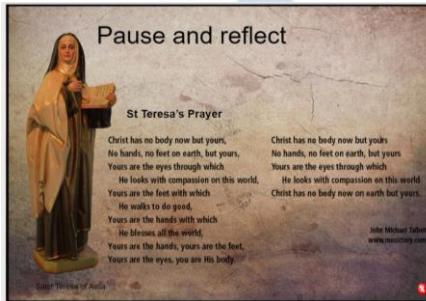


# RSHE KNOWLEDGE ORGANISER – A JOURNEY IN LOVE

Year:	5	Aim	To show a knowledge and understanding of how we grow in awareness of the physical and emotional changes that accompany puberty, sensitivity, mood swings, anger, boredom etc., and grow further in God's presence in our daily lives.
Strand	Spiritual	Learning intention	To celebrate the joy of growing physically and spiritually.

What should I already know?	What will I learn?
The physical and emotional changes that occur during puberty.	What it means to grow holistically; physically, socially, emotionally, intellectually and spiritually. The ways and means we can ensure that each aspect happens healthily. What difficulties you might face as your body changes and grows. That God's love surrounds you always and his Holy Spirit guides and protects you. How you can be respectful of your own body and courageous in the face of changes.

Key words I will need to understand:		Key skills I will need to use:	Songs I will hear during reflection time:
holistic	Related to the whole person, not just one aspect		
respect	Interacting with a person or someone in a way that shows you care about their well-being.		
sensitivity	An awareness and understanding of the feelings of others.		
courageous	To act with courage and bravery.		
respectful	To show respect for someone or something.	   	 SCAN ME

Scripture and prayers that we will use:	Images I may see:
	<p>The Christian family is missionary: it announces the love of God to the world. The most beautiful thing God made, so the Bible tells us, was the family.</p> <p>He created man and woman and He gave them everything.</p> <p>He entrusted the world to them: 'Grow, multiply, cultivate the earth, make it bear fruit, let it grow.'</p> <p>All the love he put into that marvellous creation he entrusted to a family.</p> <p>Pope Francis</p> 