



St John's CofE & St Chrysostom's CofE Primary School - Week One








| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| <p>Chicken Goujons Chicken breast cooked in golden breadcrumbs served with potato wedges and coleslaw</p>  | <p>Cheese Wheel Seasoned potatoes mixed with Cheese and encased in a puff pastry, baked in the oven and Served with mashed potato and peas.</p>  | <p>Beef Burger Choose from a beef or veggie burger served in a bun with crispy cube potatoes and mixed salad</p>  | <p>Chicken Tikka Masala Fresh chicken or Quorn pieces cooked with cumin, ginger, garlic, chilli, garam masala and tomatoes served on a bed of rice and green beans.</p>  | <p>Fish 'Fry-day' Fish Fingers baked in the oven & served with chips and baked beans.</p>  |
| <p>Jacket potatoes available Monday, Wednesday & Friday chooses from a variety of fillings cheese, tuna mayo & baked beans. Pasta dish available Tuesday & Thursday</p> | | | | |
| <p>Or</p> | | | | |
| <p>Delì Bar - Available Tuesday, Wednesday, Thursday Design your own sandwich, first choose your bread - wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily - cheese, tuna, turkey, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn and peppers.</p> | | | | |
| <p>Dessert Fresh Fruit and Yogurts are available daily along with the dessert of the day</p> | | | | |
| Fruit Platter | Chocolate Cookie | Vanilla Sponge & Custard | Jelly | Chocolate Muffin |
| <p>Drink Water or milk is available daily.</p> | | | | |



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|---|--|--|---|---|
| <p>Chicken Goujons Chicken breast cooked in golden breadcrumbs served with potato wedges and coleslaw</p>  | <p>Hots Dogs Choose from a chicken or quorn sausage served in a bun with saute potatoes and mixed salad</p>  | <p>Pizza Day A selection of homemade pizza Choose from either Cheese & Tomato, or Pepperoni. Served with sweetcorn</p>  | <p>Chicken Byriani Pieces of chicken cooked with rice and mild spices. Served with mixed vegetables.</p>  | <p>Fish 'Fry-day' Breaded cod fillets baked in the oven & served with chips and baked beans.</p>  |
| <p>Jacket potatoes available Monday, Wednesday & Friday chooses from a variety of fillings cheese, tuna mayo & baked beans. Pasta dish available Tuesday & Thursday</p> | | | | |
| <p>Or</p> | | | | |
| <p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread - wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily - cheese, tuna, turkey, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn and peppers.</p> | | | | |
| <p>Dessert Fresh Fruit and Yogurts are available daily along with the dessert of the day</p> | | | | |
| Fruit Platter | Arctic Roll | Chocolate Sponge & Custard | Fruit Salad | Muffin |
| <p>Drink Water or milk is available daily.</p> | | | | |



St John's CofE & St Chrysostom's CofE Primary School - Week Three



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|
| <p style="text-align: center;">Chicken Goujons Chicken breast cooked in golden breadcrumbs served with potato wedges and coleslaw</p>  | <p style="text-align: center;">Chicken Chow Mein Egg noodles cooked with chicken, onions, garlic, peppers and soy sauce. Served with broccoli.</p>  | <p style="text-align: center;">Sausage & Mash Choose from a butchers sausage or veggie sausage served with mashed potato, peas and gravy</p>  | <p style="text-align: center;">Spaghetti Bolognaise. Choose from fresh minced beef or soya mince cooked with onions, garlic, tomatoes, and herbs, served on a bed of spaghetti served with crusty bread and broccoli.</p>  | <p style="text-align: center;">Fish 'Fry-day' Breaded cod fillet fingers baked in the oven & served with chips and baked beans.</p>  |
| <p>Jacket potatoes available Monday, Wednesday & Friday chooses from a variety of fillings cheese, tuna mayo & baked beans. Pasta dish available Tuesday & Thursday</p> | | | | |
| <p>Or</p> | | | | |
| <p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread - wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily - cheese, tuna, turkey, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn and peppers.</p> | | | | |
| <p>Dessert Fresh Fruit and Yogurts are available daily along with the dessert of the day</p> | | | | |
| Fruit Platter | Iced Sponge | Fruit Crumble & Custard | Fruit Platter | Shortbread |
| <p>Drink Water or milk is available daily.</p> | | | | |