

Friday 7th November 2025

JUNIOR PARKRUN – Sunday 30th November

Dear Parents & Carers,

We have teamed up with 'junior parkrun' to become a parkrun primary school! Mr Harrison and visitors from Millhouses junior parkrun will speak to the children in assembly about junior parkrun soon, discussing the benefits in taking part and got everyone involved in some fun practical activities.

junior parkrun is a free, community event where you can walk, jog, run, volunteer or spectate. junior parkrun is 2k, dedicated to 4-14 year olds and their families and friends of all ages, every Sunday morning at 9am with a really fun warm up just before. It is positive, welcoming and inclusive, there is no time limit and no one finishes last. Everyone is welcome to come along!

Excitingly, we are encouraging all students, teachers and families connected to our school to come along together to Millhouses junior parkrun on **Sunday 30th November at 8:45am**. It will be an amazing experience to walk, jog, run or volunteer with so many friends at junior parkrun.

parkrun tallies up how many times your child has attended and they receive a wristband when they hit milestones! You can register for parkrun for free here - www.parkrun.org.uk/register/

We hope to see as many of you as possible on **Sunday 30th November at 8:45am** in Millhouses Park. If you can't attend on the week that Dobcroft are visiting together, junior parkrun happens every Sunday so you can visit on any Sunday you are available.

Yours sincerely,

Paul Harrison & the Millhouses junior parkrun team

Assistant Headteacher

