



Review of last year 2024/25



What went well?	How do you know?	What didn't go well?	How do you know?
<p>Physical Education continued to be a positive and engaging part of the curriculum at The Gillford Centre. Pupils demonstrated increased participation and enjoyment in PE sessions, particularly when activities were adapted to meet individual needs. PE provided a valuable outlet for pupils' physical activity, emotional regulation and wellbeing, and supported positive behaviour and engagement with learning.</p>	<p>Evidence was gathered through lesson observations, pupil feedback, behaviour and engagement records, and staff discussions. Many pupils showed improved willingness to take part in physical activity and sustain engagement throughout PE lessons.</p>	<p>Access to a wider range of sports and specialist equipment was limited. Irregular attendance for some pupils impacted consistency and progress in physical fitness. A small number of pupils required high levels of encouragement and adult support to engage fully in PE activities.</p>	<p>Staff observations, monitoring of attendance data, and assessment of pupils' physical stamina and skill development highlighted these challenges.</p>



Intended actions for 2025/26



What are your plans for 2025/26?	How are you going to action and achieve these plans?
Intent	Implementation
<p>To further develop pupils' engagement, confidence and enjoyment in Physical Education, while promoting physical health, emotional wellbeing and lifelong positive attitudes towards physical activity.</p>	<ul style="list-style-type: none"> • Broaden the range of physical activities and sports offered within PE lessons • Invest in inclusive PE equipment to support varied abilities and needs • Increase opportunities for outdoor and alternative physical activities • Continue to develop staff confidence in delivering inclusive, trauma-informed PE



Expected impact and sustainability will be achieved



What impact/intended impact/sustainability are you expecting?	How will you know? What evidence do you have or expect to have?
<ul style="list-style-type: none"> ● Improved physical fitness, coordination and stamina ● Increased confidence and positive attitudes towards PE ● Enhanced emotional regulation and behaviour ● Greater understanding of healthy lifestyles and physical wellbeing 	<ul style="list-style-type: none"> ● Improved attendance and participation in PE lessons ● Pupil voice and feedback ● Lesson observations showing increased engagement and skill development ● Behaviour and wellbeing monitoring data



Actual impact/sustainability and supporting evidence



What impact/sustainability have you seen?	What evidence do you have?
<ul style="list-style-type: none"> • Increased and sustained participation in PE • Improved confidence and enjoyment of physical activity • Positive links between PE participation and wellbeing 	<ul style="list-style-type: none"> • Lesson observations • Pupil feedback • Behaviour and engagement records