



Our Lady and St Edward's Catholic Primary School

Year 4 Residential Trip to Tattenhall



Our Lady
& St. Edward's
Catholic Primary School



Edsential
Community Interest Company

The dates for the residential are Tuesday 20th October – Wednesday 21st October 2026.

During the time at the Tattenhall the children will be taking part in a number of activities such as low ropes, zip wire, tree climbing, woodland survival and bushcraft, and evening campfires.

If you wish for your child to attend the residential we would ask for a deposit of £25 to be paid on or before 12 noon on Friday 04 September 2026 and the balance paid no later than Monday 15th September 2026

We are unable to advise the actual cost until we have confirmed numbers due to the cost of transport. The price of the trip will be approximately **£134** per child (it may be slightly over or slightly under) and we will confirm the exact cost as soon as all deposits have been received.

Low Level Ropes

Low Level Ropes as an activity is the perfect platform to develop teamwork. It encourages people to work together, support each other as well as solve problems whilst cooperating with the rest of their team.

In the woodland, there are a collection of low rope elements that involve the team climbing, lifting, swinging, and squeezing their way around. The vast range of elements allow for each age group to be challenged.

During the session regular reviewing opportunities are given to reflect on the group's performance and identify how they can coordinate more effectively as a team.



Desired Outcomes

- An understanding of the important aspects of working as a team
- Listening to others and allowing ideas to be shared
- A real sense of achievement as a team
- An understanding of the purpose of reviewing and how to implement it
- Build self confidence when working with others
- Learn to trust others

Tree Climb

Pupils will belay each other, holding the ropes to keep each other safe. A fantastic activity for developing team work and giving pupils ample opportunities to encourage each other. Also a very personal challenge, giving all pupils the opportunity to step outside their comfort zone, and see how high they can get.

Desired Outcomes

- Gain personal confidence and self belief
- Improve team work, and the ability to encourage others
- Learn to trust others
- Identifying and managing risk



Zipwire

The pupils will climb up the tree on to the platform. Pupils are then attached to the zip wire rope so that they are ready to jump off the platform and enjoy the adrenaline filled ride the zip wires offer. It is a great test of your confidence as well as self trust.



Desired Outcomes

- Self confidence
- Sense of achievement
- Trust in yourself and others
- Self-belief in ability to achieve and belief in yourself
- Responsibility
- Control anxiety

Bushcraft

The aim is to help equip young people with the physical and mental skills to survive in the natural modern world. Each session aims to encourage young people to embrace nature, whilst cooperating and communicating with others. During the session groups may be challenged to make a shelter suitable to protect from different elements as well as prepare and light a fire suitable to make a hot drink or cook bread on it.

Desired Outcomes

- Trust and responsibility around fires and stoves
- Skills and techniques for survival in the natural environment
- Embrace and learn the physical and mental benefits of being in nature
- Personal challenge together with responsibility for self and others.
- A safe and enjoyable educational experience in a different environment.
- To acquire a series of progressive skills, building confidence, personal ability and a healthy respect of the countryside.



Campfire

The open fire pit on our grounds and set yourself up with a fire and an opportunity to review the week, play some games, set a challenge and toast your marshmallows on the fire

Desired Outcomes

- Reviewing and reflecting
- Group communication



We will leave school at 9:15 on Tuesday 20th October 2026
We will arrive back at school at 15:00 on Wednesday 21st October 2026

This is a list of all the items required to wear/bring on a visit to the centre.

- On top: t-shirt & jumper/fleece/hoody (must be long sleeved)
- Trousers: joggers/tracksuit/leggings (NO JEANS)
- Shoes: old trainers or wellies (could get wet/muddy)
- Coat
- Hat & Gloves (cold weather)
- Sun cream (warm weather)
- Hair Tie (if necessary)

All other necessary health and safety equipment will be provided.

Please DO NOT bring any valuable personal items, clothes/phones/tablets etc, We/The Centre will not take responsibly for lost/damaged property.

Please see the School Office about any medication your child may need. This must be handed in and forms completed on Monday 19 October

Children will come to school wearing clothes appropriate for their first activity.
We recommend active-wear and sensible shoes.

You will need to provide a packed lunch for Tuesday lunch.

If your child is in receipt of FSM, we will provide a packed lunch.

Please provide a refillable drinks bottle for your children for the visit.

