



Anaphylaxis and Asthma Policy

'Growing in faith, hope and love. But of these three the greatest is love'.

1 Corinthians 13:13

Our school will continue to be a happy, welcoming and inclusive Christian environment, where everyone is treated equally and expectations are high.

We will provide a safe, caring and stimulating environment in which every individual is cared for spiritually, morally, intellectually, physically, socially and emotionally, guided by the values of our Christian faith.

We will combine high standards with a broad, balanced and rich curriculum which encourages creativity and inspires a commitment to lifelong learning.

We will focus our teaching and learning on the needs, abilities and enthusiasms of individuals, providing a tailored approach to supporting all pupils according to their needs.

We will work in partnership with parents, parish and stakeholders to place our school at the heart of the community it serves.

We will build on our strengths and drive our own improvement, set ambitious and challenging targets, whilst facilitating opportunities for everyone to be the best that they can be.

Love, Trust, Confidence, Hope, Friendship, Forgiveness, Co-operation

Policy Lead: Mrs S.C.Abram

Date Approved: September 2026

1. Policy Statement

This school is committed to providing a safe, inclusive and supportive environment for all pupils, including those with asthma and severe allergies that may result in anaphylaxis.

In line with statutory guidance for supporting children with medical conditions and the requirements introduced through Benedict's Law, the school will:

- Maintain a whole-school approach to allergy and asthma management.
- Ensure all staff receive appropriate training.
- Hold emergency medication, including spare adrenaline auto-injectors- purchased from Arcadia Medical
- Maintain Individual Healthcare Plans (IHPs).
- Promote inclusion whilst reducing risk.
- Ensure rapid and effective emergency response procedures are in place.

2. Aims

The school will:

1. Safeguard pupils with asthma and allergies.
2. Ensure staff can recognise and respond to medical emergencies.
3. Support pupils to participate fully in all aspects of school life.
4. Work collaboratively with parents, healthcare professionals and pupils.
5. Meet statutory responsibilities regarding medical conditions and allergy safety.

3. Roles and Responsibilities

Governing Body

The Governing Body will:

- Ensure appropriate policies are in place.
- Monitor compliance.
- Ensure adequate resources and training are provided.

Headteacher

The Headteacher will:

- Oversee implementation of this policy.
- Nominate a Senior Leader as Allergy and Asthma Lead.
- Ensure staff training is completed annually.

Allergy and Asthma Lead

The designated lead will:

- Keep medical registers up to date.
- Monitor Individual Healthcare Plans.
- Arrange staff training.
- Coordinate incident reporting and reviews.
- Ensure emergency medication remains in date.

Staff

All staff will:

- Understand symptoms of asthma and anaphylaxis.
- Know emergency procedures.
- Attend required training.
- Take responsibility for pupil safety at all times.

4. Identification of Pupils

The school will maintain an accurate register of pupils with:

- Asthma
- Food allergies
- Drug allergies
- Insect sting allergies
- Animal allergies
- Other diagnosed allergies

Information will be updated:

- On admission.
- Annually.
- Following any change in medical circumstances.

5. Individual Healthcare Plans

All pupils at risk of anaphylaxis and those with significant asthma will have an Individual Healthcare Plan which will include:

- Medical diagnosis.
- Known triggers.
- Signs and symptoms.
- Medication details.
- Emergency contacts.
- Emergency treatment procedures.
- Required reasonable adjustments.

Plans will be reviewed at least annually or sooner if required.

6. Asthma Management

The school will:

- Maintain an asthma register.
- Encourage pupils to carry reliever inhalers where appropriate.
- Ensure inhalers are readily accessible.
- Hold an emergency salbutamol inhaler in accordance with current regulations.
- Record all asthma incidents requiring intervention.

Recognising an Asthma Attack

Symptoms may include:

- Persistent coughing
- Wheezing
- Difficulty breathing
- Chest tightness
- Difficulty speaking

Emergency Response

Staff will:

1. Help the pupil use their reliever inhaler.
2. Reassure and monitor the pupil.
3. Call parents where appropriate.
4. Call 999 if symptoms do not improve or deteriorate.

7. Allergy and Anaphylaxis Management

The school will:

- Identify pupils at risk.
- Minimise exposure to allergens where reasonably practicable.
- Ensure staff understand allergy management procedures.
- Promote safe food handling and risk assessment procedures.

Common Symptoms of Anaphylaxis

- Swelling of lips, tongue or throat
 - Difficulty breathing
 - Persistent cough
 - Wheeze
 - Sudden collapse
 - Dizziness
 - Loss of consciousness
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8. Emergency Adrenaline Auto-Injectors

The school will:

- Hold spare AAls on site.
- Store them in accessible locations.
- Check expiry dates regularly.
- Ensure they are accessible within emergency response times.

Spare AAls may be used in accordance with national guidance when anaphylaxis is suspected.

9. Emergency Procedures for Anaphylaxis

Where anaphylaxis is suspected:

1. Administer the pupil's prescribed AAI immediately.
2. If unavailable, administer a school-held spare AAI if appropriate.
3. Call 999 and state: "**Anaphylaxis - adrenaline administered.**"
4. Contact parents/carers.
5. Monitor airway, breathing and circulation.
6. Administer a second AAI if symptoms persist and medical advice indicates.
7. Record and review the incident.

10. School Visits and Off-Site Activities

The school will ensure:

- Risk assessments identify allergy and asthma risks.
- Emergency medication accompanies pupils.
- Trained staff attend visits.
- Pupils are included wherever possible through reasonable adjustments.

11. Staff Training

All staff will receive annual training covering:

- Asthma awareness.
- Allergy awareness.
- Recognition of anaphylaxis.
- Use of adrenaline auto-injectors.
- Emergency procedures.

Records of training will be maintained.

12. Record Keeping and Incident Reporting

The school will maintain records of:

- Medical plans.
- Training completion.
- Medication checks.
- Allergic reactions.
- Asthma incidents..
- Near misses

Lessons learned following significant incidents will be reviewed and shared where appropriate.

13. Monitoring and Review

This policy will be reviewed:

- Annually.
- Following any serious incident.
- Following changes in statutory guidance.

Appendix A: Emergency Contacts- see individual child's healthcare plans

Appendix B: Medication Check Log- stored in office

Appendix C: Training Record

Staff Member	Date Completed	Refresher Due
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Academic Year: 2026-2027

Review Date: July 2027

Person Responsible: Headteacher