body + Classroom Shorts Drugs, Alcohol and Tobacco First Aid Heroes Rights and Responsibilities + Classroom Shorts	45 45 45 40 minutes
Summer I or II	LKS2 Module 3 Units 1 Religious Understanding	A Community of Love	40



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LKS2 – Year 4

Term	Module and Unit	Session Title	Session Length	
Autumn II				
Spring I	LKS2 Module 1 Unit 2	We Don't Have to be the Same Respecting our Bodies S1 – S5 What is Puberty? Male/Female Discussion Groups (optional)	40 40 40 45 minutes	
Spring II	LKS2 Module 1 Unit 3	What Am I Feeling? S1 What Am I Looking At? I Am Thankful	40 35 40 minutes	
Summer I	LKS2 Module 1 Unit 4	Life Cycles A Time For Everything Big Changes, Little Changes + Classroom Shorts	40 45 40 minutes	
Summer I or II	LKS2 Module 3 Units 1–2 Module 2 unit 2 session 3	What is the Church? How Do I Love Others? Working Together classroom shorts Money Matters + Classroom Shorts Balancing Need	35 45 40 40 minutes	



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UKS2 – Year 5

Term	Module and Unit	Session Title	Session Length
Autumn I	UKS2 Module 1 Unit 1 Religious Understanding UKS2 Module 2 Unit 1 Religious Understanding	Story Sessions: Calming the Storm God Is Calling You	5 × 15-minute sessions over 5 days 60 minutes
Autumn II	LKS2 Module 1 Unit 2 UKS2 Module 1 Unit 4 (Y6)	Changing Bodies Y5 Male/Female Discussion Groups Menstruation	40 45 minutes 60 min
Spring I	UKS2 Module 2 Unit 2 Personal Relationship Unit 3 Life Online	Under Pressure S1 Do You Want A Piece of Cake? Self-Talk Sharing Isn't Always Caring Cyberbullying + Classroom Shorts	60 60 60 60 60–90 minutes
Spring II	UKS2 Module 2 Unit 4 Keeping Safe	Types of Abuse + Classroom Shorts Impacted Lifestyles + Classroom Shorts Making Good Choices Giving Assistance	60 60 60 60 minutes
Summer I or II	Unit 2 Living in the Wider World	The World of Work + Classroom Shorts	60 minutes



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UKS2 – Year 6

Term	Module and Unit	Session Title	Session Length
Autumn 1	UKS2 Module 2 Unit 2 UKS2 Module 3 Units 1–2	Build Others Up + Classroom Shorts	60
		The Holy Trinity	60
		Catholic Social Teaching	60
		Reaching Out	60
		Confidence versus control	60
Autumn II	UKS2 Module 1 Unit 1–2	Gifts and Talents	60
		Girls' Bodies (review menstruation)	60
		Boys' Bodies	60
		Spots and Sleep S1	60 minutes
Spring I/ II	UKS2 Module 1 Unit 3	Body Image	60
		Peculiar Feelings	60
		Emotional Changes	60
		Seeing Stuff Online	60 minutes
Summer II	UKS2 Module 1 Unit 4	Making Babies (Part 1)	60
		Making Babies (Part 2)	60
		Hope Beyond Death	60
		Coping with Change + Classroom Shorts	60 minutes
	UKS2 Unit 2 session3	Money and Me classroom shorts	60