

Kingswood Meeting for Parents 19th – 21st October 2022

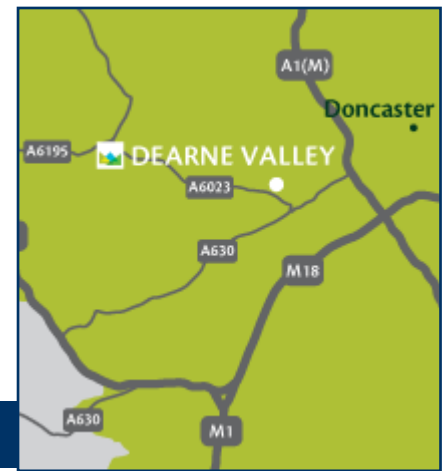
Depart : Wednesday 19th October



Aims

- To offer opportunities that can't be provided in school
- To encourage teamwork and cooperation
- Be able to demonstrate resilience through exposure to failures and overcoming difficult challenges.
- Demonstrate self-confidence in themselves and show trust and support for others.
- To develop pupil/teacher relationships

The Centre



- ‘Dearne Valley’ Kingswood Centre is halfway between Sheffield and Doncaster.
- Provides unique ‘learning outside the classroom’ experience.
- Site has secure and clearly defined boundaries with CCTV in operation. • Teacher and party leader rooms are situated close to their students • The Kingswood Duty Manager and first-aiders are on call 24 hours a day
- All employees, party leaders and site visitors have clearly visible badges so you can easily identify them. They adopt a ‘challenge no badge’ policy and all of our centres have a sign in/sign out process, plus coded gates with intercoms.

The Centre



- | | | |
|---------------------|----------------------------|-----------------------|
| 1 Reception | 5 Classrooms & sports hall | 9 High & low ropes |
| 2 Accommodation | 6 Aeroball | 10 Archery |
| 3 Conference centre | 7 Amphitheatre | 11 Bushcraft |
| 4 Diner | 8 Problem solving | 12 The Living Machine |

Accommodation

- Our school all together in one section of building
- 4,6,8,or 10 bed rooms
- All en-suite
- Rooms next to staff
- We will be on duty at night & external doors locked



A Typical Day?

- Breakfast at about 8am
- Activities
- Lunch between 12.00 and 1pm
- Activities
- Dinner between 5pm and 6pm
- Activities
- Three juice breaks during the day
- Evening activities and fun
- Cocoa at 9pm

Activities

- In about three groups with a member of Lower Park staff
- Day activities - Fencing, Team Challenge, fencing, Nightline, High Ropes
- Evening activities – Scrapheap Challenge, movie night and campfire



A typical timetable

Mon	13:25 - 14:30	14.30 - 16.00	16.05 - 17.35	17:35 - 19:45	19.45 - 21.00		
	Arrival	Dorming	Orienteering	Dinner	Camp fire		
Tue Gp1	9.15 -10.45 Problem solving	10.50 -12.20 Fencing	12:20 -14:30 lunch	14.30 - 16.00 High ropes	16.05 - 17.35 Night line	17:35-18:40 Dinner	19:45 Scrapheap challenge
Wed Gp1	9.15 - 12.20 Breakfast	12:20 - 13:25 Raft building	13:25 - 14:30 Lunch	Departure			

Instructors

- All Kingswood staff are vetted and trained to the highest levels. They complete a comprehensive induction programme that includes safeguarding training
- Throughout their employment with Kingswood all staff are monitored to ensure compliance with health and safety procedures
- All well qualified in their area of responsibility.
- Usually 2 per group.
- Used to working with KS2 children
- Instructors are trained to recognise each individual child's own capabilities and teach to his/her individual level and pace
- Staff wear identification badges and uniforms at all times so easily recognised
- All visitors and teachers required to wear a security badge.

Food



- Three freshly prepared, healthy, buffet style meals each day, with plenty of variety available - including hot and cold meals, a salad bar and plenty of water available at all times.
- Canteen style
- Great choice
- Child friendly
- Cater for all needs e.g. vegetarian, nut allergies
- Lots & good quality

MONDAY

Breakfast

Full English Breakfast
Natural fruit and yogurt
Refreshing slices of melon
White and brown toast
Selection of cereals
Selection of jams and marmalade
Selection of fresh fruit
from our fruit basket
Porridge

Lunch

Jacket potato, cheese and beans
Hot beef and onion baguette
Pasta carbonara
Butternut squash mac n cheese
Garlic bread
Coleslaw
Mixed green salad
Soup of the day
Salad bar

