

Manor Park Primary - Week 3 Menu

Week commencing: 17/11, 8/12, 29/12, 19/1, 9/2,2/3,23/3

MAIN MEAL



Ham Pizza served with Potato Wedges, Mixed Garden Salad and Coleslaw



VEGETARIAN

Mixed Bean Fajita served with Potato Wedges, Mixed Garden Salad and Coleslaw



JACKET POTATO /

PASTA

Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling



DESSERT

Shortbread



Mexican Chicken & Rice served with Warm Baguette, Peas and Broccoli



Macaroni Cheese served with Warm Baguette, Peas and Broccoli



Pasta with Tomato and Basil Sauce



Chocolate Sponge with Custard



WEDNESDAY

Roast Gammon served with Mashed Potato, Seasonal Vegetables and Gravy



Roast Quorn Fillet served with Mashed Potato, Seasonal Vegetables and Gravy



Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling



Banana Home Bake



Pasta Bolognaise served with Bread and Seasonal Vegetables



Vegetarian Chilli & Rice served with Bread and Seasonal Vegetables



Pasta with Tomato and Basil Sauce



Chocolate Cookie



Fish Fingers served with Chips, Beans, Peas & Tomato Ketchup



Vegetable Fingers served with Chips, Beans, Peas & Tomato Ketchup



Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling



Fruity Friday