

WEEK 1

Monday

Cheese & Tomato Pinwheel (V)
Roasted Vegetable Frittata (V)
Served with Dry Roasted Potato Wedges
and Seasonal Vegetables (Vg)
Chocolate Cookie (V)

Tuesday

Sweet & Sour Chicken
Rainbow Sweet & Sour Vegetables (Vg)
Served with Fluffy Rice and
Seasonal Vegetables (Vg)
Banana Traybake with Custard (V)

Wednesday

Roast Chicken
Savoury Mince Cobbler (V)
Served with Mashed Potato, Gravy
and Seasonal Vegetables (Vg)
Jelly with Mandarins (Vg)

Thursday

Beef Lasagne
Savoury Mince Lasagne (V)
Served with Herby Diced Potatoes
and Seasonal Vegetables (Vg)
Pear & Chocolate Sponge (V)

Friday

Fish Fingers
Margherita Pizza (V)
Served with Oven Chips and
Seasonal Vegetables (Vg)
Fruity Friday (Vg)

WEEK 2

Monday

Macaroni Cheese (V)
Cheese and Onion Quiche with Dry
Roasted Potato Wedges (Vg)
Served with Seasonal Vegetables (Vg)
Lemon Sponge (V)

Tuesday

Chicken Taco
Tex-Mex Vegetable Taco (V)
Served with Fluffy Rice and Seasonal
Vegetables (Vg)
Chocolate Shortbread (V)

Wednesday

Roast Turkey
Shepherdess Cottage Pie (Vg)
Served with Roast Potatoes, Gravy
and Seasonal Vegetables (Vg)
Cheese and Crackers (V)

Thursday

Chicken & Bacon Pasta Carbonara
Hearty Pasta Bolognaise (Vg)
Served with Warm Baguette and
Seasonal Vegetables (Vg)
Apple Crumble (Vg) with Custard (V)

Friday

Battered Fish Fillet
Margherita Pizza (V)
Served with Oven Chips and
Seasonal Vegetables (Vg)
Fruity Friday (Vg)

WEEK 3

Monday

Cheese & Tomato Pinwheel (V)
with Dry Roasted Potato Wedges (Vg)
Chinese-Style Egg Rice (V)
Served with Seasonal Vegetables (Vg)
Shortbread (Vg)

Tuesday

Chicken Burger in a Bun with Dry
Roasted Potato Wedges (Vg)
Macaroni Cheese (V)
Served with Seasonal Vegetables (Vg)
Chocolate Brownie (V)

Wednesday

Roast Chicken
Classic Mince & Onion Pie (V)
Served with Roast Potatoes, Gravy and
Seasonal Vegetables (Vg)
Pineapple Upside Down Cake (V)

Thursday

Chicken Curry
Mince Keema (Vg)
Served with Fluffy Rice and
Seasonal Vegetables
Dutch Apple Pie with Custard (V)

Friday

Fish Fingers or Salmon Fish Fingers
Margherita Pizza (V)
Served with Oven Chips and
Seasonal Vegetables (Vg)
Fruity Friday (Vg)

