



#### Slide 1:

This power-point is part of PDVI's 'The Lookout' project education.



#### Slide 2:

Introduce yourself, giving a little background to who you are and your role. Share what your goal is in speaking to them today.



#### Slide 3:

Give the child a few minutes to think of an answer. Then guide them through some other words they could use to describe being frightened, discussing examples for each one if needed.



#### Slide 4:

After clicking the question, give time for the child to respond. If they are struggling, prompt them with the first one or two. At the end, give time to discuss any other things that they may find distressing.

Open up a short discussion about other feelings they may experience from witnessing DV. (The next few slides will talk more about feelings.)



#### Slide 5:

Set 2 minute timer and take suggestions.



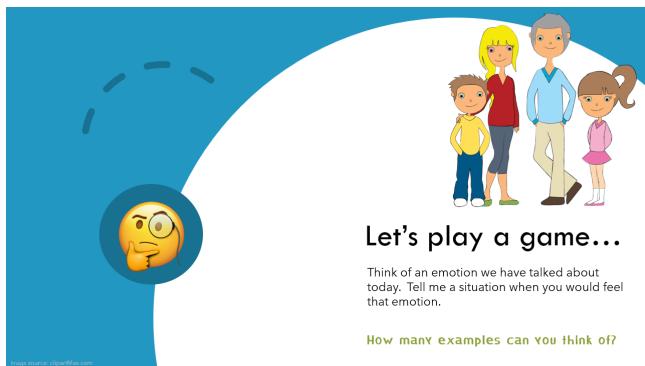
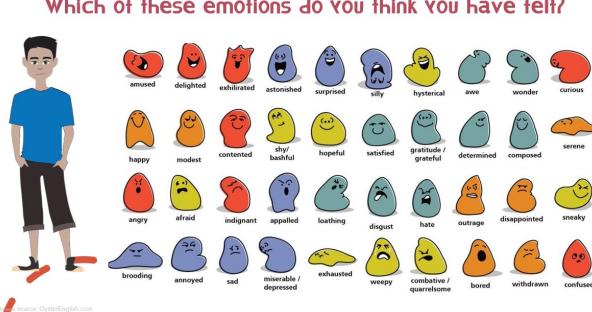
## Feelings

Everyone feels these emotions.

It is important that when we feel negative emotions that you do something about it.

**There are lots of people around you that you could talk to and ask for help when you feel any of the feelings we have looked at already.**

What other feelings can you think of?

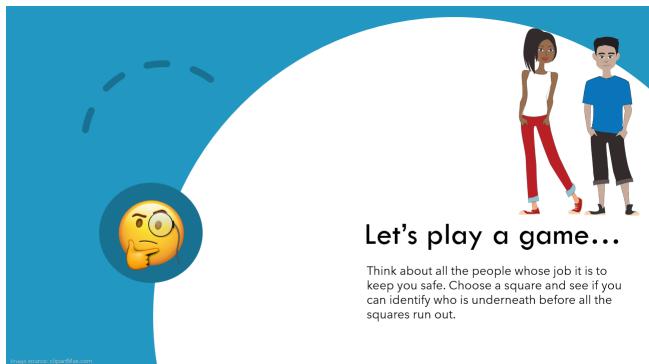


## What you can do...

- Talk to a trusted adult such as a parent, teacher or trusted family member (who is over 18)
- Childline/NSPCC
- A friend (who is over 18)
- Talk to a member of 'The Lookout'



If you feel any of those unpleasant feelings, what should you do?



## Slide 6:

Click through and then pause at the question.

Other emotions could be: Confused/confusion, worthless, low opinion of self.

## Slide 7:

Pause on this slide to allow time for the child to recognise any emotions they may be familiar with.

