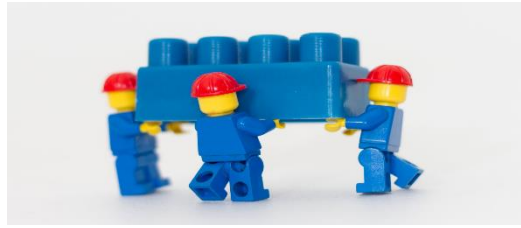


Lego Therapy



Lego therapy is an intervention that helps children with autistic spectrum disorder.

The goal of LEGO therapy is to build the types of skills that can help autistic children better engage with peers, share experiences, and collaborate. This means that the children who are likely to benefit from LEGO therapy are already at least somewhat verbal and able to follow both visual and verbal instructions.

Session usually lasts around 30 minutes.

The group includes 3 children'

An adult facilitator works with the group as needed to encourage problem-solving, communication, and engagement.

The children work as a group taking the following roles.:

The Engineer: has a set of instructions for the Lego model and has to request the bricks from the Supplier and direct the Builder to put the model together, the engineer has to describe the piece of Lego. E.g. colour, shape, how many pips it has etc.

The Supplier: has the Lego bricks and supplies the Engineer with the required items upon request

The Builder: is given the bricks by the Supplier and has to follow the instructions given by the Engineer to make the model. The builder can not see the instructions so is reliant on the engineer to direct to them where the piece of Lego goes.

The children have to work together in order to complete the build. I have found that small models that can be completed in one session is best.

When the build is finished the children can evaluate the session.

What they have built.

What job they did.

What skills they used.

What they enjoyed the most.

