



NEWSLETTER



6TH FEBRUARY

WELCOME

This week you can read all about the recent swimming gala, our amazing dodgeball exploits and the NEW musician of the month. We also have some important reminders, alongside information about our next eco-initiative and all the events planned for Safer Internet Day and Mental Health Week (with extra online resources for these activities listed on page 4!)

IN THE SWIM

On Tuesday a team of boys and girls from Y4 and Y5 competed in a swimming gala. Both teams showed great resilience and sportsmanship throughout the event, cheering each other on and giving every race their best effort. Most importantly, everyone had a lot of fun representing the school in the pool. We are proud to share that the boys' team finished 6th in their competition, while the girls' team achieved an excellent 3rd place finish. Well done to all swimmers for their hard work, positive attitudes and team spirit.



MENTAL HEALTH WEEK

Next week is Children's Mental Health Week, a national event dedicated to shining a light on the importance of children's emotional wellbeing; the theme this year is 'This is my place' and we will be focusing on encouraging the feeling of belonging amongst all our children. Throughout the week, pupils will take part in activities that help them explore their feelings, build confidence and learn simple strategies for looking after their mental health. We encourage parents/carers to continue these conversations at home - checking in with children about how they are feeling and reminding them that it is always okay to ask for help. Working together, we can help our children develop the resilience and skills they need to thrive both in and out of school.

REMINDERS

Half-term - Next Friday is the last day of half-term. We all get a week's holiday and return to school on Monday 23rd.

No Videos/Photos - Just a reminder not to video or photograph your child when they are on school premises. Not only may other children not want to be in photos, but it can raise child safety concerns for other parents as they may not know who you are.

Staff Car Park - Please do not use the school car park when dropping your child off at Kids Collective. The mornings are very busy with teachers and delivery vans battling for the few spaces we have.

Fri 13th Own Clothes - To celebrate mental health week next Friday we can all come to school in any colours that make us happy!

SAFER INTERNET DAY = TUES 10th

Safer Internet Day this year is focused on '**Smart tech, safe choices – Exploring the safe and responsible use of AI**'. We encourage everyone to use this opportunity to have conversations at home about what they enjoy online, who they interact with and how making positive choices helps build their understanding and resilience. Even short chats can make a big difference in keeping children safe while they explore and learn on the internet.

NOTHING 'DODGY' HERE!

Last Friday a group of Y5/6 children went to a dodgeball competition, alongside 23 other schools! What a fantastic team! Joel, Ted, Thomas D, Elsie, Lucas, Alice, Emily S, and Freddie demonstrated fantastic energy and skills and won two out of three games, securing a place in the next round. Our final game was against a skillful team but we worked hard and encouraged each other throughout, leading to a fantastic win. We didn't reach the final eight, but the team were delighted to have got through to the second round finishing in the top 12 out of 24 teams! A fantastic effort from everyone involved.



BOTTLE (TOP) IT!

We're now recycling plastic bottle tops through SchoolCycled (an initiative by MYGroup, designed to educate the next generation about recycling, fragile ecosystems and sustainability). Their innovation in recycling allows them to process many of the items that would ordinarily end up landfilled or incinerated, the so-called 'hard-to-recycle' wastes; **For every kilogram of bottle caps collected, the school earns 250 Earth Tokens.**

Tokens. Tokens can be exchanged for items of furniture, play equipment, signage or other recycled plastic items.

Please bring in your bottle tops to school or Kids Collective who are collecting them too!

HALF-TERM FUN!!

Trafford's [February Holiday 'What's On'](#) page lists events happening locally over the half-term from holiday clubs, days out, SEND what's on, practical and crisis support, mental health and wellbeing support.

Whilst our friends at the Trans Pennine Trail once again come up trumps with their February Half Term Activity Pack, filled with fun nature-themed activities, crafts, recipes and puzzles for families to enjoy during the holiday.

Download it from our Children's page at: [TPT Activity Packs | Trans Pennine Trail](#)

A SPORTING STAR

A huge shout out to Alice Scholfield who represented Trafford last week in the Greater Manchester Cross Country event at Heaton Park. Alice ran fantastically in both the individual and team race and she was instrumental in helping her team come in third - well done.



NEW MUSICIAN (S) OF THE MONTH

Luke Combs is a HUGE country star who loved singing as a child, even performing at Carnegie Hall in his church choir. He played football in high school before leaving college to chase his music dreams in Nashville. He taught himself guitar on his mum's advice and played his first country show in a bar where he used to work as a doorman.

