



Creating **BRILLIANT** Citizens

7th November 2025

Welcome back after the half term break. This week, we have focused on fire safety in assemblies and the children have also been allocated their jobs for the upcoming Take Over Day!

We hope to see lots of you at the PTA Bonfire Event this evening!



Diary Dates

Coming up this half term...

12th & 13th Nov: Parents' Evening

14th Nov: Children's Take Over Day!

24th Nov: Individual School Photos

24th Nov: Reception Come & Play

24th – 28th Nov: Book Fair
(Rhodes Hall)

24th -28th Nov: Equality Week

11th Dec: Y4 trip to Chester

12th Dec: PTA Christmas Event

Attendance Matters

Last week's whole school attendance was 95.8%

Class winners were...

Nursery & Reception

Caterpillars - 95.4%

Y1&2 2CC - 98.3%

Y3&4 4MD - 98.4%

Y5&6 5LM - 98.1%



Cavendish Values

This half term we will be focusing on our value of **EQUALITY**.

Our **GOLDEN** values statement on **EQUALITY**: we treat everyone fairly, acknowledge and celebrate our differences and stand up for what is right.

RESPECT EQUALITY POSITIVITY
RESPONSIBILITY KINDNESS COURAGE



Fond Farewell

Next week, we say a sad goodbye to Mrs Turner. After 33 years at Cavendish, Mrs Turner is moving onto a new job. She is going back to her roots, working with the youngest children again at a school in Wilmslow. Mrs Turner is going to be very much missed. She is full of fun and energy and we all love her positivity and creativity so much. She is also an absolute encyclopaedia of great songs and games. Mrs Turner's last day is Wednesday 12th November. We know that so many families over the years have appreciated her hard work and her funny stories. Mrs Turner will be in the Rhodes Building Hall after school on Wednesday and she would love to say a more personal goodbye to any current families or families from the past who may want to pop in to say a more goodbye and good luck to her. Mrs Turner has been a BRILLIANT member of the Cavendish staff team. We wish you every success in the future Mrs Turner! Thank you xxx

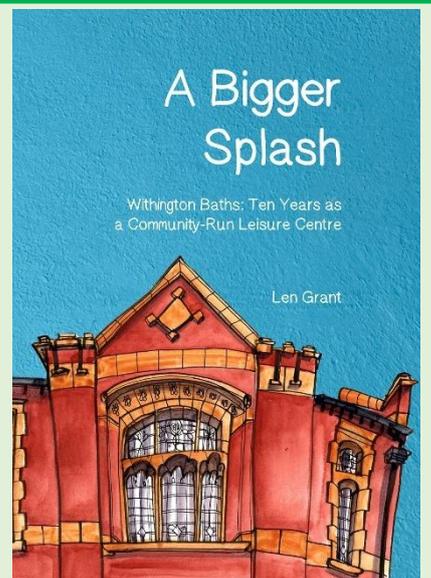


Community Cavendish

[Local artist Len Grant book launch](#)

[Withington Baths book launch: you're invited](#)

Last year, local artist Len Grant used photos of our BRILLIANT children as part of inspiration for his upcoming book *A Bigger Splash*. Our children enjoy the wonderful baths as parts of their learning, where they have their swimming lessons. The book is out soon and there is a launch event at Withington Baths on Saturday 22nd Nov. www.lengrant.co.uk





PLAY LEADERS

Children in Year 6 have been given jobs on our new Playleader team. Here they are being BRILLIANT in their play leadership training that they have taken part in. They were all great and showed our values of COURAGE and RESPECT. They are very excited to begin their roles at lunchtimes across the Y3&4 and Y5&6 playgrounds.



