**COTTON CLASS WEEKLY TIMETABLE 2025 – 2026 (MASTER)**

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|  | **Monday**  | **Tuesday**  | **Wednesday**  | **Thursday**  | **Friday**  |
| **0850-0930** | **Workshop PLGs/PSED/Physio/Child Initiated Play/Intensive Interaction/Breakfast Club Sensory circuits/sensory diet work**  |
| **0930-0945** | **Circle Time – Good Morning, Days of Week, Weather, Counting Children, Daily Timetable, Emotions, Sound cards** |
| **0945-1020** | **Classroom – PSED/PD – Sensory processing activity - palm pushes/joint compression** **Classroom – L/CL/Reading - Core word of the week activity****Classroom - alternating weeks** **PD/L – Early writing skills – ‘Squiggle as you wiggle’/mark making activities/dough disco.** **\*Alison (communication skills work)** | **Classroom – PSED/PD – Sensory processing activity - palm pushes/joint compression** **Classroom – L/CL/Reading - Core word of the week activity****Classroom - CL/M Early maths activity related to PLG’s/class topics** | **Classroom – PSED/PD – Sensory processing activity - palm pushes/joint compression** **Classroom – L/CL/Reading Core word of the week activity****Classroom: pre-reading: Music and Singing session - exploring instruments/body percussion; taking turns choosing songs/nursery rhymes. Concepts - fast/slow; loud/quiet** | **9.20-9.30- Circle time****9.30-10.30****Swimming – Hydro Pool** **Water confidence/early swimming skills** | **Hall - PE - PD/PSED. Movement/physical skills activities Incorporating rhythm and song linked warm up and calming relaxation** |
| **1020-1045****1045-1120** | **CLL – Wash hands - Snack time incorporating Speech and Language (PECS/photo exchange) Feeding/drinking skills** **PSED – Toilet (Self-care skills -dressing/hand washing) and free play (outside area) Gross motor development/sharing/turn taking/exploration**  |
| **1120-1150** | **Classroom - L/CL Pre-reading skills - ‘Story of the Week’ – sensory story with props/treasure baskets** | **Classroom Classroom – L/CL/PSED****What’s in the Box? Early phonics/environmental sounds****CL/PSED - TACPAC – small group session** | **L/CL/UW/PSED Library session****Update reading books****Book sharing/exploration/individual reading** | **Classroom - L/CL Pre-reading skills - ‘Story of the Week’ – Sensory activity related to the story.** | **Sensory room – UW/CL/PSED – Sensory session – Magic carpet, lights, projector, sensory toys/baskets/squeeze machine.** |
| **1150-1200****1200-1230****1230-1250****1250-1320** | **Preparation for lunch – wash hands, lunch song, prayer 1150-1200- PSED/UW/EAD****Lunch 1200-1230 – PD/CL/PSED****Personal Care, free Play – 1230 -12.50 – PD/PSED/CL** **Outside Play 1250-1320 – PSED/PD/UW**  |
| **1315-1445** | **1.30-1.35 Classroom – PSED/PD – Sensory processing activity****1.35-2.45pm****Educational Community Visit** **South Park/local park – PD/PSED/CL Visit to the park to use the outside enclosed play area.** **Rainy option – PD/PSED/CL- parachute games exploring early maths concepts.**  | **1.30-1.35 Classroom – PSED/PD – Sensory processing activity****1.35-1.50 Pre reading skills- Looking and Listening****PD/CL- Movement activity****1.50-2.30pm****Soft Play – PD/PSED/CL – Movement and making relationships – turn-taking, imitating play****2.30-2.45 - Classroom CL/PSED/UW – Snack/Child initiated play – turn taking/Story** | **1.30-1.35 Classroom – PSED/PD – Sensory processing activity****1.35-1.50 Pre reading skills- Looking and Listening****PD/CL- Movement activity****ALTERNATING WEEKS** **Classroom UW Food Tech – Topic based Cooking & Nutrition** **Classroom - Expressive Art and Design (EAD) Exploring and using media and materials** **2.30-2.45 Classroom – CL/PSED/UW – Snack/Child initiated play – turn taking/Story** | **1.30-1.35 Classroom – PSED/PD – Sensory processing activity****1.35-1.50 Pre-reading skills - Looking and Listening****PD/CL- Movement activity****Classroom SENSORY WORKSHOP M/PD/EAD/UW****Variety of planned sensory activities designed for play and exploration. Activities to incorporate skills to improve hand-eye coordination, fine motor control and OT hand strengthening exercises****2.30-2.45 Classroom – CL/PSED/UW – Snack/Child initiated play – turn taking/Story** | **1.30-1.35 Classroom – PSED/PD – Sensory processing activity****1.35-1.50 Pre-reading skills- Looking and Listening****PD/CL – Movement activity****Classroom - CL/PSED Communication play session.** **2.20-2.30 Classroom Story massage****2.30 – 2.45 Classroom – EAD/CL/PSED Snack/Child initiated play – turn taking/Story** |
| **1445-1500** | **Goodbye Routine, Prayer and Reflection – PSED/UW Goodbye songs Bathroom Group nursery rhyme singalong**  |