

Clap hands for key workers on Thursday. Can he tap his hands on his head, his tummy, his knees, his shoulders? Make up a song as you play emphasising the names of the parts of the body he is tapping

Collect different textures and weights for him to **feel and explore**. Perhaps a sibling could find things from around the house

Play **finger rhymes** together:

- Tommy Thumb where are you
- Round and round the Garden
- Open shut them
- Wind the bobbin up

Show me 1 finger. Can he show you his thumb, do thumbs up?

Celebrate with high 5 or a high ten or pumping fists in the air. Can he copy your actions?

Find the the **story** of “Mr Zigger and Mr Zagger” on you tube. Tell it to him using your hands

Draw a face on yours and his fingertips, make your fingers talk and dance like **puppets**



HANDS

Give him a hand **massage** with hand cream; count his fingers as you do it

Paint his nails. Show him two colours and let him choose which one he likes best

Draw around his hand in chalk outside or with a crayon on paper. **Name** each finger, Tommy Thumb, Peter Pointer, Toby Tall, Ruby Ring, Baby Small

Make handprints: in paint on paper or in water on the pavement

Washing hands

UNCRC Article 24 Every child has the right to good health

Get a small bowl of water, sprinkle black pepper in it, then ask your child to put his finger in the water, the pepper will stick to his finger. Now put a drop of soap on his finger and get him to put his finger in the bowl, watch what happens.

Watch a video on how to wash your hands.

Can he dry his hands by himself and put the towel back or a piece of kitchen roll in the bin?