24

HEALTH,
WATER, FOOD,
ENVIRONMENT

31

REST, PLAY,
CULTURE, ARTS



SCHOLASTIC TRAVELLING BOOKS

Come to our

BOOK FAIR

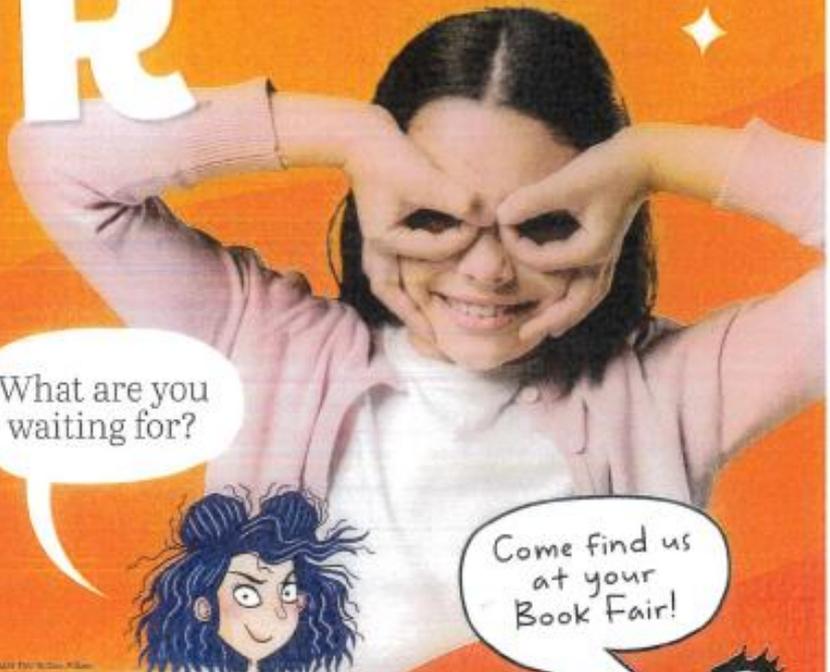
FREE BOOKS

for your school
when you buy at
the Book Fair!

A pop-up book-store
with hundreds of
books from
JUST £2.99



What are you waiting for?



Come find us
at your
Book Fair!



TIME: 3:30pm

DATE: Monday 24th November
to Thursday 27th November

LOCATION:
Rhodes Hall

Find these
characters and
EVEN MORE
BOOKS online





Reminder!

Break-time snack reminder:

This is just a gentle reminder that the children's break-time snacks must be fruit or veg only please. We want their snacks to give them a boost of energy and fill them with goodness before returning to class to continue their learning until lunchtime!

Please also consider any snacks that are provided for after school clubs to ensure they will also give your child a boost of energy for their club, and check that they are nut free.



What should be in a healthy lunchbox?

Is there food from each of these groups in your child's lunch box?



A portion of starchy carbohydrates



Chapati



Pasta



Bread



Potato



Pitta bread

Choose wholegrain options where possible.



A portion of a food high in protein



Houmous



Tuna



Cream Cheese



Lentils



Eggs



Chicken or turkey

Choose to eat more beans and pulses.



Two portions of fruit and/or vegetables



Mango



Pear



Orange



Cucumber



Carrot



Apple



Tomato



Portion size



A portion of dairy or alternatives



Lower Fat and Low sugar yogurt



Lower Fat Cheese



FREEZE A BOTTLE OF WATER TO ACT AS AN ICE PACK TO KEEP THE PACK LUNCH COOL.



