



Creating **BRILLIANT** Citizens

15th May 2026

The children have shown great courage in their learning this week, especially our Year 6 children with their SATs. Read on to find out more Cavendish news and events to come.

Next half term is busy with school events – please keep checking the newsletter calendar for updates.

Reminder!
The lost property box at the front of school will be emptied during the half term holiday. Please take any of your child’s lost items by the end of Friday 22nd May.

Diary Dates

Coming up this half term...

22nd May: 5SR Class Assembly

22nd May: finish for half term

1st June: return to school

Next half term...

Friday 5th June: PTA Didsbury Crafternoon

Saturday 6th June: Didsbury Festival

Thursday 11th June: International Day of Play

Friday 12th June: Eid Event

Attendance Matters

Last week’s whole school attendance was 95.3%

Class winners were...

Nursery & Reception	
Caterpillars - 96%	
Y1&2 2AT - 99.2%	
Y3&4 4MD - 98.6%	
Y5&6 6GD & 6MTS 100 %	

Cavendish Values

KINDNESS is free

SPRINKLE . IT . EVERYWHERE

RESPECT	EQUALITY	POSITIVITY
RESPONSIBILITY	KINDNESS	COURAGE



We are PROUD of you! Year 6 SATS

Our Year 6 children were BRILLIANT this week.

They showed such courage in their SATS.

We are so proud of them!

They ended the week having fun at

Peak WILDLIFE Park.

A special thank you to the parent governors who came in during the tests to be on hand.



JOIN US AT CAVENDISH

OPEN EVENING

**HIGHLIGHTING OUR EYES PROVISION
FOR 2 YEAR OLDS AND NURSERY AGES
3 TO 4 YEARS**

PRESENTATIONS AT 4PM AND 5PM,
FOLLOWED BY GUIDED TOURS

**THURSDAY 21ST
MAY 2026
CAVENDISH
COMMUNITY
PRIMARY
SCHOOL**

EXPRESS YOUR INTEREST TODAY 01614451815
ADMISSIONS@CAVENDISH.MANCHESTER.SCH.UK



Come and join us in the parade from St Catherine's Primary to Didsbury Park.

This year's theme is 'The Wild Wonders – A Celebration of the Animal Kingdom'

and our entry is...

Jungle Jamboree!

We look forward to the children embracing the theme and dressing up.

More information to follow including a PTA Crafternoon session.





BRILLIANT CITIZENS



In this section of the newsletter we hear all about how the children are being **BRILLIANT** citizens!

Reva has been training at Gymfinity since the age of 4, and her dedication and hard work have truly paid off. She recently competed in the Gymfinity Carnival competition held at Robin Park Leisure Centre in Wigan, where she delivered an outstanding performance. She won gold medals in both the vault and floor events, and to top it off, achieved the highest overall score in the competition, earning the all-around gold medal—an incredible accomplishment! Reva has also been offered a place in the Acro Developmental Squad. Proud Parent Message...

We are incredibly proud of her commitment, perseverance, and passion, and are thrilled to share this special milestone with the school community. We would also like to extend our sincere thanks to the Cavendish teachers for their continued support and for helping build her confidence along the way.



We love to hear about how our children are achieving and making a difference outside of school. If you would like to share your news in the Cavendish newsletter, please let us know what you have been up to by emailing the school office...

office@cavendish.manchester.sch.uk



Coffee Morning on Friday 22nd May

Come along on Friday 22nd May to the Annexe Building for a coffee morning from 9am-10am. It's a great chance to meet other parents and carers and be part of the Cavendish community.

Sign in at the school office after drop-off.

See you there!

Friday 22nd May

COFFEE
Morning



9am-10am (Annexe Building)
Sign in at the school office - everybody is welcome!

Community Cavendish

BIG BURNAGE Parade

Call Out for Volunteers

11am-5pm Sunday 5th July

Would you like to get involved in the Big Burnage Parade?

