



Following in the footsteps of Jesus, we learn, love and laugh together



Friday 21st November 2025

Dear Parents and Carers

This week we have had a distinct focus on healthy minds and bodies. On Tuesday pupils from years five and six represented our school in football at the Ellesmere Port Sports Festival. On Thursday two of our year five pupils represented our school as **Change4life Champions**. Sophia and Dominic explained that that they have now been trained as **Change4life Champions**, it is now their mission to encourage us all to make healthy lifestyle choices. I have invited them to present their ideas at next Friday's assembly. I look forward to their advice.

Today, we have been working with the NSPCC, Years 2,5,6 have attended workshops delivered by the NSPCC representatives. Prioritising safety and wellbeing, children have been learning about ways to keep safe and some of the choices we are faced with. We would like to extend our grateful appreciation to the NSPCC for all their input today.

We are all looking forward to the Frodsham Festival next weekend. This is always a very festive and enjoyable occasion; however, it relies on us all pulling together as many hands make light work. Mrs Jevons will be sending a letter with all the details. We will also be sending out a survey requesting volunteers to help at various points of the day and evening.

As FoSL raffle tickets have now been issued to all families, there is a wonderful first prize **a family holiday with Euro Camp**. Please be aware that there are spare books available at the school office. FoSL do a wonderful job at raising money to support the many enhancements we offer as a school.

Wishing you all an enjoyable weekend.

Best wishes

Eileen Murtagh



Attendance

Overall Attendance this week is **94.86%**

Across the school, **160 minutes** of learning time was lost this week through late arrivals.

Don't underestimate the importance of 100% attendance. Even one day missed can have an effect on learning.

98% attendance means **4** school days missed
95% attendance means **10** school days missed
90% attendance means **19** school days missed
80% attendance means **38** school days missed
5 minutes late each day means **3** school days missed



Lower than 90% attendance

90-95% Attendance

Class 2, 4, 6

96-100% Attendance

Reception Class 1, 3, 5

Please be aware that requests for children to take holidays during term time will be classed as an unauthorised absence.

Please be aware that unauthorised absences that exceed 5 school days during term time will receive a fixed penalty notice (FPN).

Reminder - Dental or medical appointments

If you will be taking your child for an appointment please send us an email with the booking/screen shot for our files. Thank you



As we start the new School year, we're excited to inform you of the myHappyMind Parent App. It's a brilliant way to help children keep practising their myHappyMind habits during the School year at home.

You will need the activation code 111379

To find the checklist on the Parent App, they simply:

1. Open the app
2. Click on Kids' Zone
3. Select myHappyMind Checklists
4. Choose the Holiday Checklist

St Nicholas Catholic High School Newsletter

For the latest newsletter [click here](#)

St Luke's Lion Cubs

We loved seeing our Lion Cubs this week. Make sure you come join us Wednesday!



Little Church

Come and join us for Children's Liturgy on Saturday 6th December during 4pm mass (Due to Ho Ho Helsby) where we will do some fun activities to explore the Gospel. This is aimed at children who have not yet made their First Holy Communion.

Dates for your Diary

25th November: Year 3 and 4 Swimming

29th November: Frodsham Festival

2nd December: Weaver Hall Museum trip KS1

5th December: Year 2 Christmas Journey

11th December: KS1 Nativity 2pm

15th December: Christmas Carol Service

17th December: Christmas Dinner and Jumper day

18th December: Christmas Party

St Luke's Lion Club event

3rd December 9:30-11:30am

Christmas craft activities

St Mary's Class



English

This week we have been writing about Nibbles and what he has been up to. We have written some diary entries from the point of view of different characters and have been learning about commas in lists and using -ly for adverbs (Year 2), using capital letters for names and places (Year 1) and writing cvc words and forming letters correctly (EYFS)

Maths

We have introduced shape this week and have been recapping different 2D and 3D shapes and their properties. We have been noticing different shapes around our classroom and talking about vertices and faces.

Vine and Branches

In our Golden Box this week we had a figure of Mary and Elizabeth and we learned about Mary visiting her cousin who was also having a baby.