Scan me to find healthy Lunchbox ideas



Water or lower fat milk



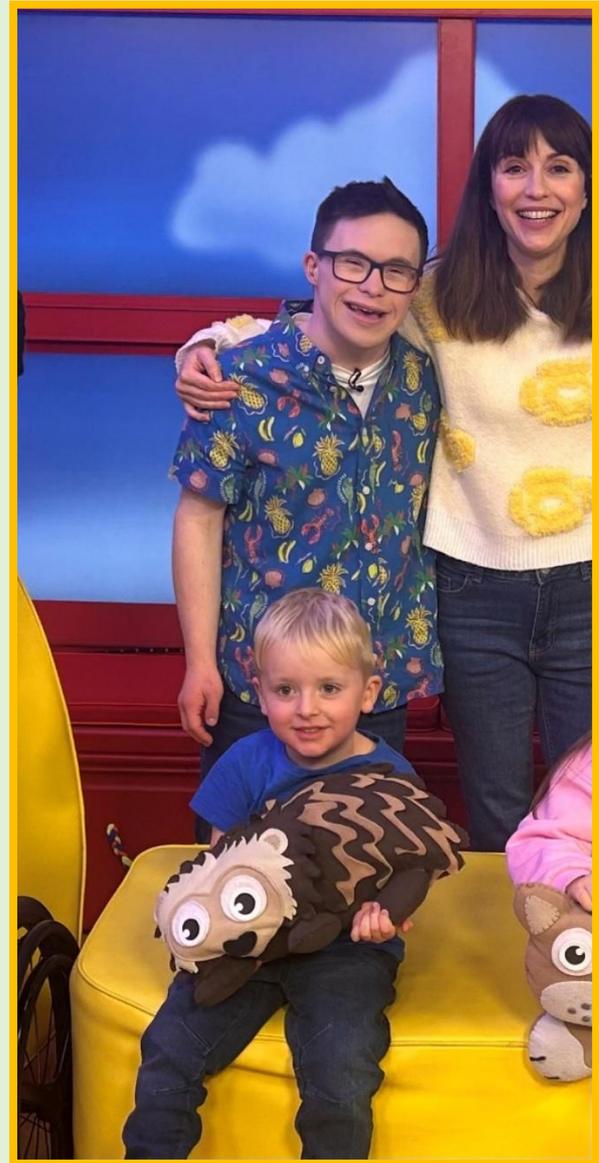


BRILLIANT CITIZENS

In this section of the newsletter we hear all about how the children are being **BRILLIANT** citizens!



Archie has been filming in the CBeebies house at Media City. He was so friendly to the two other children he was filming with and had great fun filming with George and Rebecca the CBeebies presenters! We are so proud of Archie. Well done for showing courage and being a super star!



We love to hear about how our children are achieving and making a difference outside of school. If you would like to share your news in the Cavendish newsletter, please let us know what you have been up to by emailing the school office... office@cavendish.manchester.sch.uk



What can you do that is NEW this November?

New Ways November 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 3 Get outside and observe the changes in nature around you	 4 Sign up to join a new course, activity or online community	 5 Change your normal routine today and notice how you feel	 6 Try out a new way of being physically active	 7 Be creative. Cook, draw, write, paint, make or inspire	1 Make a list of new things you want to do this month	2 Respond to a difficult situation in a different way
10 Be curious. Learn about a new topic or an inspiring idea	11 Choose a different route and see what you notice on the way	12 Find out something new about someone you care about	13 Do something playful outdoors - walk, run, explore, relax	14 Find a new way to help or support a cause you care about	15 Build on new ideas by thinking "Yes, and what if..."	16 Look at life through someone else's eyes and see their perspective
17 Try a new way to practice self-care and be kind to yourself	18 Connect with someone from a different generation	19 Broaden your perspective: read a different paper, magazine or site	20 Make a meal using a recipe or ingredient you've not tried before	21 Learn a new skill from a friend or share one of yours with them	22 Find a new way to tell someone you appreciate them	23 Set aside a regular time to pursue an activity you love
 24 Share with a friend something helpful you learned recently	25 Use one of your strengths in a new or creative way	26 Try out a different radio station or new TV show	27 Join a friend doing their hobby and find out why they love it	28 Discover your artistic side. Design a friendly greeting card	29 Enjoy new music today. Play, sing, dance or listen	30 Look for new reasons to be hopeful, even in tough times

ACTION FOR HAPPINESS

Happier · Kinder · Together



Check out all of the Action for Happiness calendars at

<https://actionforhappiness.org/>

**Let's take action to be
Happier and
Kinder,
Together**



GROWING BRILLIANTLY



Best Start in Life -supporting families every step of the way.

Calling all parents and carers -Best Start in Life is here to help you and your child thrive, from pregnancy through to starting school.

Being a parent brings incredible moments of joy alongside natural worries and questions.

Whether you're expecting your first baby, understanding your child's early health, navigating their first day in childcare, or preparing for school, the Best Start in Life website brings together a range of trusted information and support in one easy-to-access place.

Pregnancy Baby Toddler Childcare and Early Years Education School readiness Childcare support checker

- How to access support
 - Explore the Best Start in Life website for resources and information
 - Sign up for Best Start in Life emails & newsletter or regular updates & guidance
 - Check a breakfast clubs map to see if your child's school offers free breakfast club
 - Find out how you can save money on early education and childcare with the online childcare checker

The Best Start in Life parent hub

From pregnancy to childcare right through to starting school, get advice and support for your child's development.

