

Friday 23rd January

Dear Parents, Carers and Children,

Open Mornings: Children's Mental Health Week and Safer Internet Day

We are very pleased to invite you to join your child in their class, to take part in lessons with them on the following dates.

	Monday 9th February	Tuesday 10th February	Wednesday 11th February	Thursday 12th February	Friday 13th February
8.55am	Year 5	Reception Year 4 Year 6	Year 1	Year 2 Year 3	Nursery

We have scheduled our Open Mornings to coincide with [Children's Mental Health Week 2026](#) and [Safer Internet Day 2026](#). Teachers will lead lessons on this year's Children's Mental Health Week theme of "This is My Place", focusing on the importance of feeling a sense of belonging for mental well-being, or online safety, or the school's own mental health and wellbeing curriculum, and will talk about the 'active strategies' we teach the children throughout school for calming and self-regulation.

To ensure we have enough space inside the classrooms, please can only one family member visit for each pupil. If a parent/carer has one very young baby with them because they cannot arrange child care, and is able to leave the pushchair outside of school, and can keep the baby in their arms or lap, or in a body carrier for the duration of the visit then they can come into the classrooms. Unfortunately, older babies and toddlers need to be included under the one family member per child request as there is simply not enough space for more people to attend. Thank you for supporting us with this.

On arrival, please wait on the playground outside the classroom door or the KS2 building door. You will be asked to sign in and then invited into the classrooms when teachers are ready. If you have children in different year groups scheduled on the same day, we will take you between classes halfway through the session.

To safeguard pupils, please do not leave the classroom without a member of staff and turn off your mobile phone when inside school. Please indicate your attendance on the reply slip below so that teachers can prepare appropriately. We look forward to welcoming you into school.

Yours sincerely,
Mr Rob Cole

(Headteacher)

Please return to your child's class teacher

I will be attending my child's class open morning on _____

Child's name _____ Teacher _____

Name of person attending _____ Relationship to child _____

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