

# ALLERGEN AWARE MENU WEEK 1

SERVED W/C

9<sup>th</sup> Nov | 30<sup>th</sup> Nov | 21<sup>st</sup> Dec | 11<sup>th</sup> Jan | 1<sup>st</sup> Feb  
22<sup>nd</sup> Feb | 15<sup>th</sup> Mar | 5<sup>th</sup> Apr

**Hutchison**



| Monday                                                |  |  |  |  | Tuesday                                              |  |  |  |  | Wednesday                                      |  |  |  |  | Thursday                        |  |  |  |  | Friday                                     |  |  |  |  |
|-------------------------------------------------------|--|--|--|--|------------------------------------------------------|--|--|--|--|------------------------------------------------|--|--|--|--|---------------------------------|--|--|--|--|--------------------------------------------|--|--|--|--|
| Main Meal                                             |  |  |  |  | Main Meal                                            |  |  |  |  | Main Meal                                      |  |  |  |  | Main Meal                       |  |  |  |  | Main Meal                                  |  |  |  |  |
| OPTION 1                                              |  |  |  |  | OPTION 1                                             |  |  |  |  | OPTION 1                                       |  |  |  |  | OPTION 1                        |  |  |  |  | OPTION 1                                   |  |  |  |  |
| Fajita roasted vegetable pizza with oven baked wedges |  |  |  |  | Cheesy bean pasta bake (may contain soya)            |  |  |  |  | Vegetable sausages with roast potatoes & gravy |  |  |  |  | 5 bean chilli with Mexican rice |  |  |  |  | Vegetable sausages, chips & tomato ketchup |  |  |  |  |
| Fajita chicken pizza with oven baked wedges           |  |  |  |  | Beef bolognaisse with penne pasta (may contain soya) |  |  |  |  | Roast gammon with roast potatoes & gravy       |  |  |  |  | Chicken wrap with Mexican rice  |  |  |  |  | Fish & chips with tomato ketchup           |  |  |  |  |
| Green beans & sweetcorn                               |  |  |  |  | Broccoli                                             |  |  |  |  | Broccoli & roasted carrot                      |  |  |  |  | Rainbow vegetables              |  |  |  |  | Baked beans                                |  |  |  |  |
| Lemon shortbread                                      |  |  |  |  | Fruit crumble                                        |  |  |  |  | Chocolate & banana brownie sponge              |  |  |  |  | Sliced fruit selection          |  |  |  |  | Chocolate shortbread                       |  |  |  |  |



Available Every Day - Crunchy colourful Salad Bar  
Jacket Potato with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise  
A choice of Fresh Fruit or Jelly

## KEY

- Vegan
- Vegetarian
- Added lentils
- 50-50 White & Wholegrain Rice
- Added Chickpeas
- Made with Pea Protein
- Nutritionist's Choice



# ALLERGEN AWARE MENU WEEK 2

SERVED W/C

16<sup>th</sup> Nov | 7<sup>th</sup> Dec | 28<sup>th</sup> Dec | 18<sup>th</sup> Jan | 8<sup>th</sup> Feb  
1<sup>st</sup> Mar | 22<sup>nd</sup> Mar

Hutchinson

Monday

Tuesday

Wednesday

Thursday

Friday

| Main Meal                                                                                                                                 |                                                 | option 1                    |                                       | option 2                                         |                                               |
|-------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------|-----------------------------|---------------------------------------|--------------------------------------------------|-----------------------------------------------|
| <div><div></div><div><div><div>2</div></div></div></div> | Cheese & tomato pizza with oven baked wedges    | Smokey BBQ pieces with rice | Veggie all day breakfast              | Cheesy cauliflower pasta bake (may contain soya) | Cheese & tomato pizza, chips & tomato ketchup |
|                                                                                                                                           | Sweet chilli salmon melt with oven baked wedges | Chicken katsu with rice     | All day breakfast, with pork sausages | Chicken & tomato pasta bake (may contain soya)   | Fish & chips with tomato ketchup              |
|                                                                                                                                           | Peas                                            | Rainbow vegetables          | Baked beans                           | Crudites and salad bar selection                 | Baked beans                                   |
|                                                                                                                                           | Chocolate brownie                               | Apple crumble               | Chocolate & orange brownie            | Watermelon wedge                                 | Fruity flapjack                               |
|                                                                                                                                           |                                                 |                             |                                       |                                                  |                                               |

Available Every Day -

Crunchy colourful Salad Bar  
Jacket Potato with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise  
A choice of Fresh Fruit or Jelly

**KEY**

Vegan

Vegetarian

Added Lentils

50-50 White & wholegrain Rice

Added Chickpeas

Made with Pea Protein

Nutritionist's Choice

# ALLERGEN AWARE MENU WEEK 3

SERVED w/c

2<sup>nd</sup> Nov | 23<sup>rd</sup> Nov | 14<sup>th</sup> Dec | 4<sup>th</sup> Jan | 25<sup>th</sup> Jan  
15<sup>th</sup> Feb | 8<sup>th</sup> Mar | 29<sup>th</sup> Mar

**Hutchison**

Monday

Tuesday

Wednesday

Thursday

Friday

## Main Meal

OPTION 1

OPTION 2

Mixed bean bolognaise  
with penne pasta  
(may contain soya)

Vegetable sausages  
with mashed potatoes & gravy

Vegetable sausages  
with roast potatoes & gravy

Cauliflower & chickpea korma  
with rice

Vegetable sausages, chips  
& tomato ketchup

Beef bolognaise  
with penne pasta  
(may contain soya)

Pork sausages  
with mashed potatoes & gravy

Roast chicken breast  
with roast potatoes & gravy

Chicken korma with rice

Fish & chips  
with tomato ketchup

Veggies

Green beans & sweetcorn

Peas & carrots

Broccoli & roasted carrots

Tomato, cucumber & carrot salad

Baked beans

Sweet Treats

Lemon shortbread

Orchard crumble

Raspberry jelly & mandarins

Chocolate & orange brownie

Sliced fruit selection

Available Every Day -

Crunchy colourful salad Bar  
Jacket Potato with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise  
A choice of Fresh Fruit or Jelly

**KEY**

Vegan

Vegetarian

Added lentils

50-50 White & Wholegrain Rice

Added Chickpeas

Made with Pea Protein

Nutritionist's Choice