*Children are allowed to bring a ***small*** amount of sweets/snacks for the journey/evening time*

****No energy drinks****

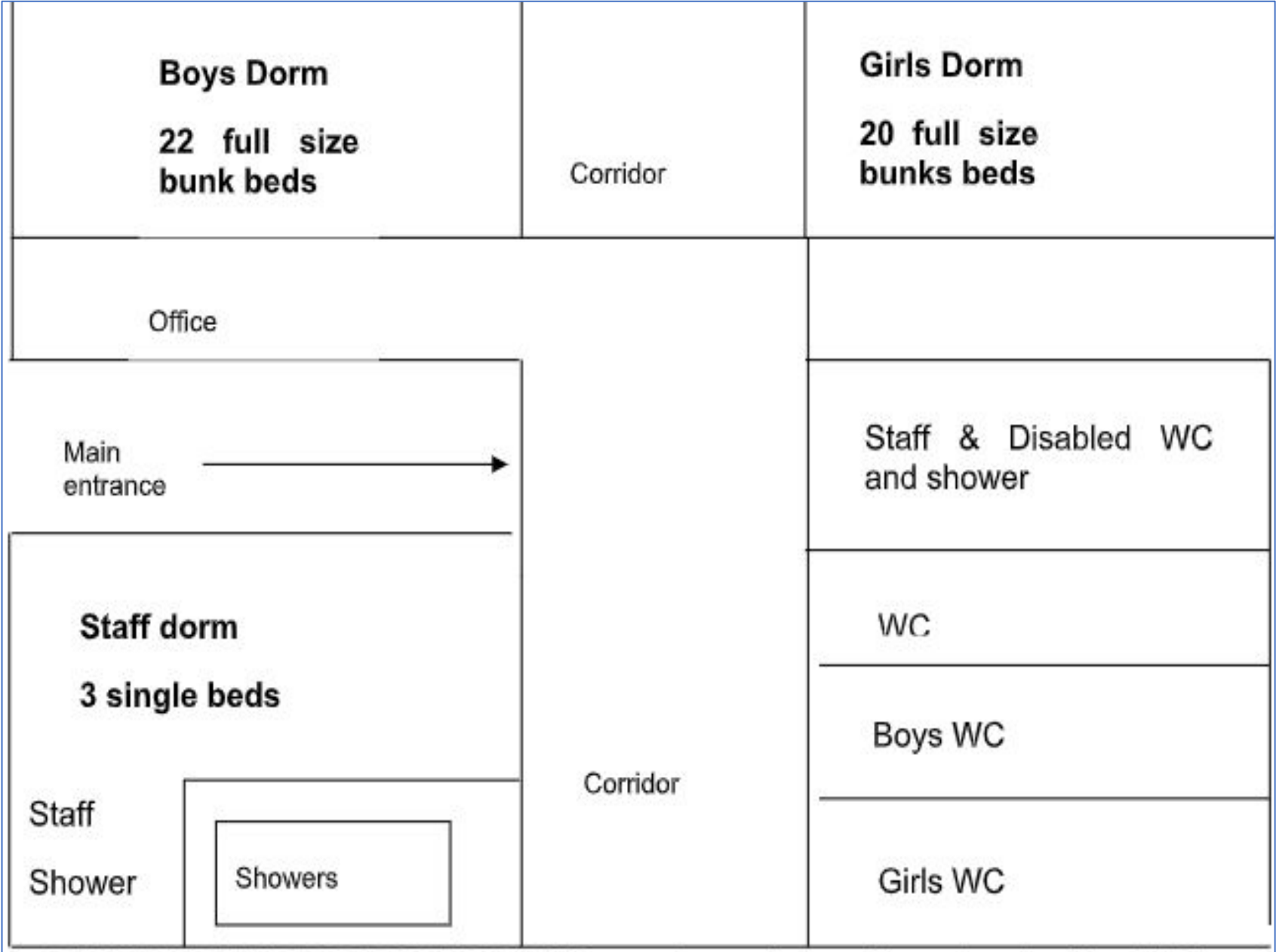
Sample Food Menu

Tuesday	Wednesday
<i>Children will choose from the menu.</i> <i>All dietary requirements will be catered for.</i> <i>Please include any allergies/dietary requirements on your consent form.</i>	•Fruit Juice •Choice of Cereals (Weetabix, Cornflakes, Rice Krispies) •Bacon (2), Baked Beans, Hash Brown (1) •Fruit •Toast with a selection of Jams
Own Packed Lunch	•Choice of Sandwich (ham or cheese) •Sausage or Cheese Roll •Crisps •Vegetable Batons •Homemade Biscuit
•Fish (1), Chips and Peas OR •Pasta Bolognaise with Garlic Bread & salad • Chocolate Sponge and chocolate sauce or Jelly and ice-cream	

Accommodation

Sheets, duvets and pillows are provided for all guests.

Children will be in dormitory rooms of 20 boys and 22 girls (bunk beds).





Any Questions? Please contact School Office

