



Creating
BRILLIANT
Citizens

www.cavendish.manchester.sch.uk
office@cavendish.manchester.sch.uk



CAVENDISH COMMUNITY NEWSLETTER

News, Events & Celebrations
for the Cavendish Community

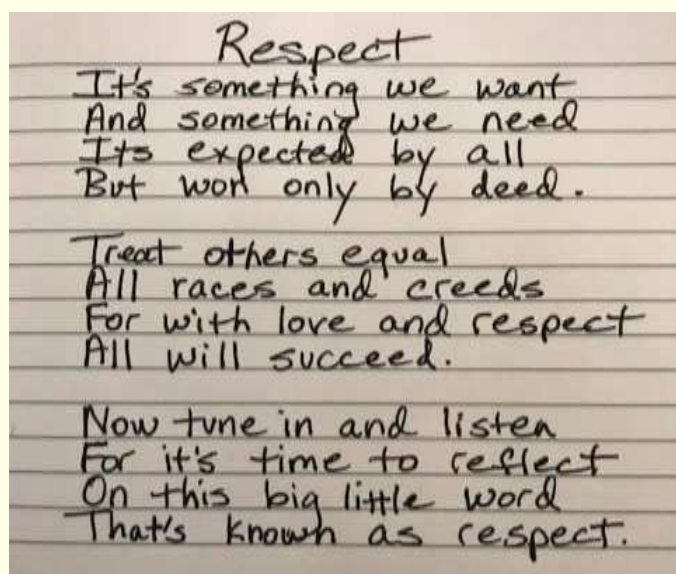
16th October 2026

As we settle into the crisp autumn days, it is hard to believe there is now only one week left until the October half-term! Our school community shone brightly for 'Show Racism the Red Card'

Wear Red Day, with the children demonstrating our golden values of respect, equality and kindness in absolute abundance throughout the day.



Cavendish Values



RESPECT EQUALITY POSITIVITY
RESPONSIBILITY KINDNESS COURAGE



Coming up...

23rd Oct: finish for half term

2nd Nov: return to school

6th Nov: PTA Bonfire Night
(tickets on sale now)

2nd Nov: return to school

2nd – 6th Nov: Poetry Week

Reminder!



★ ATTENDANCE AWARD ★

Last week's whole school
attendance was 96.5%

Class winners were...

Early Years

Chipmunks 95.3% & Raccoons 97.4%

Lower School

1LW 98.6% & 3CK **100%**

Upper School

5LM **100%** 5JA 99.5%



Show Racism the Red Card – Wear Red Day!

What a great day we had celebrating all things
EQUALITY as part of the Show Racism the Red Card
Wear Red Day! Thank you for your donations.
Here are some highlights including BRILLIANT outfits
and thoughtful artwork.





Cavendish Safety Protectors - Off to a Great Start!

Dear Parents and Carers,

Over the past couple of weeks, our Cavendish Safety Protectors have been busy carrying out their first important task!

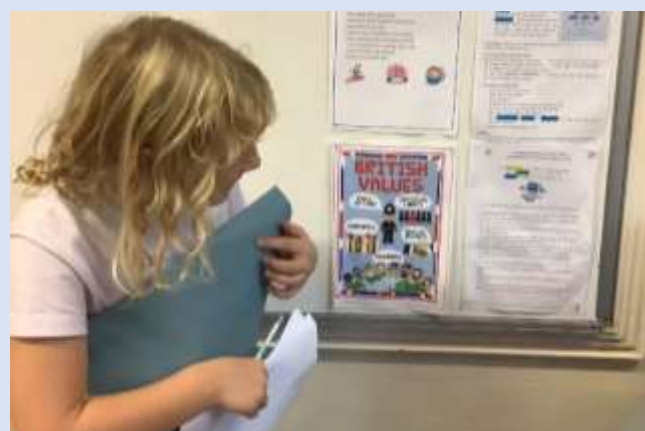
We met to discuss online safety and how we can all play a part in using technology safely and responsibly at school. The children then reviewed our Acceptable Use of Technology Pupil Policy and took on the responsibility of visiting classrooms to check that each class had read, understood and signed the agreement.

