

‘Meet the Teacher’ Parent’s Evening

Starlings Year 1
2026-2027

Who We Are

- Mrs. O'Marah, Mrs. Evans, Mrs. Hoskins and Miss Nelson



- admin@lostockgralam.cheshire.sch.uk
- Gates will open at 8:35am in the morning and the register will be taken at 8:45am.
- After school, the gates will open at 3.10pm and the children will be released at 3.15pm.

General Organisation

► School Uniform

- Dark grey skirt, pinafore dress, dark grey trousers
- Royal blue or white polo t-shirt (available with school logo) or plain white school blouse or shirt.
- Royal blue sweatshirt, jumper or cardigan (available with school logo).
- Plain, black, grey or white socks/tights
- Flat black shoes that the child can fasten or tie independently
- For the summer months - pale blue and white gingham style checked dress or dark grey school shorts/trousers
- Long hair to be tied back using plain black/blue hair bands
- Children are provided with fruit snack daily - they do not need their own from home.
- Water bottle
- Cloakroom and bags

Year 1 Visits & Experiences

- ▶ Autumn term -The Creepy Crawly Show in November and our Christmas theatre trip.
- ▶ Spring Term - Manchester Science and Industry Museum



	8:35- 8:50am	8:50-10am	10am	10:15am	10:30- 11:30	11:30-11:50	11:50- 12:50	1pm- 2pm	2pm- 3pm	3pm- 3:15pm
Monday	Funky fingers	Phonics Handwriting	Worship	Break Time	Science/Topic		Lunch Time	Outdoor learning/Topic		
Tuesday	Funky fingers	Phonics Handwriting	Picture News Worship		PE – Mrs. O'Marah	Spelling/writing		Mastering number RE		
Wednesday	Number writing	Phonics Handwriting	Open the Book		Mastering number PE – Mr. Ault			Writing		Story
Thursday	Number writing	Phonics Handwriting	Singing Worship		Maths	Writing		Computing, PSHE Practical maths		
Friday	Writing common exception words	Phonics Handwriting	Praise Worship		Maths	Writing		Music, Art/DT		

Physical Education

- ▶ PE days for Autumn Term are **Tuesday and Wednesday**. You will be informed of any additional PE slots via email.
- ▶ Outdoor learning day will be **Monday**
- ▶ Daily mile/Trim Trails
- ▶ PE uniform can be worn on PE days and if attending clubs on a particular day

PE Uniform:

- Black/navy PE skirt, shorts, leggings or joggers
- Plain white or school logo t-shirt
- Plain blue/black hoodie or school logo hoodie
- Trainers to be worn
- Long hair to be tied back
- Children are **not to wear earrings on PE days**. If they do wear them they need to remove them and put them in their schoolbags. Staff are not responsible for the removal or safe keeping of earrings. *If a child has recently had their ears pierced they may cover them in medical tape which we can provide.*

Year 1 Curriculum

- ▶ The theme for this Year is EXPLORERS. Split into two main 'phases'
 1. World Explorers
 2. Space Explorers
- ▶ We will learn about how the inventions of transport changed people's lives
- ▶ Locational knowledge for Geography. UK, Lostock, Compass points

Where could people go on holiday before cars and steam trains were invented?

Where could people go on holiday after cars and steam train travel were invented?

How has transport changed over time?
What new modes of travel have been invented?
How did we get to the moon?

Phonics

- ▶ Children are assessed and placed into appropriate groups every half term.
- ▶ We have daily phonics lessons where children are taught sounds, they practice reading and spelling words containing those sounds and then they have decodable books containing the sounds they can read. These are sent home on a Thursday.
- ▶ Your child will bring home two or three books (depending on which group they are in) each week. Books are changed on Thursdays, please ensure wallets are in book bags on this day.

What can you do to help your child at home?

- ▶ Use pure sounds not letter names
- ▶ Access the QR codes on Class Dojo each week to support your child in consolidating their sound knowledge and supporting them in retaining that knowledge. Regular sound practice supports fluency in both reading and writing.
- ▶ Use 'Fred Talk' to read and spell words
- ▶ Listen to your child read their storybook everyday or as often as possible
- ▶ Read stories TO your child so they can enjoy different genres. Evidence has shown that this both accelerates progress and broadens vocabulary.



English

► Pathways to Writing

Lost and Found Fiction- adventure story based on the structure of the text
Nibbles by Emma Yarlett. Recount diary entry
The Lion Inside by Rachel Bright. Fiction story based on the structure of the text.
The curious case of the missing mammoth by Ellie Hattie. Fiction story based on the structure of the text.

Goldilocks and just the one bear by Leigh Hodgkinson. Fiction story based on the structure of the text.
Toys in Space by Mini Grey. Fiction story based on the structure of the text.

- Year 1 non-negotiables
- Handwriting
- Spelling
- Presentation

Kinetic Letters®



Letter Family groups and their Family Features

Family	Letters	Family Feature
<i>Lower-case letters</i>		
Jumper Family	h n m r b p	Down-bump. Back up. Push over.
Abacadabra Family	c a o d g s q	Pull around and Push, Abacadabra.
Window Cleaner Family	l t i u	Down-bump. Flick (the water off).
Fisher Family	j g y f	Down, on-down and Pull around (to catch the fish).
Special Squirter	e	Push across. Up. Pull around and Push (along the ground).
Slider family	v w x z k	Slide
<i>Upper-case letters</i>		
Straight group	I L E F H T	Start with Down-bump.
Curved group	C O S G Q	Start with Pull around
Straight then Curved grp	D P B R J U	Combine Straight lines with Curves
Sliding group	A M N W V X Z K Y	Involve Diagonal lines
<i>Numbers</i>		
Pushing numbers	2 3 5 7	Push move helps orientation
Pulling numbers	0 6 9 8 1 4	Pull move helps orientation

The Tree symbol: When practising writing, use a writing line and draw a Quick Tree symbol to give a guide for both where letters start, their orientation, proportions, height and grounding on/below the line (see image).



