



Chestnuts Menu

Autumn/Winter 25-26



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Tuna Pasta FISH ,WHEAT	Chicken Tikka Masala COCONUT MILK	Lentil Soup LENTIL	Beef Stew	Baja Spiced Chicken Strips with Cheese MILK
Option 2	Kale Pesto Pasta WHEAT	Chick Pea Curry COCONUT MILK	Vegetable Soup	Vegetable Stew	Oaxaca Style Vegetables and Beans
Vegetables	Honey Roasted Carrots	Masala Roasted Cauliflower	As Above	Sweetcorn and Peas	Fresh Mixed Peppers
Salad Bar	Mixed Italian Salad or Beetroot Salad	Mixed Salad and Coleslaw Rita EGG,MILK,MUSTARD	Mixed Salad,	Mixed Salad	Sour Cream, Cheese, Mixed Salad, Coleslaw MILK, MUSTARD, EGG
Dessert	Fresh Fruits and Yoghurt MILK	Fresh Fruit and Yoghurt MILK	Beetroot Cake and Fresh Fruit MILK	Fresh Fruit and Yoghurt EGG,MILK,WHEAT	Rice Pudding and Fresh Fruit MILK
Others	Pasta , Garlic Bread GLUTEN	Rice, Naan Bread WHEAT	Baguette WHEAT	Couscous, Slice Bread WHEAT	Tortilla Wrap GLUTEN,





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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Jacket Potatoes	Tandori Chicken and Pilau Rice	Stir Fry Noodles EGG, WHEAT	Lamb Meatballs GLUTEN, SULPHUR, DIOXIDE,	Fish and Chips WHEAT, FISH
Option 2	Cheese MILK	Vegetable Curry	Special Fried Rice WHEAT	Vegetable Meatballs GLUTEN,	Falafel GLUTEN
Vegetables	Baked Beans	Broccoli	General Cauliflower	Green Beans	Garden Peas
Salad Bar	Coleslaw and Mixed Salad, MILK, EGG, MUSTARD	Mixed Salad, Coleslaw Rita MILK, EGG, MUSTARD	Mixed Salad	Spinach Salad and Pomegranate, Mixed Salad	Mixed Salad, Tartar Sauce, Ketchup, Coleslaw EGG, SULPHITES, MILK
Dessert	Fresh Fruit and Yoghurt MILK	Fresh Fruit and Yoghurt WHEAT, MILK, EGG	Apple Crumble and Custard MILK, WHEAT	Fresh Fruit and Yoghurt MILK	Biscuits and Fresh Fruit WHEAT, OAT
Others	Garlic Bread WHEAT	Rice and Naan Bread WHEAT	Noodles and Rice GLUTEN	Spaghetti, Bread WHEAT	Chips

