



My Brilliant Body Class 3 Autumn 1 2026

Welcome to Class 3. I hope everyone has enjoyed the summer break and are eager to go with the New Year and new regime! This term our focus will be Science. The children will identify that animal, including humans, need the right types and amount of nutrition and that they cannot make their own food; they get nutrition from what they eat. They will also identify that humans and some other animals have skeletons and muscles for support, protection, and movement. They will then develop and design a fitness programme for themselves and plan and make a balanced meal.

In English we start the term by looking at adventure stories. One of our class books is 'The Miraculous Journey of Edward Tulane' by Kate DiCamillo. This is a fantastic book about the adventure of a china rabbits. Our grammar focuses will be looking at writing direct speech, using pronouns in our writing, and using commas for possession and omission.

In maths, we start of the term by consolidating our understanding of place value, then we will be looking at mental addition and subtraction. Then we will look at the formal methods to add and subtract and eventually finish on shapes and their properties.

PE will be on a Thursday and Monday this term and will be both inside and outside. It is therefore essential that children have an outdoor and indoor PE kit in school each week. We will be doing some activities on the field, so the children are likely to get muddy and need suitable waterproof footwear. All hair needs to be tied up and no jewellery, especially earrings should not be worn. PE kits need to be in school on a Monday.

Our RE topic is Hindu Dharma with the key question being: 'How should we live our lives?' The children will also learn Spanish and will learn to count to 12 and basic Spanish greetings.

All the children now have a reading book they will read every day and keep in school. They will also read regularly in our reading workshops with myself and Mrs Langman. It is also vital that the children continue to read books at home.

Every day we will be working hard to improve our reading, handwriting, spelling, and grammar skills. Home learning will be set in a few weeks and further details will follow in the coming weeks. However, in the meantime please can the children read for 10 minutes every day, practice their times tables, and look at the Year3/4 spelling words.

Mrs Gavriluk