Nativity

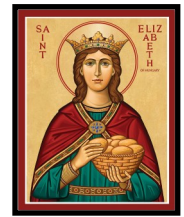
We enjoyed starting our rehearsals this week and they are going well. Thank you very much for all of you support with learning lines.

Personal Development

We have finished out second unit of My Happy Mind and we enjoyed reading the story Going to the Volcano. We talked about ensuring that everyone can join in and not leaving anyone out.



St Elizabeth's Class



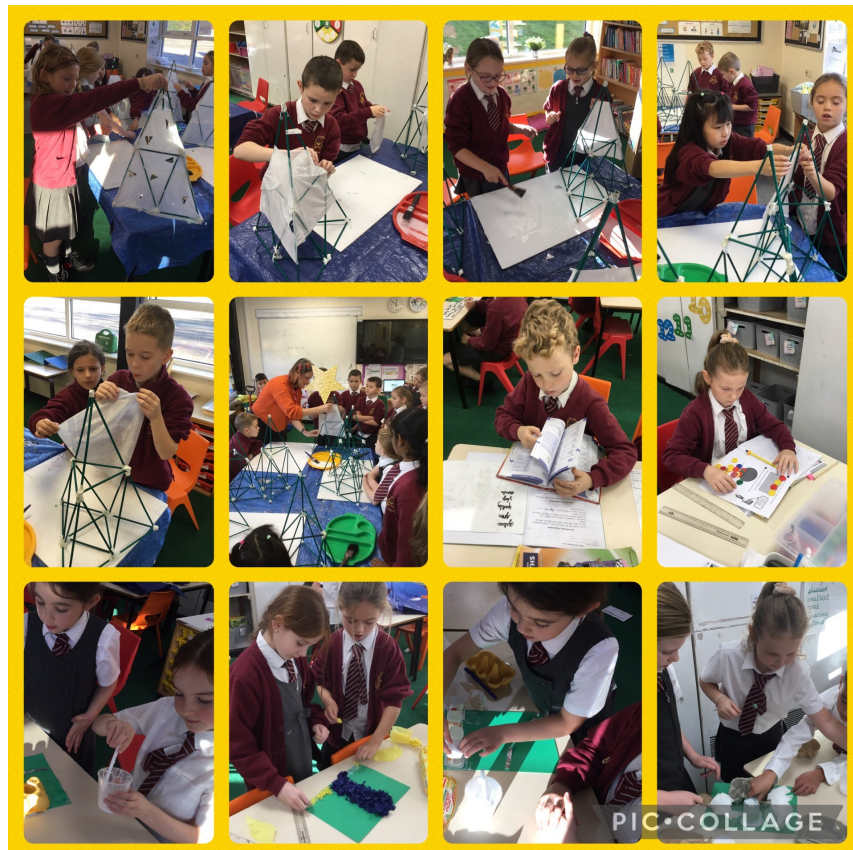
This week in Maths, Year 3 have been finishing their topic of addition and subtraction by using the inverse operation to check our strategies. We also used estimation to work out our answers roughly. We found it tricky but we persevered! Year 4 have been enjoying a new topic of area, and have progressed to learning about how multiplication facts can help us to calculate area more quickly.

In English, we have started applying our mastery keys this half term to our writing. Year 4 have been working on using and correcting standard English, and the whole class have been looking at using different conjunctions to improve our sentences and extend them.

In the Vine and Branches this week, we have thought about what happens at mass, particularly during the liturgy of the word and taking communion. We have discussed different key words and made leaflets to help younger children understand what happens.

In Geography this week, we made some model rivers in small groups to better understand their structure and features. We used a variety of materials including card, egg boxes, yoghurt pots and tin foil to represent different terrain. The groups joined together to explain key concepts to one another.

On Wednesday we were very lucky to have a whole-day workshop making lanterns for the Frodsham Christmas Festival next week! We used our D&T skills to consider different structures and strengths. We discovered that triangles were strong shapes, and that making these into diamonds made them even stronger. We built our structures out of wooden rods, before covering them with teabag paper and sparkles. We are really excited to use these next week!