We need some help!

Stewarding

Handing out and collecting in artworks

Helping with parading people and puppets

Decorating the park

Keeping the park lovely

email bigburnageparade@gmail.com for info





GROWING BRILLIANTLY

Silence The Grump: Helping Kids Reframe Their Inner Critic

THE CORE CONCEPT: COGNITIVE DEFUSION

MOVE FROM "BEING" TO "OBSERVING"

Instead of the child identifying as the thought for example, "I am a failure", they learn to say, "I notice Mr. Grump is telling me that I failed."



REDUCE THE EMOTIONAL "STING"

Creating this space from the thought helps the child stay calm when they feel frustrated or "not good enough." It keeps the mean voice from taking over their whole mood.



3 TOOLS TO REFRAME THE THOUGHT

Wait for the calm: Logic only works once the "storm" has passed and their brain feels safe.



NAME & SPOT THE VOICE

Help the child give the unhelpful voice a name (like 'The Grump') so they can spot it when it talks. This voice is just an overprotective part of their brain trying to keep them safe.



FACT-CHECK THE THOUGHT

When the child makes a broad claim like "I'm bad at math," help them look for some "Evidence For," and then focus on "Evidence Against" that specific thought.



USE THE "BEST FRIEND" FILTER

Ask the child what they would say to a best friend in the same situation. This helps them access their natural empathy for themselves.

HOW TO GUIDE THE CONVERSATION



VALIDATE THEN REFRAME

Before moving to the "Fact-Check," acknowledge the emotion. "I can see you're feeling really frustrated. It's okay to feel that way. Let's see what 'Mr. Grump' is telling you about it..."



ADJUST THE VOLUME

Remind them that we don't have to wait for the thought to disappear to move forward: "We don't need Mr. Grump to leave, let's just turn his volume down to a 2 so we can keep practicing."



KEEPING SAFE & BEING HAPPY

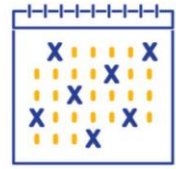
Next week, children in Year 5 & 6 will learn all about the importance of railway safety. Are you aware of the facts...

Kids and Railroad Safety

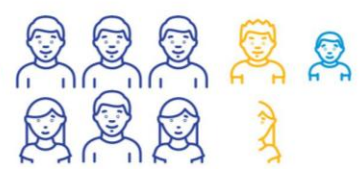


The Facts

A child dies every 5 days as a result of being struck by a train. (Ages 0-19)



Teens ages 15-19 are at greatest risk of being injured or killed — nearly 4 times greater than kids ages 10-14, and nearly 6 times greater than kids ages 5-9.



Boys are nearly 3 times as likely as girls to be fatally struck by a train.



More children are getting hurt in the hours immediately following school dismissal and after school activities.

Despite the Facts

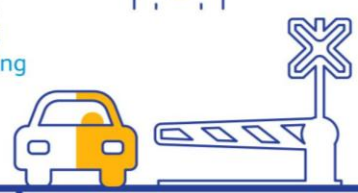
71% of parents were not concerned about their teen being hit by a train.



7 in 10 parents did not recognize "walking on, near, or along train tracks" as trespassing.



Half of parents admit to taking risks around railroads, such as walking along train tracks and driving around gates.



Less than half of parents (47%) have had a conversation with their children about rail safety.



ReTrain Your Brain

- Only cross train tracks at a designated crossing.
- If lights are flashing or the gate is down at a railroad crossing, wait for the train to pass completely, for the gates to lift and for the lights to stop flashing before crossing the tracks.
- Allow enough space for your vehicle to completely clear the entire railroad crossing, not just the tracks, before you attempt to cross.
- If you are using a cell phone, headphones or a game, remember: Heads Up, Devices Down when you cross the tracks.
- Don't be tempted to walk along the train tracks. It might be a shortcut, but it is dangerous.



SAFE KIDS WORLDWIDE.