I was really impressed by the children's sensible suggestions and enthusiasm for their new roles!

Our Safety Protectors are now turning their attention to firework safety ahead of our upcoming Bonfire Night celebrations at Cavendish. They have challenged their classes to design posters to raise awareness of important safety messages and are hoping to share their advice in an upcoming school assembly.

A huge well done to our Safety Protectors! You've made a fantastic start, and we're looking forward to seeing the positive impact you'll have across our school community!

Mrs Dhaliwal





Bonfire Night Tickets & Volunteers

Tickets are selling fast for the Cavendish PTA Bonfire Night on Friday 6th November (from 5pm until 7pm). Bring the whole family - it's open to the whole Didsbury community and beyond - for a night of dazzling fireworks, a roaring bonfire and a fantastic array of hot food and drinks, sweet treats, and live music.

You can also purchase a "Push the Plunger" ticket and be in with a chance of setting off our 2026 Fireworks display at Bonfire Night. T&Cs apply & Plunger tickets does not gain entry to the event.

Book tickets here: <https://www2.ticketebo.co.uk/cavendish-pta/cavendish-community-pta-bonfire-night-2026>

More Volunteers Needed for Bonfire Night

We currently have 29 people to help run the event and we need 40 for it to go ahead without reducing capacity or risk of cancellation altogether.

The PTA really need more volunteers to help run the stalls and more *stewards to stand in the crowd. Stewards will wear a high vis jacket and be a point of contact for spectators for lost children, toilets and where to direct people for first aid should it be needed - stewards can remain with their families in the crowd during

the event but it's important we have enough of them for health & safety reasons, and everyone will be able to watch the display who are helping on the stalls too.



We've extended the volunteer deadline to Friday 23rd October, if you can volunteer please can you fill out the volunteer form here so we can plan the next steps:

<https://forms.gle/KMAZnoMYWqFZLWa8A>

*Stewards will need to attend a safety briefing at 4.30pm before the event starts at 5pm.

More information about the event: <https://www.cavendishpta.org.uk/events/bonfire-night-nov-2026>



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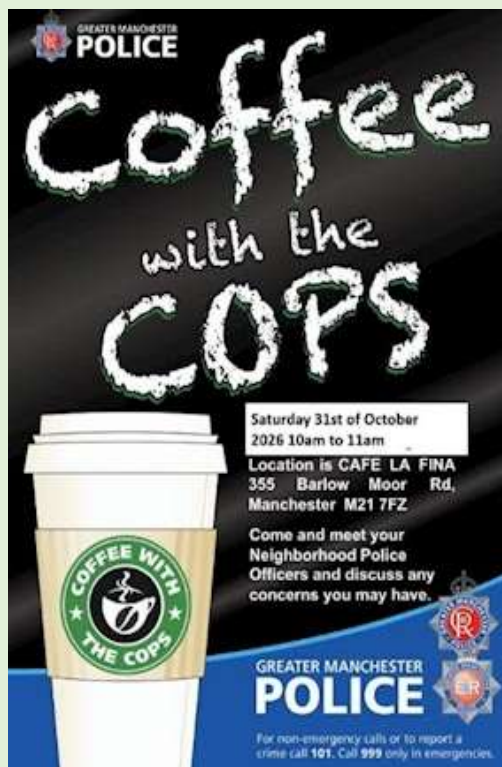


All the children at Cavendish have been getting into the Christmas spirit, designing their own Christmas cards! They're now available to buy with proceeds going to the PTA. Look out for a flyer in your child's bag with a unique code to order, the deadline has been extended to Monday 26th October to get your order in.

Thank you for your support.



Community Cavendish





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Community Cavendish

Don't let the children be bored this half term!