St Catherine's Class



We've had a very busy and productive week in class, with learning linking together in lots of meaningful ways.

We began the week by taking on some challenging maths units. Year 5 continued developing their skills in multiplication, while Year 6 focused on long division and the order of operations. Both year groups showed impressive resilience throughout, and it was fantastic to see their confidence grow as they applied their learning to a wide range of fluency questions.

Our new English text, *Can We Save the Tiger?*, connected well with our wider theme of responsibility and staying safe. To introduce the topic, we watched a powerful video clip highlighting the impact of poaching on tiger populations. This immediately captured our interest and led to some excellent research, where we discovered many fascinating facts about tigers and the threats they face.

In *The Vine and The Branches*, we continued to build on these ideas by exploring the theological virtues and discussing how we can live them out in our everyday lives. Everyone contributed thoughtful examples and confidently linked their ideas to scripture, showing maturity in their reflections.

Our final swimming session this week focused on water safety, reinforcing the importance of keeping ourselves and others safe. We learned how to call for help in an emergency and talked about the safest ways to assist someone who may be struggling in the water.

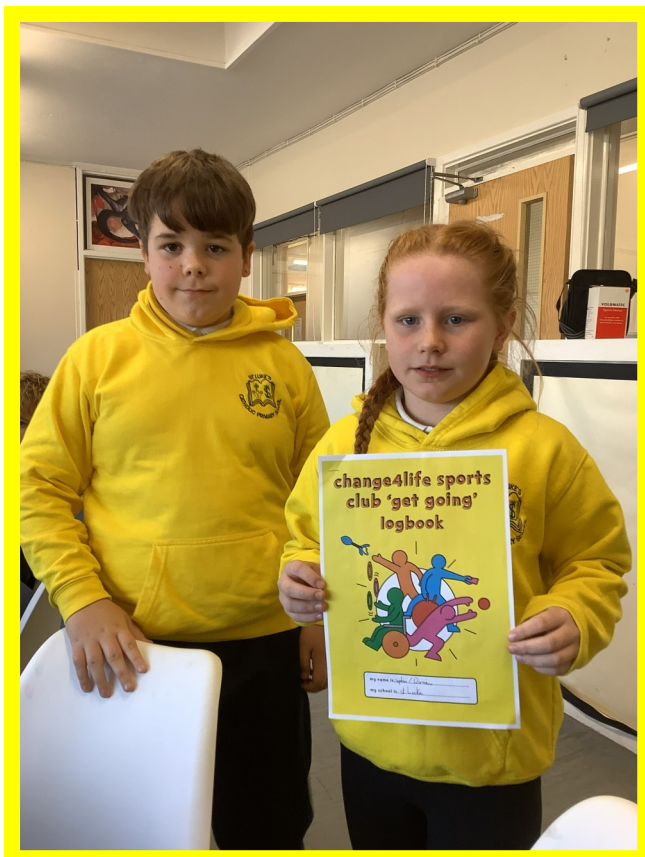
This theme of safety carried through to the end of the week, when we took part in an important NSPCC workshop. The session shared clear messages about how to stay safe and reminded us of what to do, and who to talk to, if we ever feel worried about something.



Sports Events

What a busy sport week!

A team of year 4 and 5 children represented our school in a Small Schools Football competition in Ellesmere Port and gave it 100%! We were so proud of their effort, resilience and teamwork. We also had 2 children represent school as Change4Life Champions, also in Ellesmere Port, and they had a great time learning about healthy eating, exercise and what it does to the body. They will now be introducing what they have learned with the School. Thank you so much to our staff and volunteer parent helpers who make these events possible.





Christmas Raffle Reminder

Raffle ticket books for our annual Christmas Raffle should have been bought home by your child, giving families the chance to enter and support our School. If you need additional ticket books, or if your child did not receive one, spare books are available from the School office.

Thank you for your support, and good luck in the draw!