ST AIDAN'S CE PRIMARY SCHOOL, BILLINGE

"Let your light shine" - Matthew 5:16

RHE LONG-TERM CURRICULUM PLAN

Half-termly relationships and health education across Nursery to Year 6



What this document contains. A half-term-by-half-term overview of planned RHE learning from Nursery to Year 6. It identifies the school's HeartSmart, PATHS, POL-ED, Natterhub, Kapow Financial Education and KidSafe entries, alongside year-round provision and links to the school Christian values.

Hope • Love • Friendship • Forgiveness • Truth • Perseverance

RHE / LONG-TERM CURRICULUM OVERVIEW EYFS

Relationships & Health Education

Nursery | Half-termly learning plan

Learning strand	HT1	HT2	HT3	HT4	HT5	HT6
PATHS	Barnardo's PATHS • Across the year					
HeartSmart Day School Christian Value Links	**Get HeartSmart** School Christian Value Link: Hope	**Don't forget to let love in** School Christian Value Link: Love	**Too much selfie isn't healthy** School Christian Value Link: Friendship	**Don't hold on to what's wrong** School Christian Value Link: Forgiveness	**Fake is a mistake** School Christian Value Link: Truth	**No Way Through Isn't True** School Christian Value Link: Perseverance

St Aidan's vision in action: "Let your light shine" (Matthew 5:16)

RHE / LONG-TERM CURRICULUM OVERVIEW EYFS

Relationships & Health Education

Reception | Half-termly learning plan

Learning strand	HT1	HT2	HT3	HT4	HT5	HT6
PATHS	Fostering Positive Classroom Climate Basic feelings 1	Basic Feelings 2	Self-Control	Self-Control Sharing, Caring & Friendship	Sharing, Caring & Friendship Basic Problem Solving	—
HeartSmart Day School Christian Value Links	**Get HeartSmart** School Christian Value Link: Hope	**Don't forget to let love in** School Christian Value Link: Love	**Too much selfie isn't healthy** School Christian Value Link: Friendship	**Don't hold on to what's wrong** School Christian Value Link: Forgiveness	**Fake is a mistake** School Christian Value Link: Truth	**No Way Through Isn't True** School Christian Value Link: Perseverance
Throughout the year	Picture News					

St Aidan's vision in action: "Let your light shine" (Matthew 5:16)

RHE / LONG-TERM CURRICULUM OVERVIEW KEY STAGE 1

Relationships & Health Education

Year 1 | Half-termly learning plan

Learning strand	HT1	HT2	HT3	HT4	HT5	HT6
PATHS	Fostering positive classroom climate Basic Feelings 1&2	Self-control Sharing, caring and friendship	Sharing, caring and friendship Basic problem solving Intermediate feelings	Intermediate feelings Advanced feelings	—	—
POL-ED	—	—	—	—	**Keeping Safe**	**Understanding the Law**
HeartSmart Day School Christian Value Links	**Get HeartSmart** School Christian Value Link: Hope	**Don't forget to let love in** School Christian Value Link: Love	**Too much selfie isn't healthy** School Christian Value Link: Friendship	**Don't hold on to what's wrong** School Christian Value Link: Forgiveness	**Fake is a mistake** School Christian Value Link: Truth	**No Way Through Isn't True** School Christian Value Link: Perseverance
Throughout the year	Natterhub - Online safety • Picture News					

St Aidan's vision in action: "Let your light shine" (Matthew 5:16)

RHE / LONG-TERM CURRICULUM OVERVIEW KEY STAGE 1

Relationships & Health Education

Year 2 | Half-termly learning plan

Learning strand	HT1	HT2	HT3	HT4	HT5	HT6
PATHS	PATHS introductory / recap sessions (HT1 unit to confirm)	Anger Management and Problem-Solving Friendship and Feeling Lonely	Conflict resolution Respect Friendship and Feeling Lonely Manners and Listening to Others	Manners and Listening to Others Feelings / Emotions / Behaviours	—	—
POL-ED	—	—	—	—	**Keeping Safe**	**Understanding the Law**
HeartSmart Day School Christian Value Links	**Get HeartSmart** School Christian Value Link: Hope	**Don't forget to let love in** School Christian Value Link: Love	**Too much selfie isn't healthy** School Christian Value Link: Friendship	**Don't hold on to what's wrong** School Christian Value Link: Forgiveness	**Fake is a mistake** School Christian Value Link: Truth	**No Way Through Isn't True** School Christian Value Link: Perseverance
Kapow Primary	How do people belong to a community and earn money?					
Throughout the year	Natterhub - Online safety • Picture News					

St Aidan's vision in action: "Let your light shine" (Matthew 5:16)

