



Middlefirth Church of England Primary School

Friday 11th September Newsletter

☀️ What an Amazing First Full Week! ☀️

What an amazing first full week back at school! I know I said it last week, but it really has been incredible to see how wonderfully the children have settled back into school, including all of our new families. The children have come back ready to learn, make friends and enjoy being part of our Middlefirth family, and it has been a joy to see.

💖 Building Relationships

Our Year 6 children have enjoyed some special time with their Reception buddies this week. They have been building relationships, talking about who is in their families and creating some lovely drawings together. They also enjoyed exploring different areas of the Reception classroom and outdoor space. It has been so lovely to see just how caring, patient and loving our Year 6 children are being towards our youngest pupils. ☀️

Reception have also had a fantastic start to their Forest School sessions! 🌳 They spent their first morning getting to know the environment, playing lots of games and meeting their new Forest School teacher, Jenna. They even managed to get everyone ready and into their puddle suits in a record-breaking 15 minutes! I am very proud of them all. 😊☀️

🌟 Letting Our Light Shine

During our worship this week, we have been thinking about letting our own light shine and spreading joy. We explored what it means to notice when others need help and looked at Marcus Rashford as an example of someone who saw a need in his community and took action to make a difference.

We are also incredibly proud of Emilia in Year 3, who is supporting The Little Princess Trust by donating her hair to help children living with cancer. What an amazing act of kindness and generosity! 💖 If you would like to support Emilia, donations can be made through the school office using the QR code or by cash.

🏠 Meet the Teacher

A huge thank you to everyone who came along to our Meet the Teacher evening on Wednesday. I am sure you will all agree that the children's classrooms and learning spaces are looking incredible! It was lovely to welcome so many of you into school, and I hope you found out lots of useful information about your children's classes, including routines, expectations and what they will be learning this year.

I have made a few changes to the dates in our yearly overview, so do take a moment to double-check these and make a note of anything that has changed.

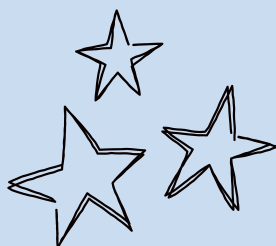
Finally, please take a look at the Mission Weekend and St Leonard's poster on the final page of this newsletter. It would be wonderful to see lots of our Middlefirth families there, and I know Reverend Simon would be delighted to see you all!

Have a lovely weekend, everyone. Enjoy some well-deserved family time, and we look forward to seeing you all again on Monday! 💖🌈 Mrs Pilkington

Stars of the Week

Nursery - Dudley
Rec - Imogen & Toby
Y1 - Freya & Lenny
Y2 - Hunter & Maisie
Y3 - Kairo & Noah
Y4 - Penelope & Theodore
Y5 - Poppy & Reuben
Y6 - Joseph & Kairo

WELL DONE



Target 96%

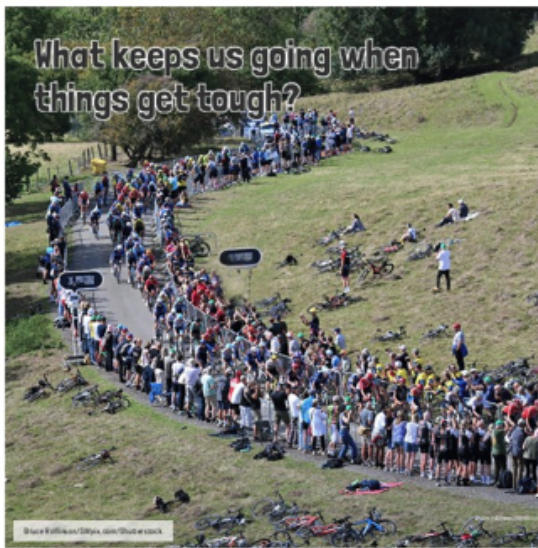
Reception	99.2%
Year 1	97.8%
Year 2	95.9%
Year 3	96.3%
Year 4	96.5%
Year 5	96.7%
Year 6	97.4%
Total	97.1%

