PSHE

Why is PSHE important?

PSHE teaches us how to make informed choices and be enterprising and ambitious.

Through PSHE education, we focus on achieving our potential by supporting our wellbeing and tackling issues that can affect our ability to learn, such as anxiety and unhealthy relationships.

In PSHE, we learn the importance of a healthy lifestyle and positive relationships.

When is PSHE taught?

PSHE is taught both discretely and through thematic units, using both Pol-Ed and Dimensions Curriculum. The attached overview (Appendix 1) maps out coverage for each Dimensions grouping, using interweaving both Pol-Ed and Dimensions resources to achieve complete coverage.

How is PSHE taught?

PSHE is taught through a combination of subject knowledge and skill building. Learning takes place both inside and outside the classroom.

What do we learn in PSHE?

We have four key areas in PSHE. These are:

- Keeping Safe
- Understanding the Law
- Wellbeing
- Relationships.

Under these four key areas we learn about:-

- Physical, emotional and mental health
- Healthy lifestyles – hygiene, nutrition and food, exercise
- Aspirations
- Changing and growing
- Emotions
- Keeping Safe – road, water, online
- First Aid
- Similarities and differences
- Healthy relationships
- Discrimination
- Communication

- Collaboration
- Bullying
- Fairness
- Family and friends
- Rules and responsibilities
- Communities
- Puberty
- Sex and Relationships
- Money and finance
- Diversity
- Enterprise

How do we assess and monitor PSHE?

Teachers assess pupils' skills and knowledge in PSHE, using both formative and summative assessment. At the end of each thematic unit, children are assessed in PSHE as working towards year group expectations (W), meeting year group expectations (E), or exceeding year group expectations (X). Teachers use subject specific criteria from the National Curriculum Programmes of Study to assess pupils' knowledge, skills and understanding within PSHE.

Summative Assessment data is updated termly and made available to the PSHE Subject Leader at regular points throughout the year. The Subject Leader uses this to monitor attainment and progress in PSHE for the whole school.

Subject leaders monitor their subject throughout the year using a range of evidence including pupil and teacher voice, learning walks, learning environments and book scrutiny. Subject leaders also complete a 'Deep Dive' into their subject each year, to monitor pupil progress and teaching and learning within PSHE.