Search by keyword (e.g. pregnancy, breastfeeding, childcare)

For parents' questions, BIG & small.



What childcare support is available?

Who can I ask for help with breast-feeding?

Can I dye my hair if I'm pregnant?

Follow @DfE and @DHSCgovuk on social media for news and tips
Don't Miss Out!

Visit www.beststartinlife.gov.uk today! We're here to support you every step of the way.



KEEPING SAFE & BEING HAPPY

What Parents & Educators Need to Know about GROUP CHATS

WHAT ARE THE RISKS?

On messaging apps, social media and online games, group chats are one of the most popular ways that children connect. Group chats allow messages, images and videos to be shared in one place and help friendships flourish; however, they also come with a number of risks.

TEASING AND BULLYING

Children of all ages are keen to fit in socially, and group chats can sometimes complicate that process. While group chats can foster connection, they can also give way to mean comments or jokes at someone's expense, especially when others join in for laughs. When bullying happens publicly, in front of friends and classmates, it can intensify the emotional impact – adding to embarrassment, anxiety and feelings of isolation for the child being targeted.

UNKNOWN MEMBERS

Children often can't control who is added to a group, which can lead to privacy concerns. Sharing personal details in group chats can be dangerous, and children have no control over what others do with the material they send. Some members of the chat might even decide to use such information maliciously.

PEER PRESSURE

Children may feel they have to constantly stay engaged just to be included and keep up with the conversation. In some cases, they might partake in inappropriate behaviours – like sharing explicit photos, jokes or teasing – just to fit in. Group settings can also encourage children to act in ways they normally wouldn't, or stay silent when they know something is wrong, out of fear of being excluded. Some children may find it difficult to leave toxic group chats.

INAPPROPRIATE CONTENT

Some group chats may include inappropriate language or imagery. Even if a child isn't actively participating in the conversation, they may still be exposed to this content simply by being part of the group. Some apps have disappearing messaging features, where content is only available once or for a few seconds, which makes it harder for children to report something they've seen.

EXCLUSION AND ISOLATION

Exclusion in group chats is common and can take several forms. Sometimes a new group is created specifically to leave one child out on purpose. In other cases, the chat may happen on an app that a child doesn't have access to, making it impossible for them to join in. This can cause feelings of being left out – even unintentionally.

VIDEO AND LIVE CHATS

Many popular apps allow children to engage in live streaming with interactive chats or have group video chats. Anyone can be added to these streams, and often children tag peers in the comments and have conversations which are unmoderated. There's a risk of being exposed to inappropriate or violent content and offensive language, either in the group videos or via the group chats.

Advice for Parents & Educators

CONSIDER OTHERS' FEELINGS

Group chats can become an arena for children to compete for social status. Help children consider how people might feel if they behave unkindly. If a child does upset someone, encourage them to reach out, show empathy and apologise for their mistake.

SET SOME GROUP CHAT RULES

Discuss safe group chat practices, such as asking a peer for consent before adding them to a group chat, or leaving a group chat if a stranger is added. Tell children that if they're added to a group they didn't agree to beforehand, it's OK for them to leave immediately.

BLOCK, REPORT AND LEAVE

If a child encounters inappropriate content or feels uncomfortable in a group chat, encourage them to block and report the sender and leave the group. Make sure children know it's OK to leave a group chat if they feel uncomfortable or unsafe.

SUPPORT, NOT JUDGEMENT

Group chats are an excellent way for children to connect and feel like they belong. However, remind them that they can confide in you if they feel bullied or excluded, instead of responding to the person who's upset them. Validate their feelings and empower them by discussing how they'd like to handle the situation. You can also encourage children to speak up if they witness others being bullied.

PRACTISE SAFE SHARING

It's vital for children to be aware of what they're sharing and who might potentially see it. Ensure they understand the importance of not revealing personal details – like their address, their school, or photos they wouldn't like to be seen widely. Remind them that once something is shared in a group, they can't be certain where it might end up or how it might be used.

SILENCE NOTIFICATIONS

Being bombarded with notifications from a group chat can be an irritating distraction – especially if it's happening late in the evening. Explain to children that they can still be part of a group chat while disabling notifications. In fact, it would be healthier for them to do so, helping them avoid the pressure to respond immediately.