





PE and sport premium

monitoring and tracking form

2025/2026

Commissioned by

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Created by

afPE association for PHYSICAL EDUCATION

YOUTH SPORT TRUST

PE and sport premium monitoring and tracking form

- It is intended that this template should be used as preparation for the completion of the statutory DfE PE and sport premium digital expenditure reporting return. You can upload data (including swimming) from this template onto this platform once it becomes accessible.
- The template is a working document that you can amend and update during the year.
- Before you decide how you are going to use the funding for this academic year you should reflect and evaluate the impact of your use of you PE and sport premium funding in 2024/25.
- You should use your evaluation of last year's funding to help you decide what to do this academic year, how you will do it, and what impact you expect it to have.
- All spending of the funding must conform with the terms outlined in the conditions of grant
- The summative digital expenditure reporting from June 2026 will continue to include swimming and water safety information. PE and sport premium funding can be used to provide top-up lessons, where necessary, to ensure pupils meet national curriculum swimming requirements
- To ensure funding is used effectively and based on your school's needs; guidance and examples of best practice across schools can be found here.
- You must use the funding to make additional and sustainable improvements to the PE and sport in your school.
- You must develop and add to the PESSPA activities that your school already offers.

Useful Links:

- PE and sport premium for primary schools - GOV.UK
- PE and sport premium: conditions of grant 2025 to 2026 - GOV.UK

Review of the last academic year (2024/2025)

Swimming and Water Safety	What went well? Supporting evidence?	What didn't go well? Supporting evidence?
1. Swim competently, confidently and proficiently over a distance of at least 25 metres	Through having the swimming pool in school we have seen much improvement in children's swimming abilities. Some children went from having never been swimming to swimming unaided or the younger children with just a pool noodle. Children were able to experience first-hand water safety with a trained swimming instructor and life guard. They have been able to navigate the skills of organizing and changing themselves, particularly our younger children. We saw a marked difference in confidence in and around the water. The pool will be booked again for the following year.	Some pupils did not achieve being competent, confident or proficient.
2. Use a range of strokes effectively (for example, front crawl, backstroke and breaststroke)	All children who were confident and competent enough were provided with the opportunity to use a range of strokes effectively due to spending such a long time in the pool over the period of 6 weeks.	Some pupils did not have the opportunity to do all strokes due to their swimming ability – more sessions to continue for these pupils including extra-curricular swimming.
3. Perform safe self-rescue in different water-based situations	Pupils of the required age were provided with the opportunity to self-rescue in different situations. All pupils who were involved enjoyed this.	More opportunities for all pupils to do more safe-rescue within the swimming timetable including the extra-curricular groups.

Review of the last academic year (2024/2025)

Key areas as outlined in PE and sport premium guidance	What went well? Supporting evidence?	What didn't go well? Supporting evidence?
1. Increasing confidence, knowledge and skills of all staff in teaching PE and sporting activities prioritising CPD and training where needed	CPD for all staff – all staff trained for effective PE via South Ribble. PE Passport being used effectively for short, mid and long-term planning. Staff are upskilled by trained specialist coaches. Many aspects of the program are required to be delivered by qualified staff who can award completion certificates to pupils of the school. Extra-curricular clubs increased sporting opportunities and engagement while competitions lead by SRBC are well organised and well attended by Middleforth pupils and staff. Increased physical activity for all pupils each day – all pupils have increased their physical activity at school, some at home. Swimming for the whole school, including nursery – a huge success for the school, see swimming data for evidence. Committing to the South Ribble School Partnership – fantastic extra-curricular opportunities, competitions and events across South Ribble.	Some issues with PE Passport regarding lesson planning and evidence – to be a focus moving forward. Some staff missed certain CPD sessions – more needed for 2025-26.
2. Increasing engagement of all pupils in regular physical activity and sporting activities	Increased physical activity for all pupils each day – all pupils have increased their physical activity at school, some at home. Portable equipment to support physical development for all pupils form EYFS to Year 6 at break and lunch times. All pupils provided with the opportunity of physical activity each day. Swimming for the whole school, including nursery – a huge success for the school, see swimming data for evidence. Committing to the South Ribble School Partnership – fantastic staff support, extra-curricular opportunities, competitions and events across South Ribble. Staff upskilled in delivering a range of sports with more confidence.	Some pupils including pupils from disadvantaged and SEND backgrounds need to improve physical activity further – this will be a focus and extra-curricular / events will consider these groups. Pupils with poor attendance missed some swimming sessions. Some opportunities with South Ribble were not attended due to lack of pupil interest – more preparation and clubs needed for 2025-26 academic year.