WILD CANVAS ART CLUB

OCTOBER HALF-TERM ART CLUB

Three creative days for curious kids
Years 1 – 6

MON 26TH – WED 28TH
OCTOBER 2026

8:30AM – 3:30PM

CAVENDISH COMMUNITY PRIMARY SCHOOL, WEST DIDSBURO

£38 per day

£105 for three days

THREE THEMED DAYS
INSPIRED BY AN ARTIST EACH DAY

ALL MATERIALS PROVIDED

OPEN TO YEARS 1 – 6

HOW TO BOOK

- 1 SCAN THE QR CODE
- 2 FILL IN THE BOOKING FORM
- 3 COMPLETE PAYMENT

Any questions?
Email us at wildcanvasartclub@gmail.com

SCAN HERE TO BOOK

Run by our
very own
Mrs Dhaliwal!
Book now to
get your place
for half term.

OCTOBER HALF-TERM HOLIDAY CLUB

26th October - 29th October
10AM - 2PM

SKATEBOARDS -
SCOOTERS -
COACHING -
GAMES -
ON-SITE CAFE -

Register & pay
At the Skatepark

FREE PLACES AVAILABLE FOR
CHILDREN IN MANCHESTER ON BENEFITS
RELATED FREE SCHOOL MEALS

SIGN UP & BOOK THROUGH
MCRACTIVE.COM
OR SCAN QR CODE

Ages 5 - 17
(Under 7s require supervision)

£23/£11 per additional sibling

All equipment provided

info@projektsmcr.com

0161 532 4290

41 Baring Street, M1 2PY



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Community Cavendish



October Football Fun Camps

BOOK NOW
THEFOOTBALLFUNFACTORY.CO.UK
DIDSBURY HIGH SCHOOL 26-29TH October

HAF PLACES AVAILABLE
In partnership with MCH Active, we have a limited number of HAF-funded places available for children who are eligible for benefits-related free school meals.
To apply for a HAF place, scan the QR code or visit: <https://familyfun.co.uk/26dbsymk>




October Half Term
Mon 26 - Thu 29 October 2026

Fun Friendly Inclusive

Let's Have Fun!

Holiday Activities and Food

Play • Learn • Create • Make Friends • Stay Active

- Sports & Games
- Arts & Crafts
- Fun Group Activities
- Skills & Learning
- Healthy Meals & Snacks
- Wellbeing Activities

Dates Mon 26 - Thu 29 October 2026

Time 10am - 2pm

Venue Family Unit Trust Unit 11 Varley Business Centre James Street, Miles Platting Manchester, M40 8EL

Healthy food provided every day!

A safe, welcoming and inclusive programme for children and young people aged 5 - 16 years.

Book Now!

This programme is for children who are eligible for benefits-related free school meals. Places must be booked in advance.

Stronger Families Brighter Communities



LSC HALLOWEEN SPOOKTACULAR

October Half-Term Holiday Clubs

Calling all little witches, wizards, ghosts, and ghouls! Get ready for a hauntingly good week filled with creepy crafts, scary science experiments, spooky sports, and thrilling team challenges and a frightfully fun Halloween party.

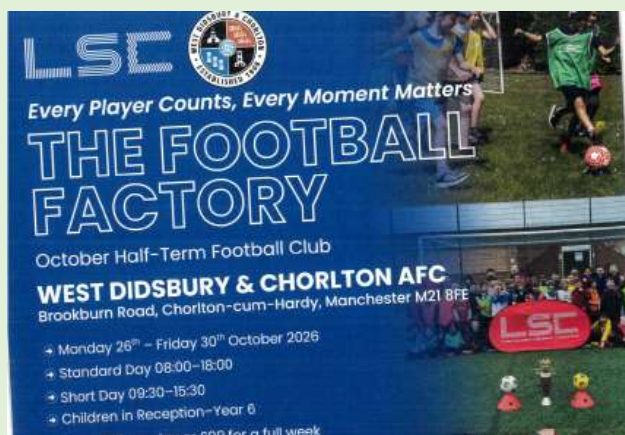
St Catherine's RC Primary School
School Lane, Didsbury M20 6HS

Tuesday 27th - Friday 30th October
08:00 - 17:00
Reception - Year 6
From £28 per day

BOOK NOW!



wearelsc.co.uk ☎ 0800 032 1806 ✉ info@wearelsc.co.uk
We accept a variety of childcare vouchers & tax-free childcare schemes.



