



take children seriously.

Children have the right to give their opinions freely on issues that affect them. Adults should listen and



harms other people.

Children have the right to share freely with others what they learn, think and feel, by talking, drawing, writing or in any other way unless it

One Voice

24.2.26

Welcome and gathering

Welcome all the children to One Voice.

Share one thing you did over the holidays?

Introduce theme:

LOVE

Love is what you feel when someone makes you feel safe, happy, and important. It's when you want to be kind to someone, help them, and spend time with them.

ARTICLE 29 (goals of education)
Education must develop every child's personality, talents and abilities to the full. It must encourage the child's respect for human rights, as well as respect for their parents, their own and other cultures, and the environment.

Thought/story/scripture

Share the Bible quote

"We love him, because he first loved us."

1 John 4:19

The Prodigal Son

There once was a father who had two sons.

One day, the younger son said,

"Dad, can I have my share of the money now?"

His father agreed and gave it to him.

The younger son left home and spent all the money on things he didn't really need.

Soon, he had nothing left—no food, no money, and no friends.

He felt sad and wished he had made better choices.

He decided to go back home and say sorry.

He thought his father might be angry.

But when his father saw him coming, he ran to him, hugged him, and welcomed him home.

The father was so happy his son had returned.

The older brother was confused and upset, but the father said,

"We are celebrating because your brother was lost and now he is found."

1. Why do you think the father was happy when his son came home?
2. What mistake did the younger son make, and what did he learn?

3. How can we show forgiveness like the father did?

Reflection questions

“How can I show love to someone today through kindness or helping them?”

Allow them some time to add a response to the question, keep these for the reflection area and revisit them during reflection time on Friday.

Short prayer

Dear God,

Thank you for loving me every day.

Please help me to show love to others

by being kind, caring, and helpful.

Teach my heart to be gentle and full of joy.

Amen.

News

Ramadan

Ramadan is a very special month for Muslims, it started last week.

It is a time when they try to be extra kind, patient, and thankful.

During Ramadan, many Muslims fast, which means they don't eat or drink from sunrise to sunset.

They do this to:

- remember people who don't have enough food,
- learn self-control,
- and feel closer to God.

Muslims also pray more, read their holy book (the Qur'an), and try to do lots of good deeds like:

- helping others
- sharing
- being generous and respectful

When the sun sets, Muslims eat a meal called Iftar, often starting with dates and water. They also have a meal before sunrise called Suhoor.

At the end of Ramadan, there is a big celebration called Eid al-Fitr, where families dress nicely, enjoy special food, give gifts, and thank God for the month.

LENT

Lent is a special time for Christians.

It lasts for 40 days and helps people get their hearts ready for Easter, when they remember the story of Jesus' death and resurrection.

During Lent, Christians try to:

- think about how they can be kinder,
- make good choices,
- and become more like Jesus.

Many people give something up during Lent—like sweets, screen time, or a bad habit. They do this to practise self-control and remember what's truly important.

Others choose to do something extra, such as:

- helping someone,
- saying kind words,
- praying more,
- or giving to charity.

Lent begins with Ash Wednesday, when some Christians have a small cross of ash placed on their forehead.

It reminds them to think about the good choices they want to make.

The last week of Lent is called Holy Week, which includes:

- Palm Sunday — remembering Jesus arriving in Jerusalem,
- Good Friday — remembering Jesus' sacrifice,
- Easter Sunday — celebrating that Jesus rose again.

Rights Respecting School

What is a rights holder?

A rights holder is any person under the age of 18 who has children's rights.

What is a duty bearer?

A duty bearer is an adult who should respect, protect, and fulfill the rights of children.

Who are the duty bearers in your life?

What is article 28? Children have the right to an education.

Who do you think should help if the duty bearer isn't able to provide what children need to enjoy their right to education? Other governments! This is why international aid is so

important. 251 million children around the world are not enjoying their right to education – but in the last 10 years, the UK Government supported 20 million children to gain a decent education. This means that children can also get support in other ways, such as access to healthcare and food, and water.

Memory test- Tell the person next to you what a rights holder/ duty bearer or international aid is.

Dates

25.2.26 – Year 3 children will be going to watch a Chinese Gala

27.2.26 – Children in Key Stage 2 will take part in some internet safety workshops

Affirmation of the day

I can show love today by being kind, caring, and helpful to others.