GOLDEN BOOK & VALUES

	<i>Golden Book</i>	<i>Values</i>
Nurs	Avyaan Mahajan	
RLK	Emily Kandamby	Wren Jeffery
RMD	Alex Oxley-Berry	Yousef Ahmed
1ML	Samrudhan Senthil Kumar	Finley Crellin Myers
1SW	Lennon Lees-Slater	Isaac Goodier
2TG	Liana Karempudi	India Etheridge
2BH	Aarna Kumar	Evan Sun
3BW	George Pritchard	Freya Ball
3LC	Max Preston-Griffiths	Oliver Hewes
4CD	Oscar Longden	Olive Richardson
4AC	Bria Wu	Xandrik Prestwich
5IF	Avery Chun	Eyad Mehana
5PM	Oliver Richards	Olivia Barber
6DH	Tomasz Wolniewicz	Ivy Bishop
6SM	Sonny Walsh	Beth Williams



MENTAL Health MATTERS

WEEKLY CALENDAR

MENTAL HEALTH WEEK

Mon 9th	<p>12.15 -12.45: Y1-3 Bitesize Bootcamp (playground) 12.50 -1.20 : Y4-6 Bitesize Bootcamp (playground) 12.20 - 12.50 : Y4-6 Boxing - After the Bell (studio) 3.30 - 4.15 : Rec- Y2 Library Loungers - Miss Munro (library) 3.30 – 4.30 : Y1+2 Spanish - La Jolie Ronde (RMD) 3.30 – 4.30 : Rec -Y6 Dance - Sports & All (hall) 3.30 - 4.30 : Rec-Y4 Multi-sports - Sports & All (playground) 3.30 – 4.30 : Y3-6 Girls Football - AFC (playground)</p>
Tue 10th	 <p>Safer Internet Day 2026</p> <p>8 - 8.45 : Y3-6 Tri Golf Sports & All (hall) 3.30 - 4.15 : Y4-6 Hockey Club - Mrs M Coates 3.30 – 4.15 : Rec - Y1 Lego Club - Miss Dunbavand (RMD) 3.30 – 4.30 : Art Club (Y1-6) – Tactile Arts – 6SM 3.30 - 4.30 : Y1-4 Gymnastics - Sports & All (hall) 3.30 - 4.30 - Y5 Exam Class - Ms Patterson (5PM) 3.30-4.30 : Y3-5 Gardening Club – Mrs Graham – (2TG)</p>
Wed 11th	<p>8 - 8.45 : Y5+6 Netball – Alt Junior Netball Club (playground) 9.15 -10.45 : 3BW Swimming 3.30 - 4.30 : Rec - Y2 Football Sports & All (hall) 3.30 - 4.30 : Y3-6 Football Sports & All (playground)</p>
Thur 12th	<p>8 - 8.45 : Y3+4 Netball – Alt Junior Netball Club (playground) 8.15 - 8.45: Y1-3 Choir/Singing Club (Miss Watts) (1SW) 8.15 - 8.45: Y4-6 Choir/Singing Club (Mrs Booth) (3BW) 3.30 - 4.30 : Y3-6 Fencing Premier Sabre (hall) 3.30 – 4.30 : Cooking club – Y3+4 – Mrs A Coates (4AC) 3.30 - 4.30 : Y1-6 Computer/coding club Jam Coding 3.30 - 4.30 : Y1-6 Drama Club - Tactile Arts (hall) 3.30 – 4.30 : Y3-6 Spanish - La Jolie Ronde (RMD)</p>
Fri 13th	<p>OWN CLOTHES DAY - WEAR COLOURS THAT MAKE YOU HAPPY! 3.30 - 4.30 : Y3-6 Dodgeball - Sports & All (Hall)</p>



HALF-TERM
SCHOOL RE-OPENS MONDAY 23rd FEB





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ADDITIONAL ONLINE RESOURCES

MENTAL HEALTH WEEK



- ★ [Place2Be](#) – Support for Parents and Carers providing expert-led articles, videos, and practical advice. Their Parenting Smart site is especially helpful, offering short, easy-to-read guides on common challenges.
- ★ [YoungMinds](#) – YoungMinds offers an A-Z of mental health topics, tips on getting children to open up, and a Parents Helpline for those needing extra guidance.
- ★ [NHS Every Mind Matters](#) – This NHS resource explains how parents can support a child's wellbeing, recognise early signs they may be struggling, and access further support.
- ★ [HappyMaps](#) – Gathers high-quality resources from charities, CAMHS teams and mental health professionals, making it easier for parents to find reliable guidance tailored to children and teens.
- ★ [Mental Health UK](#) – provides conversation guides, videos, and tools to help parents discuss emotions, resilience, and mental health topics confidently with young people.

SAFER INTERNET DAY - TUES 10th



[UK Safer Internet Centre](#) : Includes guides, conversation starters, and device-specific safety advice.

[Keeping Children Safe Online](#) : Support on online bullying, and parental controls.

[Internet Matters](#) : Age-specific online safety guides and advice on issues such as cyberbullying and scams.

[Parent Zone](#) : Media literacy tools to help children think critically about online content.

[Kids Online Safety](#) : Practical guidance for parents on starting conversations, using parental controls, and knowing where to report concerns.

[Get Safe Online](#) : The UK's official online safety advice service with clear, factual guidance on avoiding scams, understanding online risks, and building digital confidence.