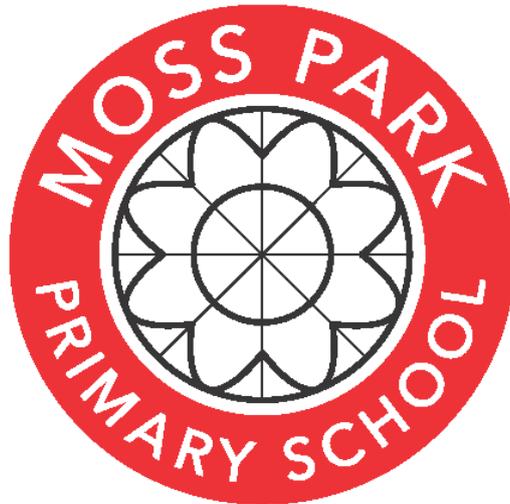


Moss Park Primary School



Achieving Excellence Together

RAMADAN POLICY

Author	Trafford
Reviewed	January 2026
Responsible Committee	Resources and Premises
Date Approved	26 January 2026
Next review date	January 2029 or pending new legislation/personnel

Purpose

This policy explains how our school supports pupils during Ramadan. It has been formulated with the advice of Trafford SACRE, Governors and guidance from the Islamic Society of Britain.

Aims and Objectives

- To provide a safe environment for older pupils who wish to fast during all or part of the month of Ramadan
- To promote mutual co-operation between the parents of children who are fasting and the school
- To ensure the proper care of pupils is maintained and keep parents and carers informed if their child is unwell
- To further develop understanding of the different faiths in the school community and encourage pupils to feel positive about their family, their culture and their faith

Fasting in Primary School

There is no expectation that children in Primary School should fast during Ramadan. Fasting is a religious duty for adults and young people who have reached puberty. Children are not required to fast. We recognise that some families want their child to begin fasting in some sort of form to prepare them for adulthood and feel included. Often this is at weekends and holidays when children are in the supervision of the family, or a 'half fast' where pupils do not have breakfast and school lunch is their first meal of the day. Some pupils' only fast one day a week or on the first/last day of Ramadan and many families do not wish their children to fast at all. We respect all these approaches.

Which Pupils We Can Support

We can only support fasting in school for **Year 5 and Year 6 pupils**, and only with parent agreement. This is because older pupils are usually more physically and emotionally ready. We cannot support fasting during the school day for younger pupils. This policy aligned with our approach to children walking home by themselves, which was written in conjunction with the LA.

Support for Fasting Pupils in Y5 and Y6

For fasting Year 5 and 6 pupils we provide a quiet space at lunchtime away from the dining hall. This support depends on careful staff supervision and available space.

Communication between Parents and School

We send out a School Spider form to find out family plans in advance of the Ramadan period. Parents must let us when their child is fasting to avoid confusion and help us manage all the children safely. If parents wish their child to fast on *some of the days*, they will be sent a form to tick for the week ahead. We cannot manage/change our registers on a day by day basis.

Evolve and School Lunch Ordering

On the School Spider form you will be able to advise if your child does not require a school dinner on each day. If you do not tell the school to cancel a meal you will still be charged.

Health and Safety

The health and safety of pupils comes first at all times. Fasting can be challenging for children and may cause tiredness, dizziness or illness. If a child becomes unwell at school we will follow normal health procedures and contact parents if needed. If a first aider notices signs of dehydration, illness or exhaustion in a pupil who is fasting, staff will act immediately to protect the child's health. The pupil will be encouraged to drink water and parents will be informed as appropriate. Parents must be available during this period in case collection is needed. The midday supervisors will monitor class lists to ensure that children who do not have permission to fast are not skipping lunch. If a child says that they are fasting and the school has not been informed in writing, the matter will be dealt with in a respectful manner; however the child will not be allowed to miss lunch. Pupils must take their regular medication such as inhalers during this time. Pupils who are ill are exempt from fasting on those days. If a child has a medical condition, such as diabetes that could be complicated by fasting, they will not be permitted to fast in school.

School Activities

All pupils are expected to take part in PE lessons and the full National Curriculum during Ramadan. It is understood by teaching and coaching staff that pupils may not want to fully exert themselves in PE sessions.

Learning and Celebration

The school will hold assemblies to help all pupils learn about Ramadan and Eid. An Eid celebration will be held so the whole school community can celebrate together.

Working with Parents

Parents are asked to inform the school if a Year 5 or 6 child will be fasting in school. Parents can contact the school at any time with questions or concerns.

Review

This policy is reviewed annually to ensure it remains safe, fair and respectful.