LET YOUR LIGHT SHINE - MATTHEW 5:16

TAKEHOME



In the news this week



Between 2nd and 6th September, more than 100 of the world's best cyclists competed in the Tour of Britain Men. The five-day race began in Lincoln and travelled through Lincolnshire and Yorkshire, before finishing in the Scottish Borders on 6th September. In the men's event, the cyclists cover nearly 900 kilometres, tackling steep hills and challenging conditions along the way. Thousands have been gathering along the route to watch and cheer the riders on.

Things to talk about at home ...

- > Can you think of a time when something felt difficult, but you kept going?
- > What helped you to persevere?
- > Who encourages you when you face a challenge?
- > When might taking a break or asking for help be the best next step?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss



© Picture News 2025



Developing Our Forest School

We are excited to be working with a specialist Forest School company to continue developing our Forest School provision. This half term, Reception and Year 2 will have the opportunity to learn, explore and build confidence through hands-on outdoor experiences, following a child-led approach. Sessions may include games, challenges, bushcraft skills, tool use, fire building and campfire cooking, all safely supervised by trained practitioners. Forest School embraces learning in all seasons and weather, helping children develop resilience, independence and a deeper connection with nature.



Out of School Club

Our therapeutic approach to the school environment is now being consistently extended into our Wrap Around Care provision, creating a calm and welcoming start and end to the school day. Breakfast and After School Club now include soft starts, calming music and consistent expectations that mirror those used throughout school, helping children to feel secure and settled. We are delighted that the children have settled back into school so well this term. If you require any further information about Wrap Around Care, please speak to Mrs Cowell or contact the school office.

Mrs Knight - Family Support Worker



For those that don't know me and a reminder for those who do, I am Mrs Knight, the Family Support Worker at school. I offer confidential support to children and families and use my experience to provide a listening ear, practical help, and guidance during challenging times. Working closely with pupils, parents, school staff, and external agencies, I aim to remove barriers to learning and wellbeing. My role includes supporting with issues such as behaviour, friendships, family change, illness, housing, finances, and emotional wellbeing, as well as signposting to services, attending meetings, and delivering one-to-one child interventions such as Drawing and Talking and Lego Therapy. You can contact me by email at sknight@middleforth.lancs.sch.uk, by phone on 01772 746024, or via Class Dojo. My working hours are 8:30am – 4pm Mon to Fri.

School Uniform

We expect all children to wear the correct school uniform each day. A smart appearance helps children feel confident and ready to learn, and it reflects our high standards across school life.

Where to Buy

Our uniform can be purchased from:

- Justs Clothing (Penwortham): www.justsclothing.co.uk
- Sew Stunning Designs (SSD): www.ssduniformshop.co.uk

Plain royal blue items without the logo are also permitted.

School Uniform

- Grey trousers, skirt or pinafore dress
- White shirt or polo shirt
- Royal blue jumper or cardigan with school logo
- Grey or white socks or tights
- Sensible black flat shoes (no trainers)

Summer options

- Pale blue gingham dress
- Grey tailored shorts

PE Kit (worn on PE days)

- White T-shirt (with logo or plain)
- Royal blue shorts
- Royal blue PE hoodie
- Black pumps or trainers
- Plain black jogging bottoms or leggings for outdoor PE



Bags

In Reception, Year 1 and Year 2, children should bring a school book bag (available from uniform stockists). In Year 3-6 please avoid large rucksacks or bulky bags, as our lockers are compact (40cm deep x 26cm wide) and need to fit both coats and bags

Jewellery, Earrings and Watches

- For safety reasons, we would prefer no jewellery or earrings to be worn in school. If earrings are worn, please can these be a small stud and removed before school on PE days.
- KS2 children may wear a simple watch (no smart watches)
- Watches must be removed for PE and swimming
- The school cannot be responsible for loss or damage of any personal items

