Autumn/Winter Menu Week 2

26th Oct, 16th Nov, 7th Dec, 11th Jan, 1st & 22nd Feb, 15th March

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	**All Day Breakfast:** Pork Sausage, Scrambled Egg, Herby Potatoes with Baked Beans	Beef Bolognese with Wholegrain Penne, Garden Peas & Carrots	Roast Chicken, Stuffing, Roast Potatoes, Carrots, Cauliflower and Gravy	**Wholemeal Pizza**: Margherita Pizza with Home-baked Potato Wedges, & Sweetcorn	Fish Fingers, Chips with Peas & Baked Beans
Main Meal Option 2 (Vegetarian)	**All Day Breakfast:** Vegan Quorn Sausage, Scrambled Egg, Herby Potatoes, with Baked Beans	Vegetable Meatball Masala on Yellow Mixed Rice with Garden Peas & Carrots VG	Quorn Grill, Stuffing, Roast Potatoes, Carrots, Cauliflower and Gravy	Vegetable Lasagne with Broccoli & Sweetcorn	Crispy Vegetable Fingers with Chips, Garden Peas & Baked Beans VG
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Baked Jacket Potatoes & Pasta	Pasta with Cheese or Tomato & Basil Sauce VG	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Pasta with Cheese or Tomato & Basil Sauce VG	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans
Dessert	Shortbread Biscuit & Fresh Fruit Slices VG	Chocolatey Orange Fudge Cake	Orange / Strawberry Jelly with Fresh Fruit Slices VG	Lemon Drizzle Cake & Custard	Chocolatey Oaty Slice VG

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg | Source of wholegrain | Contains plant-based proteins | 50% fruit | Oily fish | Vegan | VG

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.