



Park Lane School Timetable



Autumn 1

	Monday	Tuesday	Wednesday	Thursday	Friday
8.50-9.30	<i>Receive from transport, changes of positions/ physical skills/PLGs</i>				
9.30-9.45	<i>Good Morning routine</i>	<i>Good Morning routine</i>	<i>Animal Therapy</i>	<i>Good Morning routine</i>	<i>Good Morning routine</i>
9.45-10.15	Sensology	Music/Physio/Swim	<i>Good Morning routine</i>	Sensology	Massage to music
10.15-11.15	Snack Break Changes of position	Snack Break Changes of position	Snack Break Changes of position	Snack Break Changes of position	Snack Break Changes of position
11.15-12.00	Personal Care/Changes of position, Sensory Story Song of the Day Newsround, Preparation for dinner				
12.00-1.30	Lunch, (Feeding done 1:1 so split over 2 sittings), Play, Personal care, RHSE as appropriate				
1.30-1.50	Good afternoon routine, personal care, What's in the bag?				
1.50-2.30	Art + Light Room available	Café visits/PLGs/ASDAN	Cookery/ICT	Physical Skills/PLGs/ASDAN	Assembly/ PLGs/Physical
2.30-3.00	Outdoor play/inside games/ End of day routine, relaxation and reflection, changes of position, toileting				