Hair and Accessories

- Long hair must be tied back at all times
- Haircuts should be neat with no extreme styles or colours
- Hair accessories should be simple, in school colours, and not over-sized



Self-Care September 2026

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

1 Find time for self-care. It's not selfish, it's essential

2 Notice the things you do well, however small

3 Let go of self-criticism and speak to yourself kindly

4 Plan a fun or relaxing activity and make time for it

5 Forgive yourself when things go wrong. Everyone makes mistakes

6 Focus on the basics: eat well, exercise and go to bed on time

7 Give yourself permission to say 'no'

8 Be willing to share how you feel and ask for help when needed

9 Aim to be good enough, rather than perfect

10 When you find things hard, remember it's ok not to be ok

11 Make time to do something you really enjoy

12 Get active outside and give your mind and body a natural boost

13 Be as kind to yourself as you would to a loved one

14 If you're busy, allow yourself to pause and take a break

15 Find a caring, calming phrase to use when you feel low

16 Leave positive messages for yourself to see regularly

17 No plans day. Make time to slow down and be kind to yourself

18 Ask a trusted friend to tell you what strengths they see in you

19 Notice what you are feeling, without any judgement

20 Enjoy photos from a time with happy memories

21 Don't compare how you feel inside to how others appear outside

22 Take your time. Make space to just breathe and be still

23 Let go of other people's expectations of you

24 Accept yourself and remember that you are worthy of love

25 Avoid saying 'I should' and make time to do nothing

26 Find a new way to use one of your strengths or talents

27 Free up time by cancelling any unnecessary plans



28 Choose to see your mistakes as steps to help you learn

29 Write down three things you appreciate about yourself

30 Remind yourself that you are enough, just as you are



ACTION FOR HAPPINESS

Happier · Kinder · Together

Autumn Term 2026

Re-open on: Wednesday 2nd September 2026

School closes on: Friday 23rd October 2026

Mid-term closure: Monday 26th October – Monday 2nd November 2026

School re-opens on: Tuesday 3rd November 2026

School closes on: Friday 18th December 2026 at 2pm

Spring Term 2027

Re-open on: Tuesday 5th January 2027

School closes on: Friday 12th February 2027

Mid-term closure: Monday 15th February - Friday 19th February 2027

School re-opens on: Monday 22nd February 2027

School closes on: Thursday 25th March 2027 at 2pm

Summer Term 2027

Starts: Monday 12th April 2027

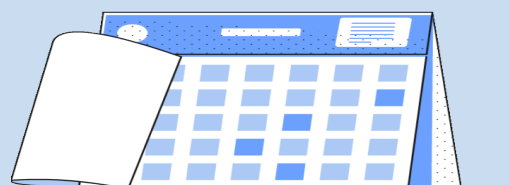
May Day: Monday 3rd May 2027

School closes on: Thursday 27th May 2027

Mid-term closure: Friday 28th May – Monday 7th June 2027

School re-opens on: Tuesday 8th June 2027

School closes on: Wednesday 21st July at 2pm



LET YOUR LIGHT SHINE - MATTHEW 5:16



Middlefirth Church of England Primary School 2026/2027 Yearly Planner



SEPTEMBER

9th - Meet the teacher
14th - National Coding Week
14th - 16th - Year 6 Robinwood Residential
21st - Fairtrade Fortnight & Recycle Week
21st - KS1 Phonics and Reading Workshop
22nd - EYFS Phonics and Reading Workshop
25th - Year 6 Careers Fair

OCTOBER

1st - Black History Month begins
1st - National Poetry Day
10th - World Mental Health Day
13th - Whole School Harvest at Church Y3 leading
21st - Individual Photographs
23rd - Parents Exhibition Afternoon 2pm

