

Pentland Infant & Nursery School

Headteacher: Miss F Farooq



Working together to make the world a better place starting at Pentland.

Monday 29th September 2025

Dear Parents and Carers,

We wanted to provide some guidance regarding toileting arrangements for children in nursery, as we work together to support their care and development.

Recently, we have noticed an increasing number of children arriving in pull-ups who are not yet toilet trained. While we are always happy to assist with changing children as part of their care, pull-ups can be more challenging to manage as they require removing all clothing and footwear on the lower half of the child's body.

To ensure the most comfortable and efficient experience for your child, we kindly ask that

1. Children who are not yet toilet trained wear a nappy instead of pull-ups. This will help our staff change them more easily.
2. Children who are toilet training or already toilet trained wear underwear. If accidents occur, we will change your child as needed.

To support this, we kindly ask you to send a spare change of clothes in your child's bag each day, ideally more than one set, so we have everything we need should accidents occur. We want to reassure you that accidents are a completely normal part of the toilet training experience. By wearing underwear instead of pull-ups, children are better able to recognise when their clothing is wet. This awareness is an important step in helping children make the connection between staying dry and using the toilet.

If children wear pull-ups even when they are learning to use the toilet, it can be harder for them to recognise the sensation of being wet. As a result, they may not feel the need to use the toilet as urgently or develop the motivation to avoid accidents. Wearing underwear during this phase supports their learning and can help shorten the toilet training process.

We understand that every child is on their own toileting journey, and we want to work closely with you to support this important milestone. If you would like guidance, tips, or advice about toilet training, please do not hesitate to speak with a member of staff. We are here to help and ensure consistency between home and school.

Thank you for your understanding and co-operation. By working together, we can ensure the best experience for your child.

Please note- if your child is fully trained and is not in nappies, you can send a spare pair of clothes in a plastic bag, clearly labelled. This bag will stay on their peg in school; should they need it.

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Best regards,

Khara Constantinou/ Early Years Co-ordinator