













MENU CYCLE WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p>PASTA BAR Choose Pasta spirals or Macaroni with homemade tomato or cheesy sauce and an optional choice of toppings and sprinkled cheese served with mixed salad and garlic bread</p> 	 <p>KATSU CHICKEN CURRY Choose from breaded pieces of chicken or Quorn nuggets served with a homemade Katsu curry sauce on a bed of rice with broccoli</p>	<p>HOMEMADE CHICKEN PIE Fresh chicken pieces cooked in a creamy sauce with veg and topped with pastry, served with mashed potato, peas and gravy</p> 	<p>PIZZA A wholemeal pizza base topped with a homemade tomato sauce and grated cheese, and served with homemade potato wedges and sweetcorn</p> 	<p>CHIP SHOP DAY Choose from home battered cod fillet, cod fillet fish fingers or Quorn nuggets all baked in the oven and served with chips and peas or baked beans</p> <p>Also available: Curry Sauce & Bread and Butter</p> 
OR				
HOT ALTERNATIVES Jacket Potatoes with a Selection of fillings available daily, served with a selection of salad items from the Deli Bar				
OR				
DELI BAR - Available Everyday Design your own sandwich, first choose your bread – wraps or sliced bread, then choose from a selection of fillings and with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot, red onions and peppers				
FOR DESSERT				
A choice from our home bakery	A choice from our home bakery	A selection of yoghurts, fruit and Cheese and Crackers	A choice from our home bakery	A choice from our home bakery
A selection of fresh fruit, fruit pots and yoghurts are also available everyday				









MENU CYCLE WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
<p>PASTA BAR Choose Pasta spirals or Macaroni with homemade tomato or cheesy sauce and an optional choice of toppings and sprinkled cheese served with mixed salad and garlic bread</p> 	 <p>SAUSAGE & MASH Choose from butcher's quality sausages or Quorn sausages served on a bed of mashed potato with peas and gravy</p>	<p>ROAST GAMMON Choose from home roasted Gammon or a Quorn fillet served with served with roast potatoes, Yorkshire pudding, carrots, shredded cabbage and gravy</p> 	 <p>CHILLI NACHOS Choose from minced beef or 3 bean chilli cooked with onions, mild chilli powder, tomato and peppers, served with tortilla chips and rice with broccoli</p>	<p>CHICKEN NUGGETS Choose from chicken nuggets or Quorn nuggets all baked in the oven and served with chips and choose peas, baked beans, curry sauce and fresh bread</p> <p>Also available: A generous portion of cheesy chips and baked beans</p> 
OR				
HOT ALTERNATIVES				
Jacket Potatoes with a Selection of fillings available daily, served with a selection of salad items from the Deli Bar				
OR				
DELI BAR - Available Everyday				
Design your own sandwich, first choose your bread – wraps or sliced bread, then choose from a selection of fillings and with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot, red onions and peppers				
FOR DESSERT				
A choice from our home bakery	A choice from our home bakery	A selection of yoghurts, fruit and Cheese and Crackers	A choice from our home bakery	A choice from our home bakery
A selection of fresh fruit, fruit pots and yoghurts are also available everyday				



MENU CYCLE WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p>PASTA BAR Choose Pasta spirals or Macaroni with homemade tomato or cheesy sauce and an optional choice of toppings and sprinkled cheese served with mixed salad and garlic bread</p> 	 <p>SPAGHETTI BOLOGNAISE Choose from either minced beef or Vegimince cooked with onions, garlic, tomato and herbs and served on a bed of spaghetti with broccoli</p>	<p>SAUSAGE IN A YORKSHIRE PUDDING Butchers' best sausage or Quorn sausage in a Yorkshire pudding and filled with gravy. Served with mash potato shredded cabbage</p> 	 <p>JACKET POTATO Slow baked potatoes with or without garlic butter and a topping of your choice served with salad.</p>  <p>SAUSAGE & TOMATO PASTA Homemade chunky tomato sauce, with chopped pork sausages</p>	<p>CHIP SHOP DAY Choose from home battered cod fillet, cod fillet fish fingers or Quorn nuggets all baked in the oven and served with chips and peas or baked beans</p> <p>Also available: Curry Sauce & Bread and Butter</p> 
OR				
HOT ALTERNATIVES				
Jacket Potatoes with a Selection of fillings available daily, served with a selection of salad items from the Deli Bar				
OR				
DELI BAR - Available Everyday				
Design your own sandwich, first choose your bread – wraps or sliced bread, then choose from a selection of fillings and with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot, red onions and peppers				
FOR DESSERT				
A choice from our home bakery	A choice from our home bakery	A selection of yoghurts, fruit and Cheese and Crackers	A choice from our home bakery	A choice from our home bakery
A selection of fresh fruit, fruit pots and yoghurts are also available everyday				