Dinner

Homemade beef lasagne
Homemade vegetable lasagne
Honey and rosemary buttermilk chicken
Seasoned wedges
Peas and sweetcorn
Salad bar
Dessert - Coco and beet brownie



TUESDAY

Breakfast

Full English Breakfast
Natural fruit and yogurt
Refreshing slices of melon
White and brown toast
Selection of cereals
Selection of jams and marmalade
Selection of fresh fruit from our fruit basket
Porridge

Lunch

Jacket potato, cheese and beans
BBQ chicken wrap
Pork sausage roll
Vegetarian sausage roll
Skin on fries
Baked beans
Soup of the day
Salad bar

Dinner

Butter chicken curry
Beef bolognaise bake
Cauliflower and chickpea keralan
Rice, naan and Bombay potato
Salad bar
Dessert - Strawberry cheesecake



WEDNESDAY

Breakfast

Full English Breakfast
Natural fruit and yogurt
Refreshing slices of melon
White and brown toast
Selection of cereals
Selection of jams and marmalade
Selection of fresh fruit from our fruit basket
Porridge

Lunch

Jacket potato, cheese and beans
Ham and cheese baguette
Battered chicken nuggets
Breaded vegan bites
Chips
Mixed vegetables
Coleslaw
Soup of the day
Salad bar

Dinner

Roast beef with Yorkshire pudding and gravy
Teriyaki pork and noodles
Vegan pie
Roast potatoes, carrots and broccoli
Salad bar
Dessert - Coco waffles and custard



THURSDAY

Breakfast

Full English Breakfast
Natural fruit and yogurt
Refreshing slices of melon
White and brown toast
Selection of cereals
Selection of jams and marmalade
Selection of fresh fruit from our fruit basket
Porridge

Lunch

Jacket potato, cheese and beans
BBQ pork wrap
Beef burger with
Carolina BBQ sauce
Quorn taco boats
Seasoned wedges
Coleslaw
Soup of the day
Salad bar

Dinner

Jumbo hot dog and onions
BBQ Louisiana sauce
Lamb meatballs with a creamy gravy
Quorn dog and onions
BBQ Louisiana sauce
Sautee potatoes
Corn on the cob
Onion rings
Salad bar
Dessert - American pancakes with fruit
and maple syrup



PACKING LIST

Saved to this PC
Please use the following checklist to help pack bags:

- ✓ One bath towel
- ✓ Toiletries bag containing: toothbrush, toothpaste, soap, hairbrush etc
- ✓ Night clothes
- ✓ Socks and underwear
- ✓ Four t-shirts, shirts, blouses (at least one with long-sleeves), sweatshirt (two in winter)
- ✓ One thick sweater plus one light sweater
- ✓ Three pairs of trousers and/or jeans and/or tracksuit bottoms
- ✓ Waterproof jacket (and trousers if you have them)
- ✓ Sturdy shoes
- ✓ Two pairs of trainers (one old pair)
- ✓ Large plastic bag for dirty clothes
- ✓ Gloves, hat, scarf (in winter)
- ✓ Water bottle
- ✓ Hat and sunscreen (in spring and summer)
- ✓ We recommend advising your young people to bring some money with them (no more than £5) in case they would like to make a purchase in our centre shop. Our shops sell snacks and drinks, as well as postcards, souvenirs, games and mementos.

- *Named water bottle
- *Long sleeved top and long trousers needed for most activities
- *bobbles to tie hair back
- *labelled clothing
- *children carry own inhalers – please label
- *roll on deodorant

*Please note that most activities require long sleeves.

Behaviour

- Children aware of our expectations before we leave
- If we have concerns, we will contact parents before we go (& during)
- Poor behaviour will not be tolerated (for the safety and enjoyment of the other children & staff)

Cost?

- Please could the full payment (£204) be paid by 1st October.
- Confirm your place by 19th September with a deposit.
- Financial support.
- Consent & Medical Form C by Tuesday 20th September – Include date of last tetanus (month and year).
- Please let us know of any alternative dietary requirements
- On Wednesday 19th October, we leave school at about 12.30pm. Let us know of any changes to form C then.
- Any medication needed whilst on residential - complete a medication form and hand to one of the teaching staff.
- On Friday 21st, we will be home about 3.15pm. We will keep school informed of any change in arrival time.

Other

- Insurance - Zurich
- Coaches are provided by Britannia Coach Service.
- No more than £5 for the shop
- No valuables/mobiles
- Old clothes

DVD

Any questions?

