

Friends
Fr2
Fr3

Healthy
online
friendships

Year: 4



Dobcroft Values

Together we are kind

Together we embrace difference



British Values:

Tolerance and Liberty

Rule of Law

Recommended Reading:

MADE BY RAFFI: Craig Pomranz

Key questions:

Are all friends the same?

Are friendships always fun?

What does unkind behaviour on line look like and how do we get help?



Red Flag Moments:

I or someone I know excludes someone else because of their religion, gender, how they look or their interests (or another protected characteristic)

I or someone I know has a friend that makes them sad /angry / frustrated most of the time.

Previous Learning
Year 3

Key question:

What makes a good friend?

Key vocab:

Safe, trust, respect, honesty, kindness, interests, support, problems, welcome

How do I keep my on-line information safe?



friendship green flags

Sara Kuburic, CCG, emilientherapist

- They are open to receiving feedback
- They are honest
- Their words and actions align
- They apologise when they are wrong
- They support your growth
- They check-in on you
- They communicate how they feel
- They set, honor, and respect boundaries
- They strive to understand you (even if they don't agree with you)
- They are intentional about resolving conflict
- They accept you for who you are
- They respect your interests
- They can make you laugh
- They speak about their other friends with respect
- They feel like a safe person to share your insecurities and fears with
- They show you that they care about you (words, actions, gifts, etc.).

Bullying	seek to harm, intimidate, or coerce
Discrimination	the unjust or prejudicial treatment of different categories of people, especially on the grounds of ethnicity, age, sex, or disability
Gender	the male sex or the female sex, especially when considered with reference to social and cultural differences rather than biological ones
Boundary	marks a limit
pleasant emotions	emotions that we typically find pleasurable to feel
unpleasant emotions	any feeling which causes someone to be miserable and sad
Perfect	complete and right in every way; having nothing wrong
Compromise	an agreement or settlement of a dispute that is reached by each side making concessions
Protected Characteristic	Characteristics protected by the law under the Equality Act 2010.

Strong password,
monitor,

Can I safely share
my information
on-line?

private

DIFFERENT TYPES OF CYBERBULLYING



Use of the internet, a smartphone, or other technology to harass, threaten, embarrass, or target another person.



HARASSMENT

When a bully sends offensive and malicious messages to an individual or group.



OUTING

A bully shares personal and private information, pictures or video about someone publicly.



FLAMING

Similar to harassment, it refers to an online fight exchanged via emails, instant messaging or chat rooms.



EXCLUSION

Intentionally singling out and leaving a person out of an online group such as chats and sites. The group then subsequently leaves malicious comments and harasses the person singled out.



MASQUERADING

A bully creates a fake identity to harass someone anonymously. In addition to creating a fake identity, the bully impersonates someone else and sends malicious messages to the victim.

These include age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex, and sexual orientation.

Cyber bullying

when someone uses the internet or electronic devices to intentionally hurt, threaten, or embarrass another person