LSC THE FOOTBALL FACTORY

Every Player Counts, Every Moment Matters

October Half-Term Football Club

WEST DIDSBURY & CHORLTON AFC
Brookburn Road, Chorlton-cum-Hardy, Manchester M21 8FE

- Monday 26th - Friday 30th October 2026
- Standard Day 08:00-18:00
- Short Day 09:30-15:30
- Children in Reception-Year 6
- From £27 per day or £99 for a full week

£27 Per Day
Full week for £99

BOOK NOW!

- Skills masterclasses
- Fun mini-games and challenges
- 1v1s and 2v2s
- Tournaments & penalty shootouts



wearelsc.co.uk ☎ 0800 032 1806 ✉ info@wearelsc.co.uk
We accept a variety of childcare vouchers & tax-free childcare schemes.



GROWING BRILLIANTLY

Helping a Child Notice Other People's Feelings

Empathy is a skill, not a personality trait. This guide gives you three concrete steps to help a child notice how others feel and respond with genuine care.

THE CORE CONCEPT

Empathy isn't a fixed trait a child either has or doesn't – it's a brain skill that **grows with practice**.

Between ages 3 and 7, a child's **"Social Brain"** is under heavy construction. They aren't being "selfish" – they are simply learning to shift focus from their own world to someone else's.

Important note: a child cannot show empathy while in **"Flip-the-Lid"** mode (when big emotions take over and the thinking brain goes offline). **Emotional safety** always comes before emotional lessons.



STEP 1: SELF-REGULATE FIRST

The Goal: Calm their nervous system so they can notice others.

The Action: "Name it to Tame it." Describe what you see in them without judgment.

The Script: "I see your hands are clenched. You are feeling really frustrated right now. It's okay to feel mad."

Why it works: When a child feels understood, their brain shifts from "Defense Mode" to "Learning Mode."



STEP 2: READ THE ROOM

The Goal: Move the focus from "Self" to "Other" using concrete clues.

The Action: Use The Body Scan. Ask the child to look for physical "leaks" of emotion in someone else.

The Script: "Let's be detectives. Look at your friend's face. Their mouth is down, and their eyes are looking away. What do those signs mean?"

Why it works: Younger kids often struggle with abstract concepts, but they're great at noticing physical clues like tears, frowns, or crossed arms."



STEP 3: CHOOSE TO CARE

The Goal: Empower them to act without feeling forced.

The Action: Give Two Choices. Don't ask "What should you do?" (which is too broad). Offer two concrete ways to help.

The Script: "This boy seems to be hurt. Should we help him by offering something or give him some quiet space?"

Why it works: Giving choices builds autonomy. It makes kindness feel like their own idea rather than a command.



POWER SCRIPTS FOR PARENTS

Validation: "It's hard to wait. Your 'patience' muscle is working really hard right now."

Observation: "I noticed when you shared that book, your friend's face lit up. You helped them feel happy!"

Redirection: "Your body was moving faster than your big heart. Let's try a 'Do-Over' together."

Repair: "Oops, we made a mistake. How can we fix this so everyone feels safe and understood?"



REMINDERS

Empathy is a **"Slow Cooker,"** not a Microwave: You might do all 3 steps, and a child might still not share or help someone. That's okay. You are wiring their brain for the long term.

Model > Teach: A child learns more about empathy by watching you than they do from any talk about kindness.

The **"Safety"** Rule: If a child is very upset, skip to Step 1 and stay there. A brain in "survival mode" cannot learn "social mode."

Empathy starts with how we treat children when they are at their worst.
When we mirror calm, they eventually learn to mirror kindness to the world.



KEEPING SAFE & BEING HAPPY

As the nights are getting darker, keep children prepared for keeping safe as they journey in the dark.

PEDESTRIAN SAFETY

BE SAFE. BE SEEN. BE AWARE.

Wear reflective clothing. Fluorescent colours alone don't show up in the dark. Safety vests, reflective arm bands, accessories & bags all help to keep you bright at night.



Carry a flashlight.
Flashlights help
you see, and be
seen.



Choose well-lit
routes



Share your route

Stay alert!
No headphones

