

Ways to help your child at home

Here are a few but please ask your child's teacher for more ideas

- Read with your child at home for pleasure as well as with their reading book. Join and visit your local library for free.
- Have a weekly family 'games night' - Dominoes, Junior Scrabble, Card games, Connect 4 etc for Maths and spelling skills
- Involve your child with jobs around the house -baking, cooking, shopping, meal planning are all ways to build your child's confidence and independence skills as well as their language and problem solving skills
- Explore your child's interests and link these to learning opportunities.
- Practise spelling and times tables in a fun, multi-sensory way. For examples of this ask your child's class teacher.
- Praise your child's achievement and build their self confidence.
- Write for a purpose at home maybe start a daily diary.
- Join in creative and craft activities with your child. Turn off devices to avoid distractions

Local Support Services for SEND

ADDvanced Solutions -Advice and Support for parents of children with Neurodevelopmental conditions or those undergoing assessment

IASS -Support for parents/carers of SEND children

Incredible Years/Triple P -Courses for parents who are having problems with their child's behaviour at home.

Carers Centre Support for parents of children with SEN and also support for children and siblings if appropriate.

CAMHS (Child and Adolescent Mental Health Service) -Support for children experiencing Mental Health difficulties

Health Visitor team -Support and advice for families of 0-3 year olds

Speech and Language Therapy Service - This has an open referral system for children with Speech, Language and Communication difficulties

School Nursing Team -Health and lifestyle support and advice for children of Primary age children

All contact and referral details can be found on the St.Helens Local Offer website.

Graduated Response Parents Leaflet



Sutton Oak CE
Primary School

The Graduated Response.

A step by step approach

Do you have a concern about your child?	
Learning concerns	Social, Emotional or Mental Health concerns
Step 1. Speak to your child's class teacher, They know your child best and will already be aware if they are struggling with any aspects of learning. You may be advised on some ways to help your child at home	Step 1. Speak to your child's class teacher, They know your child best and will already be aware if they are struggling with any aspects of emotional regulation. You may be advised on some ways to help your child at home and signposted to local support services (Local Offer) Look into Zones of Regulation which is part of our SEMH offer
Step 2. Take time for the ideas suggested by the class teacher to be put into place and reviewed. Your child will be added to the SENDCO'S Monitoring register and monitored for 1-2 terms.	Step 2. Take time for the ideas suggested by the class teacher to be put into place and reviewed. Attend any courses that may help. Your child will be added to the SENDCO'S Monitoring register and monitored for 1-2 terms.
Step 3. If after 2 terms of additional support, there are still concerns about academic progress your child, your child will be added to the SEND register and will receive appropriate support. You will be notified by your child's class teacher if this is the case.	Step 3. If the above steps have been followed and your child is still struggling then at this point the Pastoral Team and/or may become involved. If SEMH concerns are affecting your child's learning, they will be added to the SEND register and will receive appropriate support.
Step 4. Some children will require further additional support from specialist agencies according to their needs. You will be asked to give your consent for these outside agencies to become involved and there may be programmes of support provided for school and home..	Step 4. Some children will require further additional support from specialist agencies such as TESSA Behaviour, CAMHS or Barnardos, according to their needs. You will be asked to give your consent for these outside agencies to become involved and there may be programmes of support provided for school and home..
Step 5. A small number of children will need a higher level of support to help them to make academic progress. This is usually through an Education, Health and Care Plan.	Step 5. A small number of children will need a higher level of support to help them to make academic progress, as complex SEMH needs can be a real barrier to learning. This is usually through an Education, Health and Care Plan.