3. Raising the profile of PE and sport across the school, to support whole school improvement	Increased physical activity for all pupils each day – all pupils have increased their physical activity at school, some at home. Swimming for the whole school, including nursery – a huge success for the school, see swimming data for evidence. Through having the swimming pool in school we have seen much improvement in children's swimming abilities. Some children went from having never been swimming to swimming unaided or the younger children with just a pool noodle. Children were able to experience first-hand water safety with a trained swimming instructor and life guard. They have been able to navigate the skills of organising and changing themselves, particularly our younger children. We saw a marked difference in confidence in and around the water. The pool will be booked again for the following year. Committing to the South Ribble School Partnership – fantastic extra-curricular opportunities, competitions and events across South Ribble. Obtaining the South Ribble School Games 'Gold' Mark for 2024-2025 – a great achievement.	Some opportunities with South Ribble were not attended due to lack of pupil interest – more preparation and clubs needed for 2025-26 academic year.
4. Offer a broader and more equal experience of a range of sports and physical activities to all pupils and ensure equal access to sport for boys and girls	Increased physical activity for all pupils each day – all pupils have increased their physical activity at school, some at home. Swimming for the whole school, including nursery – a huge success for the school, see swimming data for evidence. All teachers observed the teaching of swimming to upskill them in the delivery of swimming. All pupils engaging in more physical activity each day. Children's excitement and enthusiasm for swimming increases and therefore they are safer around water (water safety). All pupils offered the opportunity to swim in a safe environment. Committing to the South Ribble School Partnership – fantastic extra-curricular opportunities, competitions and events across South Ribble. Obtaining the South Ribble School Games 'Gold' Mark for 2024-2025 – a great achievement evidencing the opportunities provided.	Some boys were disappointed that there was such a focus on raising the profile with girls in sport and felt as though there was more opportunities for girls than boys – this will be monitored moving forward.
5. Increasing participation in competitive sport	Committing to the South Ribble School Partnership – fantastic extra-curricular opportunities, competitions and events across South Ribble.	Some opportunities with South Ribble were not attended due to lack of pupil interest – more preparation and clubs needed for 2025-26 academic year.

Aims for the next academic year (2025/2026)

- Using your whole school priorities, school development plan and previous PE, school sport and physical activity data, set out your aims for the year ahead.
- Think about specific areas of need such as **inactive girls**, **SEND and disadvantaged pupils**
- Remember to also input your swimming data and reflections in the table located at the bottom of this page.
- Consider which of the 5 key areas improvements will be focussing on:
  1. *Increasing confidence, knowledge and skills of all staff in teaching PE and sporting activities prioritising CPD and training where needed.*
  2. *Increasing engagement of all pupils in regular physical activity and sporting activities*
  3. *Raising the profile of PE and sport across the school, to support whole school improvement*
  4. *Offer a broader and more equal experience of a range of sports and physical activities to all pupils and ensure equal access to sport for boys and girls*
  5. *Increasing participation in competitive sport*

Swimming and Water Safety	Input data	Reflections
1. Swim competently, confidently and proficiently over a distance of at least 25 metres	Initial data whole school (Y2 and above) – 68.78% Final data – 80.25%	**Improvements:** An increase of nearly 12% of pupils shows a significant improve across the half term of swimming. Great achievement for both pupils, staff and coaches involved.
2. Use a range of strokes effectively (for example, front crawl, backstroke and breaststroke)	Initial data whole school (Y2 and above) – 78.73% Final data – 87.85%	**Improvements:** An increase of just under 10% shows a fantastic increase in water confidence of the pupils at school.
3. Perform safe self-rescue in different water-based situations	Initial data whole school (Y2 and above) – 85.49% Final data – 95.42%	**Improvements:** Close to an increase of 10% of pupils – another fantastic increase. All of the above shows the positive impact of the swimming opportunities we provided at Middleforth.

