



Careers Message to Music

Created by Nichola Mott

[Click here for playlist.](#)



**Success
Ahead**

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- 9-5 by Dolly Parton
 - Use fingers along back/arm or leg as though using a typewriter/keyboard.

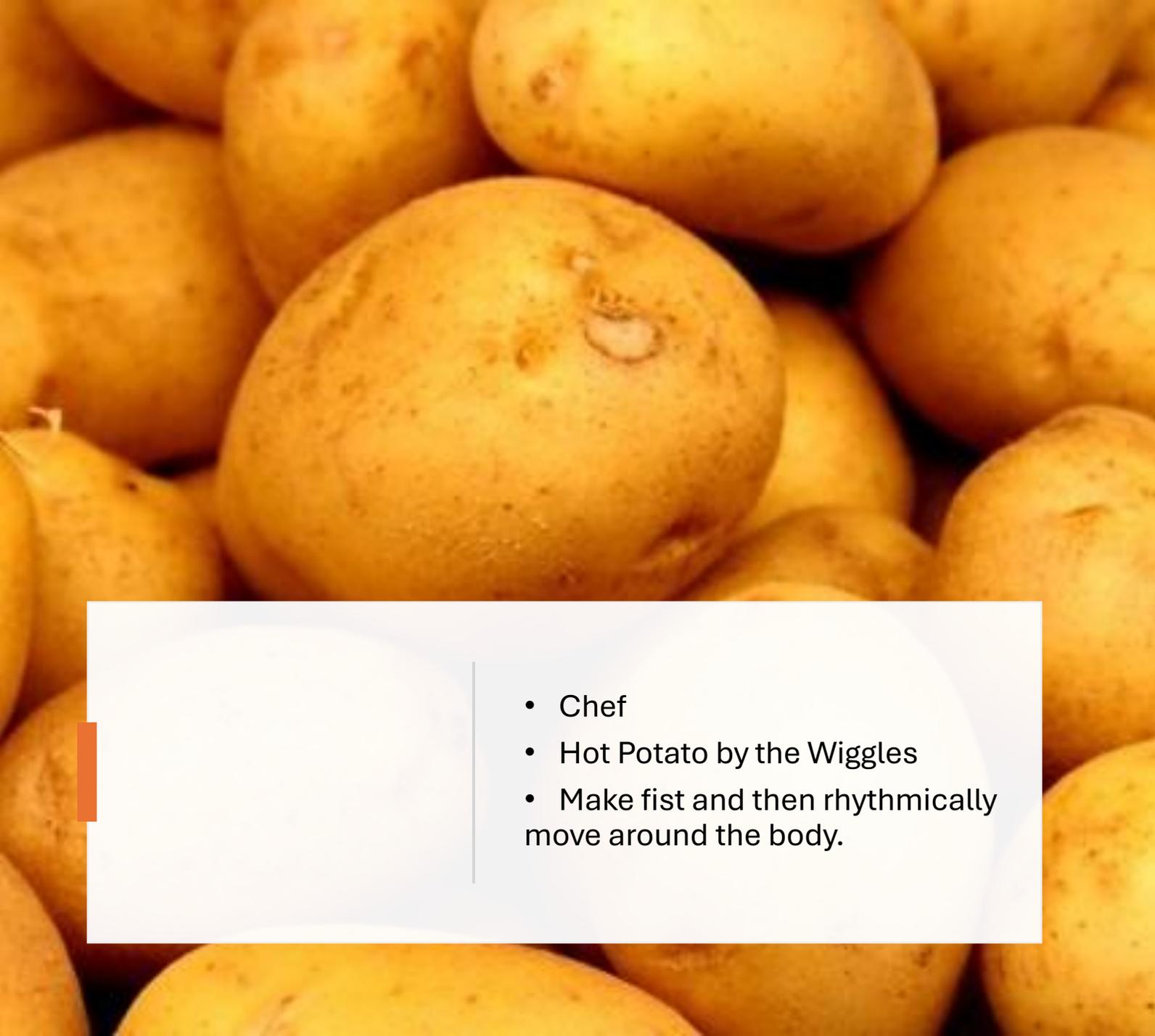


- “When I Grow Up” – *Matilda the Musical*
- Sweeping movements from low to high





- Gardener
- The Garden Song (Inch by Inch)” – John Denver
- Use finger tips to make movements along a limb, as though making divots for planting seeds.



- Chef
- Hot Potato by the Wiggles
- Make fist and then rhythmically move around the body.





- Builder / construction worker
- “We Will Rock You” by Queen
Gentle rhythmic pats on the back to the iconic
“stomp-stomp-clap” pattern

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- **Animal carer / vet**
 - **“Three Little Birds” – Bob Marley**
- Use feathers to move gently over the body.**





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- **Postal worker / mail carrier**
 - **Postal Worker– Ghanaian Postal Workers**
Rhythmic tapping on the back/limb to match the natural beat



**DREAM
BIG**



- **“A Million Dreams – *The Greatest Showman*”**
- ***Relaxation- Blankets, lights off. Share time with the student, notice breathing.***