NOVEMBER

Non-Fiction November
4th - Book Fair Arrives
10th & 11th - Parents Evening
11th - Remembrance Day - Y6 leading
13th - Children in Need
16th - Enterprise Week
23rd - Parliament Week

DECEMBER

10th - EYFS/KS1 Christmas Performance
11th - Christmas Jumper Day
15th - KS2 Christmas Performance in Church
16th - Christmas Parties and Christmas Lunch
17th - Whole School Church

JANUARY

16th - Energy Saving week
18th - 3.30pm Year 6 SATs meeting
25th - Young Voices Concert (Co-Op Live Arena)

FEBRUARY

1st - National Story Telling Week
1st - Children's Mental Health Week
3rd - Book Fair Arrives
3rd - Y4 Leading Worship
9th - Safer Internet Day
9th & 10th - Parents Evening
24th - Reception Tots on Tyres
Swimming Pool Arrives - date TBC

MARCH

3rd - Y4 Trip - Eco Town
3rd - Reception Tots on Tyres (AM) & Y3 Scoot Safe (PM)
4th - World Book Day
8th - Science Week
10th - Reception Tots on Tyres & Whole School Bike Fix
15th - Sign Language Week
16th - Neurodiversity Celebration Week
17th & 24th - Y5 Bikeability
24th - EYFS to lead worship
25th - Whole School Church
19th - Red Nose Day

APRIL

15th - World Art Day
22nd - Earth Day
30th - Spring Celebration

MAY

10th - Key Stage 2 SATs week
10th - Mental Health Awareness Week
14th - Pentecost Party
17th - Walk to School Week
19th - Y1 & Y2 leading worship
20th - Outdoor Classroom Day
27th - Parents Exhibition afternoon 2pm

JUNE

5th - World Environment Day
7th - Multiplication Check Week
14th - Phonics Screening Week
15th - National School Sports Week
23rd - Book Fair (1 week)
23rd - Sports Day
25th - National Writing Day
24th - Sustainability Conference
28th - KS1 SATs week
30th - Y5 Leading Worship

JULY

5th - Year 6 Performance
8th - Reports Home
14th - Reports drop in for parents 3.30pm - 4.30pm
19th - Year 6 Leavers PM
19th - Year 6 Prom 5.30pm
20th - AM Whole School Church

As a caring, Christian community, we aspire to 'let our light shine'. We will open up the world to celebrate God's wonderful creation and foster a sense of awe and wonder. We will nurture our God given talents to ensure that everyone reaches their full potential academically, socially and spiritually.

'LET YOUR LIGHT SHINE'

MATTHEW 5.16



FRIDAY 11 SEPTEMBER

Quiz Night

WITH BAKED POTATO SUPPER

Bring your friends
and make up a team!

7pm — 10pm

SATURDAY 12 SEPTEMBER

Family Fun Day

FOR ALL AGES • FREE BBQ

Come along and
bring the family!

10am — 2pm

SUNDAY 13 SEPTEMBER

Celebration Service

A JOYFUL CELEBRATION
OF FAITH, HOPE AND LOVE

All are welcome!

10am — 11am

— ST LEONARD'S CHURCH —

CELEBRATION WEEKEND

From Friday, Sept 11th to Sunday Sept 13th

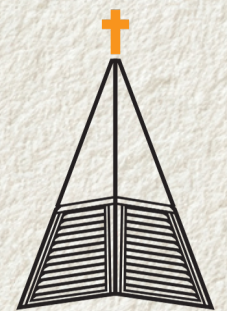
St. Leonard's Church will be hosting a series of free events to help us celebrate the Diocese of Blackburn's 100th birthday...

**and we would love to see you
at any or all of them.**



**All events and food are provided free of charge and
there will be a paid bar at the Friday Quiz night.**

To help with catering numbers, please follow the link
on the QR Code to register.



PENWORTHAM
**ST. LEONARD'S
FAMILY CHURCH**