



## Mr Burton

### Why I love my subject:

I am extremely passionate about my subject because it is fun, rewarding and contributes to a child's professional development and their own wellbeing.

### My subject gets us ready for life by:

PE enables all students to enjoy and succeed in many kinds of physical activity. PE helps students develop personally and socially.

### My favourite interesting fact:

PE is important for developing motor skills, building strong bodies, improving mental health and vital social skills.

### What will you learn in my subject?

In school, you will learn fundamental skills like running, jumping, throwing, catching. Also, develop agility, balance, and coordination through activities like dance, gymnastics, and team games (football, netball), and understand teamwork, healthy living, and how to improve your performance, fostering confidence and a positive attitude towards being active.