Aims for the next academic year (2025/2026)

Aim	Why?	Key area	Supporting evidence
Increasing confidence, knowledge and skills of all staff in teaching PE and sporting activities prioritising CPD and training where needed focusing on assessment via the PE Passport Application.	Although assessment was completed last year, it was not at the standard expected of JN the Subject Leader. More time and training in place to ensure this is consistent and effective throughout school.	Key Area 1 - Increasing confidence, knowledge and skills of all staff in teaching PE and sporting activities prioritising CPD and training where needed	Gaps in internal data for PE. Staff confidence is low for PE Passport and some delivery of their sessions. Staff knowledge and effectiveness of how to assess for PE is not as strong as it could be.
Increasing engagement of all pupils in regular physical activity and sporting activities by providing opportunities through breaks, lunch, PE, OPAL and initiatives.	Continue the hard work put in last year to raise the profile of physical and sporting activities throughout school.	Key Area 2 - Increasing engagement of all pupils in regular physical activity and sporting activities	Positive effects on mental health. Pupil feedback.
Raising the profile of PE and sport across the school, to support whole school improvement by ensuring all pupils have access to high quality PE, clubs and events.	Not all pupils had the opportunity to take part in high-quality PE and clubs last year.	Key Area 3 - Raising the profile of PE and sport across the school, to support whole school improvement	Less behavioural issues in the classes who had PE and access to clubs. Pupil feedback.
Offer a broader and more equal experience of a range of sports and physical activities to all pupils and ensure equal access to sport for boys and girls via break, lunch, PE, OPAl and extra opportunities.	All pupils deserve the access to the range of sports and physical activities that we could provide at school to support them in a variety of ways.	Key Area 4 - Offer a broader and more equal experience of a range of sports and physical activities to all pupils and ensure equal access to sport for boys and girls	No plan in place for last year regarding whole-year opportunities meant some pupils and groups missing out on certain aspects that we could have provided as a school.
Increasing participation in competitive sport by attending all possible extra-curricular competitions available to us through South Ribble and other organisations.	Last year we competed in many but did not manage to get to all due to pupil commitment, interest and staffing issues.	Key Area 5 – Increasing participation in competitive sport	Organisation is a priority – the competition pack for our school has been put together so staff and pupils are aware of the events and opportunities to participate in competitive sport.

Plan, monitor and evaluate (2025/2026)

- Please aim to use this as a live working document through the year.
- Keep returning to this to evidence adaptations and progress made through the PESSPA opportunities you provide.
- There is no set number of objectives you must have.
- Make as many or as few as you see fit that will support your aims for the year ahead.
- Consider which of the 5 key areas improvements will be focussing on:
    1. *Increasing confidence, knowledge and skills of all staff in teaching PE and sporting activities prioritising CPD and training where needed.*
    2. *Increasing engagement of all pupils in regular physical activity and sporting activities*
    3. *Raising the profile of PE and sport across the school, to support whole school improvement*
    4. *Offer a broader and more equal experience of a range of sports and physical activities to all pupils and ensure equal access to sport for boys and girls*
    5. *Increasing participation in competitive sport*

Plan, monitor and evaluate (2025/2026)

	Intent – what is your objective?	Implementation - How will you achieve this?	Impact - What do you hope to see?	Supporting evidence
Plan and monitor	Increasing confidence, knowledge and skills of all staff in teaching PE and sporting activities prioritising CPD and training where needed focusing on assessment via the PE Passport Application.	Staff training and CPD. 1:1 or small group support via subject leader. Investment (cost and time) of PE Passport. Assessment and evidence as a priority in PE – key focus for each lesson.	**Aim – PE assesment to be clear and consistent via PE Passport across school.** Although assessment was completed last year, it was not at the standard expected of JN the Subject Leader. More time and training in place to ensure this is consistent and effective throughout school.	Gaps in internal data for PE. Staff confidence is low for PE Passport and some delivery of their sessions. Staff knowledge and effectiveness of how to assess for PE is not as strong as it could be.
	What impact have you seen?	**Are the improvements sustainable? How?**	**Supporting evidence**	**Approx. cost**
Evaluate	Staff confidence in delivering PE has improved significantly over the academic year. Through PE Passport training, South Ribble CPD opportunities and ongoing support from the subject leader, teachers are now more confident in planning, teaching and assessing PE lessons. PE Passport is used much more consistently across school and staff have a clearer understanding of progression of skills across year groups. Experienced staff are now able to support colleagues who are new to school, ensuring a consistent approach to PE delivery and assessment. The quality of assessment information available through PE Passport has improved and provides leaders with a more accurate overview of pupil attainment and progress. Participation in South Ribble	Yes. The school has committed to an annual subscription to PE Passport, ensuring continued access to planning, assessment and progression resources. PE Passport is now embedded within school systems and experienced staff are able to mentor new colleagues. Continued engagement with South Ribble training opportunities will ensure staff knowledge remains current and further support long-term improvement in PE provision	• More consistent use of PE Passport across all year groups. • Improved quality of assessment information. • Staff attendance at South Ribble PE Lead training and CPD. • Subject leader monitoring demonstrates increased confidence in lesson delivery. • Staff feedback highlights greater confidence when planning and teaching PE lessons	PE Passport subscription and training approximately **£949**, plus South Ribble PE Lead training approximately **£80**

