

The Harmony Trust PSHE Subject Overview Spring 2 (March 2026)

Key Themes

Health and Well-being	Relationships Education	Living in the Wider World
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Early Years	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Taught across all areas of provision	Communication Zippy Module 2 <ul style="list-style-type: none"> - Expressing how I feel - Listening - Asking for Help - Saying what we want - Dealing with an emergency - The Harmony Pledge 	Conflict Resolution Zippy Module 4 <ul style="list-style-type: none"> - Friendship - Bullying - Anger - Conflict - Helping someone who is hurt - The Harmony Pledge 	Keeping Safe <ul style="list-style-type: none"> - Internet Benefits - Dangers - Keeping Data Secure - Kindness Online - Online Safety 	Communication Apple Module 2 <ul style="list-style-type: none"> - Listening - Saying what you want - Speaking in difficult situations - Weekend Plans - Good manners - Saying difficult things 	Drugs, Alcohol & Tobacco <ul style="list-style-type: none"> - Drugs across school - Smoking (including vaping) - Alcohol - Drugs - Responsible Choices 	Aspirations <ul style="list-style-type: none"> - Personal Strengths - Achievements - Job Aspirations - Goals - The Harmony Pledge

ASPIRATIONAL

HONEST

COMMUNICATOR

MOTIVATIONAL

CONFIDENT

PROBLEM SOLVER

COOPERATIVE

RESILIENT

CREATIVE

TOLERANT