

MOTTRAM ST. ANDREW PRIMARY ACADEMY



PHYSICAL EDUCATION POLICY

Physical Education develops pupils' physical competence and confidence, and their ability to use these to perform in a range of activities. It provides opportunities for pupils to be creative and competitive, and promotes positive attitudes towards active and healthy lifestyles.

Physical Education Definition for Pupils

Physical Education (PE) is a subject where pupils stay active, have fun, and learn new skills through different sports and games. Pupils develop fitness, teamwork, coordination and confidence while learning how to keep their bodies healthy. PE helps everyone enjoy being active and working together.

Aims

To promote pupil's health through:

- physical activity, including games, dance and swimming
- engaging in activities that develop cardiovascular health, flexibility, balance, agility and co-ordination, muscular strength and endurance
- adopting good posture and the appropriate use of the body
- personal hygiene

To develop positive attitudes by:

- observing the conventions of fair play, honest competition and good sporting behaviour as a team member, individual participant and spectator
- coping with success and failure
- always trying to improve and consolidate performances
- showing respect for others and the environment

To ensure safe practice by:

- responding to instructions and signals
- following relevant rules, laws, codes and safety practices
- wearing appropriate clothing and footwear
- lifting, carrying and using equipment safely
- warming up for and recovering from exercise

Implementation

P.E. is taught throughout the school in accordance with the requirements of our Scheme of Work which is based on the National Curriculum and supported by Primary PE Planning. It is, by definition, activity based. Children are encouraged to work independently and in groups or teams. Extra-curricular activities play an important part in this subject area.

All pupils have equal access to the teaching in this subject area.

Safety is an important part of our P.E. policy and aspects of safety are integral objectives for many elements of the scheme of work. All staff continually monitor procedures, especially at the swimming pool and during gymnastic lessons, to ensure the highest levels of safety. The risk assessment for P.E. is followed. Risk assessments are written and signed by both the headteacher and the teacher in charge of the visit when teams are taken to sporting events. Pupils must wear the correct clothing for P.E. as shown on the uniform list.

A wide range of apparatus and equipment is provided to meet the requirements of the learning scheme.

Role of the Subject Leader

The Physical Education Subject Leader has the responsibility of overseeing Physical Education within the school including:

- Leading the writing, implementation, monitoring and evaluation of the policy and the curriculum.
- Monitoring the overall structure of the Physical Education curriculum.
- Ensuring appropriate resources are available and updating them within the limits of the budget and according to needs.
- Keeping up to date with developments in the subject and disseminating information to staff.
- Providing support and guidance to staff as needed.
- Attending courses relevant to professional development within their role as subject leader.

Monitoring

Monitoring the overall structure of the Physical Education curriculum is the responsibility of the subject leader. The quality of teaching, provision and outcomes will be monitored through the school's usual processes, including lesson observation and pupil voice.

Assessment and reporting

Assessments are recorded in the Balance assessment tool. Attainment and effort grades for Physical Education are included on each child's end of year report to parents.

Professional development and responsibilities

Each class teacher is responsible for the delivery of the Physical Education curriculum and overseeing the pupils' progress. In line with school priorities, teachers are provided with opportunities for development and training in connection with this subject area as appropriate.