	training opportunities has further strengthened staff expertise and confidence in delivering a wide range of sports and physical activities.			

	Intent – what is your objective?	Implementation - How will you achieve this?	Impact - What do you hope to see?	Supporting evidence
Plan and monitor	Increasing engagement of all pupils in regular physical activity and sporting activities by providing opportunities through breaks, lunch, PE, OPAL and initiatives.	• All pupils to have access to extra-curricular clubs • All pupils provided with opportunities during recreational times • Competition pack implemented (clubs and competitions)	**Aim – More pupils visibly participating in physical activity and sporting opportunities across school.** Continue the hard work put in last year to raise the profile of physical and sporting activities throughout school.	Positive effects on mental health. Pupil feedback.
	What impact have you seen?	**Are the improvements sustainable? How?**	**Supporting evidence**	**Approx. cost**
Evaluate	There has been a significant increase in opportunities for pupils to be physically active throughout the school day. Alongside curriculum PE and swimming, pupils have daily access to structured physical activities during break and lunchtime through sports leader-led games, OPAL provision and active playground opportunities. Investment in sports equipment has enabled a range of team games to take place each week, while OPAL has transformed lunchtime provision through den building, loose parts play, tyre activities, scooters and bicycles. Pupils are more active, engaged and enthusiastic about physical activity, with staff noting improved cooperation, resilience and social interaction during recreational periods. Because pupils have suitable outdoor clothing, these opportunities continue all year round.	Yes. Equipment purchased this year will continue to be available for future cohorts, and the sports leader programme provides ongoing pupil leadership opportunities. OPAL is fully embedded within the school's lunchtime provision and continues to offer sustainable daily opportunities for physical activity. The annual South Ribble programme will continue to support active lifestyles and wellbeing initiatives.	• Increased participation in active play at break and lunchtime. • High levels of engagement in OPAL activities. • Sports leaders successfully organising and leading games. • Positive pupil voice regarding active play opportunities. • Improved opportunities for physical development across all age groups.	Active Travel and Active Lifestyle programmes approximately **£1,480** plus equipment investment approximately **£2,800**.

	Intent – what is your objective?	Implementation - How will you achieve this?	Impact - What do you hope to see?	Supporting evidence
Plan and monitor	Raising the profile of PE and sport across the school, to support whole school improvement by ensuring all pupils have access to high quality PE, clubs and events.	Staff CPD to ensure high quality PE lessons. 1:1 or small group support for subject leader. Staff meetings focusing on PE and the delivery of it. Whole-school events and promotions such as themed weeks, fundraising events and key sporting events. Out of school trips / activities.	**Aim – PE to be seen as a priority and a 'favourite' subject across school.** Not all pupils had the opportunity to take part in high-quality PE and clubs last year – this can not happen again.	Less behavioural issues in the classes who had PE and access to clubs. Pupil feedback.
	What impact have you seen?	**Are the improvements sustainable? How?**	**Supporting evidence**	**Approx. cost**
Evaluate	PE and school sport now have a high profile across the school. Pupils regularly celebrate sporting achievements in assemblies, competitions and sporting festivals. Participation in South Ribble events has increased pupils' enthusiasm for sport and raised aspirations across the school. Opportunities such as inclusion festivals, dance, tennis, athletics, football, rugby, netball, cricket and orienteering have provided pupils with a wide range of memorable sporting experiences. Staff and pupils view PE as an important and enjoyable part of school life, contributing positively to wellbeing, attendance and engagement.	Yes. The South Ribble partnership continues to provide an annual programme of competitions, festivals and events. The school's PE competition pack ensures opportunities are planned in advance and embedded within the school calendar. PE remains a key priority within the school's wider improvement strategy and contributes positively to physical and mental wellbeing.	• Participation in whole-school festivals. • Increased visibility of PE achievements around school. • Positive pupil and staff feedback. • High engagement rates in sporting opportunities and clubs. • Continued commitment to the South Ribble School Partnership.	South Ribble Active Schools Programme approximately **£3,360**.