## Slide 8:

Have a **quick fire game**, taking time to explore why the child has felt the emotions they share. This gives opportunity for them to start identifying their feelings and associated experiences. **This would be a good point to address any uneasy feelings they may experience; giving them permission to acknowledge their feelings and what may have caused them.**

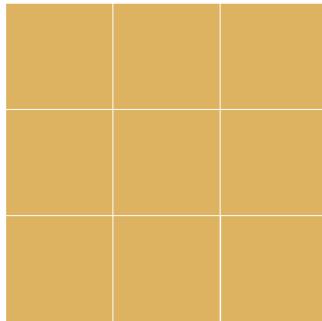
## Slide 9:

Give time to discuss the answer to the question before clicking through possible solutions.

## Slide 10:

There are several job roles; you can go through them all or just skip to the roles you want to focus on by clicking anywhere other than the squares to move on to the next slide .

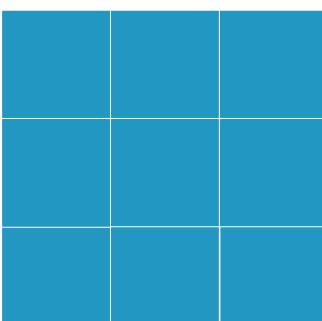
**Order of roles: Fireman, Police officer, Lollipop man/woman, Parents/guardians, Doctor**



**Can you guess which one of the people who keep us safe is hiding behind the squares?**

Pick a square to reveal who is underneath.

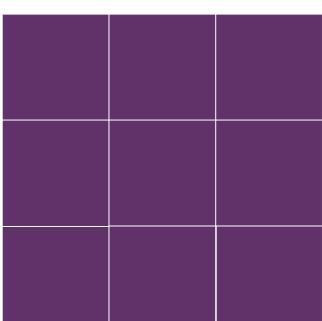
**In what ways do they keep you safe?**



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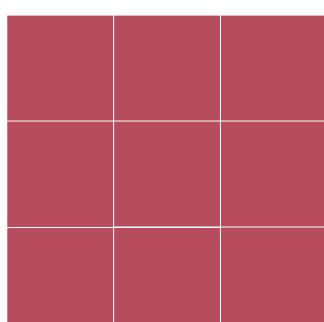
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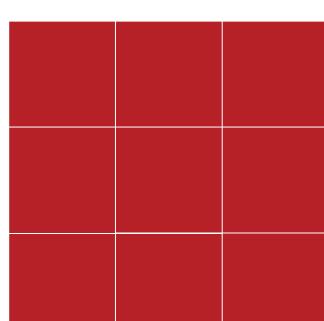
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**In what ways do they keep you safe?**



**Can you guess which one of the people who keep us safe is hiding behind the squares?**

Pick a square to reveal who is underneath.

**In what ways do they keep you safe?**

**Slide 11:**

**Fireman**

Click on a square to reveal the image underneath. There are 'clues' under the three squares on the right hand side of the screen.

**Slide 12:**

**Police officer**

Click on a square to reveal the image underneath. There are 'clues' under the three squares on the right hand side of the screen.

You may want to emphasise how the police (as well as community support officers) are helpful, dispelling misconceptions the child may have.

**Slide 13:**

**Lollipop man/woman**

Click on a square to reveal the image underneath. There are 'clues' under the three squares on the right hand side of the screen.

**Slide 14:**

**Parents/Guardians**

Click on a square to reveal the image underneath. There are 'clues' under the three squares on the right hand side of the screen.

**Slide 15:**

**Doctor**

Click on a square to reveal the image underneath. There are 'clues' under the three squares on the right hand side of the screen.



We have looked at a few people who can help keep you safe...

Who else can help keep you safe?



## Remember...

**Not all secrets are safe to keep!**

You have people around you who want you to be safe and happy now and in the future.



## Remember...

**Not all secrets are safe to keep!**

If you are affected by any of the things we have talked about today you can speak to a member of 'The Lookout' team.



## Slide 16:

This is an opportunity for the child to think of anyone else they have in their life to help keep them safe (teachers/trusted adult family members/trusted neighbour etc). It could be an opportunity to discuss your role with them too.

## Slide 17 (a):

Emphasise the importance of speaking out and staying safe. There are many people all around them who want them to be safe.

## Slide 17 (b):

Emphasise the role of The Lookout and how to contact them.