RHE / LONG-TERM CURRICULUM OVERVIEW LOWER KEY STAGE 2

Relationships & Health Education

Year 3 | Half-termly learning plan

Learning strand	HT1	HT2	HT3	HT4	HT5	HT6
PATHS	Establishing a Positive Classroom / Enhancing Self-Esteem Basic Emotions; Improving Self-Control, Self-Awareness, and Anger Management	Improving Self-Control, Self-Awareness, and Anger Management Using Our Thinking Skills Getting along With Others 1 - Friendship	Getting along With Others 1 - Friendship Feelings In Relationships 1	Getting along With Others 2 Feelings and Expectations; Feelings About School Feelings In Relationships 2	—	—
POL-ED	—	—	—	—	**Keeping Safe**	**Understanding the Law**
HeartSmart Day School Christian Value Links	**Get HeartSmart** School Christian Value Link: Hope	**Don't forget to let love in** School Christian Value Link: Love	**Too much selfie isn't healthy** School Christian Value Link: Friendship	**Don't hold on to what's wrong** School Christian Value Link: Forgiveness	**Fake is a mistake** School Christian Value Link: Truth	**No Way Through Isn't True** School Christian Value Link: Perseverance
Throughout the year	Natterhub - Online safety • Picture News					

St Aidan's vision in action: "Let your light shine" (Matthew 5:16)

RHE / LONG-TERM CURRICULUM OVERVIEW LOWER KEY STAGE 2

Relationships & Health Education

Year 4 | Half-termly learning plan

Learning strand	HT1	HT2	HT3	HT4	HT5	HT6
PATHS	Jumpstart Getting Started Feelings and Relationships	Feelings and Relationships	Feelings and Relationships Making Good Decisions	Being Responsible and Caring for Others Problem-Solving	—	—
POL-ED	—	—	—	—	**Keeping Safe**	**Understanding the Law**
HeartSmart Day School Christian Value Links	**Get HeartSmart** School Christian Value Link: Hope	**Don't forget to let love in** School Christian Value Link: Love	**Too much selfie isn't healthy** School Christian Value Link: Friendship	**Don't hold on to what's wrong** School Christian Value Link: Forgiveness	**Fake is a mistake** School Christian Value Link: Truth	**No Way Through Isn't True** School Christian Value Link: Perseverance
Kapow Primary	How can I spend money responsibly?					
Throughout the year	Natterhub - Online safety • Picture News					

St Aidan's vision in action: "Let your light shine" (Matthew 5:16)

RHE / LONG-TERM CURRICULUM OVERVIEW UPPER KEY STAGE 2

Relationships & Health Education

Year 5 | Half-termly learning plan

Learning strand	HT1	HT2	HT3	HT4	HT5	HT6
PATHS	Jumpstart Getting Started	Getting Started Problem Solving	Problem Solving Goals And Identity Making and Keeping Friends	Making and Keeping Friends Being Responsible and Caring for Others	—	—
POL-ED	—	—	—	—	**Keeping Safe**	**Understanding the Law**
HeartSmart Day School Christian Value Links	**Get HeartSmart** School Christian Value Link: Hope	**Don't forget to let love in** School Christian Value Link: Love	**Too much selfie isn't healthy** School Christian Value Link: Friendship	**Don't hold on to what's wrong** School Christian Value Link: Forgiveness	**Fake is a mistake** School Christian Value Link: Truth	**No Way Through Isn't True** School Christian Value Link: Perseverance

Kapow Primary	How can we be in control of our money?
Throughout the year	Natterhub - Online safety • Picture News

Curriculum notes	Puberty and human development are taught through the Science National Curriculum in Upper Key Stage 2. KidSafe lessons are also covered as and when appropriate throughout the school year.

RHE / LONG-TERM CURRICULUM OVERVIEW UPPER KEY STAGE 2

Relationships & Health Education

Year 6 | Half-termly learning plan

Learning strand	HT1	HT2	HT3	HT4	HT5	HT6
PATHS	Jumpstart Getting back into PATHS	Study and organisational skills	Conflict resolution Respect	Respect	—	—
POL-ED	—	—	—	—	**Keeping Safe**	**Understanding the Law**
HeartSmart Day School Christian Value Links	**Get HeartSmart** School Christian Value Link: Hope	**Don't forget to let love in** School Christian Value Link: Love	**Too much selfie isn't healthy** School Christian Value Link: Friendship	**Don't hold on to what's wrong** School Christian Value Link: Forgiveness	**Fake is a mistake** School Christian Value Link: Truth	**No Way Through Isn't True** School Christian Value Link: Perseverance
KidSafe	—	—	—	—	—	**Kidsafe - Consent**

Throughout the year	Natterhub - Online safety • Picture News

Curriculum notes	Puberty and human development are taught through the Science National Curriculum in Upper Key Stage 2. KidSafe lessons are also covered as and when appropriate throughout the school year.

St Aidan's vision in action: "Let your light shine" (Matthew 5:16)