	Intent – what is your objective?	Implementation - How will you achieve this?	Impact - What do you hope to see?	Supporting evidence
Plan and monitor	Offer a broader and more equal experience of a range of sports and physical activities to all pupils and ensure equal access to sport for boys and girls via break, lunch, PE, OPAl and extra opportunities.	• Competitive lunch timetable for sports • Extra-curricular clubs • OPAL throughout school break & lunch • Competition / event opportunities for all pupils including those with SEND. • Commitment to attending out of school events to support pupils development and wellbeing.	**Aim – All pupils to have some access to a variety of sporting and physical activities through every school week.** All pupils deserve the access to the range of sports and physical activities that we could provide at school to support them in a variety of ways.	No plan in place for last year regarding whole-year opportunities meant some pupils and groups missing out on certain aspects that we could have provided as a school.
	What impact have you seen?	**Are the improvements sustainable? How?**	**Supporting evidence**	**Approx. cost**
Evaluate	A wider range of pupils have been able to access sporting activities throughout the year. Particular success has been seen through South Ribble inclusion events, which have been exceptionally well attended and consistently enjoyed by pupils. These opportunities have enabled children with SEND and those who may not normally represent the school in competitive sport to experience success, develop confidence and engage in physical activity alongside their peers. Programmes such as This Girl Can, Inclusion Festivals, Multi-Skills, Bowling, Dance, Yoga, Orienteering and OPAL have ensured broad participation across different age groups and abilities. Pupil confidence, resilience and willingness to try new activities has noticeably improved.	Yes. Inclusion events are a regular feature of the South Ribble calendar and continue to provide opportunities for a wide range of pupils. The school's commitment to OPAL, sports leadership and inclusive extra-curricular activities ensures opportunities remain available throughout the year. Staff confidence has also improved, enabling inclusive practices to be embedded within PE lessons.	• Excellent attendance at inclusion festivals. • Increased participation from SEND pupils and previously less active pupils. • Positive pupil voice regarding opportunities to represent school. • Wider range of sports and activities available across the year. • Increased confidence observed by staff and parents	South Ribble Festivals and Inclusion Events approximately **£600–£800**, plus equipment and OPAL resources from wider PE and Sport Premium expenditure

	Intent – what is your objective?	Implementation - How will you achieve this?	Impact - What do you hope to see?	Supporting evidence
Plan and monitor	Increasing participation in competitive sport by attending all possible extra-curricular competitions available to us through South Ribble and other organisations.	• Organisation and implementation of competition pack • Preparation for events with extra-curricular clubs for pupils. • Opportunities for pupils to participate and engage in a variety of school competitions, representing Middleforth.	**Aim – more pupils participating in competitive sports across the borough and out of school.** Key focus – an increase in pupils who are involved in competitive sport both in school and out of school.	Last year we competed in many but did not manage to get to all due to pupil commitment, interest and staffing issues. Organisation is a priority – the competition pack for our school has been put together so staff and pupils are aware of the events and opportunities to participate in competitive sport.
	What impact have you seen?	**Are the improvements sustainable? How?**	**Supporting evidence**	**Approx. cost**
Evaluate	Participation in competitive sport has increased significantly. Through the South Ribble School Sports Partnership, pupils have represented the school in football, girls' football, rugby, netball, cricket, athletics, cross-country, tennis, bowling and other sporting events throughout the year. These opportunities have provided pupils with valuable experiences of competition and have helped develop confidence, teamwork, resilience and sportsmanship. Children report increased enjoyment of sport and a greater willingness to take part in future events. The structured competition programme has enabled more pupils than ever before to experience representing the school in competitive sporting environments.	Yes. The annual South Ribble competition calendar provides a clear structure for future participation and the school competition pack ensures opportunities are planned well in advance. Sports leaders, staff expertise and PE Passport tracking will help identify and encourage future participants across all year groups.	• Participation in football, girls' football, rugby and netball leagues. • Attendance at borough and cluster competitions. • Increased pupil confidence and willingness to compete. • Positive pupil feedback regarding representing the school. • Greater numbers of pupils experiencing competitive sport.	South Ribble Competition and Event Programme approximately **£1,200**, plus associated transport/equipment costs where required.

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