Writing - What should the children be able to do by the end of the year?

- ▶ Write numbers 0-9
- ▶ Form lower case letters correctly
- ▶ Spell common exception words
- ▶ Spell the days of the week
- ▶ Begin to spell words with the prefix un, and the suffixes ing, ed, est, er
- ▶ Begin to use capital letters at the beginning of a sentence, and for names of people, places, days of the week and personal pronoun I.
- ▶ Leave spaces between words
- ▶ Use the conjunction and to join two sentences.
- ▶ Say a sentence orally before writing it
- ▶ Sequence sentences to form a short narrative
- ▶ Re-read what they have written

Common exception words

the

Do

Today

Of

Said

Says

Are

Were

Was

Is

His

Has

I

You

your

They

Be

He

Me

She

We

No

Love

Come

Some

One

Once

ask

Friend

school

Put

Push

Pull

Full

House

Our

Reading - What should the children be able to do by the end of the year?

- ▶ Read common exception words
- ▶ Decode sounds in words to read
- ▶ Read words containing suffixes s, es, er, ed, ing
- ▶ Read words with more than one syllable
- ▶ Re-read books to build fluency and confidence
- ▶ Begin to develop a love of reading
- ▶ Listen to and discuss a range of texts - poems, stories, non-fiction
- ▶ Link reading to own experiences
- ▶ Know familiar tales
- ▶ Discuss word meanings

Mathematics

- ▶ Power Maths
- ▶ Mastering number
- ▶ Workbooks and presentation

Maths - What should the children be able to do by the end of the year?

- ▶ Count to and across 100, forwards and backwards, from any number
- ▶ Count, read and write numbers to 100 in numerals
- ▶ Read and write numbers 1-20 in words as well as numerals
- ▶ Count in multiples of 2, 5 and 10
- ▶ Given a number, identify one more and one less
- ▶ Know, and be able to use symbols + - and =
- ▶ Represent and use number bonds to 20
- ▶ Add and subtract one-digit and two-digit numbers to 20
- ▶ Solve one-step (eg missing number) problems with all four operations
- ▶ Recognise, name and find half and quarter
- ▶ Measure, shape and much more

Homework

Reading

Read every night for 10-20 minutes. In line with the latest research and advice from the English Hub we are not sending out reading diaries this year. Phonic and reading information will be placed on Class Dojo and our expectation is that children read every night for 15 - 20 minutes but we want to take off the pressure for parents of writing this in a diary. We know that all the evidence shows that parents reading with their child has a lasting impact on their attainment and their life opportunities.



Behaviour

- ▶ 3 simple rules: Ready Respectful and Safe
- ▶ Supports our Christian ethos of living well together, kindness, dignity and respect
- ▶ Positive reinforcements (Positive Notes Home, Christian Value stickers, Praise Book, Top Table)
- ▶ Praise in public and reprimand in private
- ▶ Restorative conversations
- ▶ Consistent in every classroom and with every adult

Attendance

Attendance record and lessons missed:

- ▶ 95% attendance means a child misses about 10 days or 2 weeks of lessons in the school year.
- ▶ 90% attendance means a child misses four weeks of lessons in the school year.

Punctuality:

- ▶ Arriving 5 minutes late every day adds up to over 3 days lost each year,
- ▶ Arriving 15 minutes late every day adds up to 2 weeks absence a year
- ▶ Arriving 30 minutes late every adds up to 19 days absence a year

Under the new attendance framework fines and prosecutions will be increased. If you get a second fine within a 3 year period, the fine will increase from £80 to £160. Fines are capped at 2 within 3 years. Once this limit is reached, other action like a parenting order or prosecution will be considered.

What you can do:

- ▶ Have a regular routine for the start of each day.
- ▶ Help your child get their clothes and equipment ready before they go to bed.
- ▶ Set a reasonable bed time to make sure they get enough sleep.
- ▶ Get your child to school on time.

Benedict's Law

This is a national school safety framework in England taking effect in September 2026 that makes standalone allergy policies, universal staff training, and spare emergency medication mandatory.

The framework is named after five-year-old Benedict Blythe, who tragically died from anaphylaxis at school in 2021 after mistakenly consuming cow's milk.

His family established the Benedict Blythe Foundation and worked with charities like [Anaphylaxis UK](#) and [Allergy UK](#) to close major gaps in school allergy safety.

Our School:

There can be no nuts or products containing nuts in school for either lunch or breaktimes. Children will be required to wash their hands more regularly and sit down outside to eat their snack. No sharing of snacks.

Government laws are brought in following tragic accidents, it is essential that this is followed to ensure everyone's safety.

We have a clear healthy snack policy at breaktimes so it should not be any significant changes to the snack you give your child.

All children in Owls, Starlings and Swallows have fruit provided for them.

No birthday treats, own clothes instead 😊

Class Dojo

- ▶ Class Dojo is a secure, interactive system for parents to access shared pictures for their child's class.
- ▶ Each class will have their own page that the teacher will update twice weekly with lovely pictures and moments that have happened across the week.
- ▶ Only parents added by admin or teachers are able to view the content on each class page, providing a safe platform to share the children's learning.
- ▶ We are not using the platform for messages between teachers and families.
- ▶ If you need to contact school for any reason regarding your child please can you either ring the office or email admin@lostockgralam.cheshire.sch.uk. This ensures the correct members of staff see the message and it can be actioned straight away.



Keeping up to date:



Instagram:
@lostockgralamprimary



ClassDojo

Website - class page





Thank you for coming!