ABC's = locomotor, object control & stability skills	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rec Indoor	Dance The Magic Toys	Parachute Games	Dance Animals	Parachute Games	Gymnastics	Athletic Activities
Outdoor	ABC's	ABC's	Speed and Awareness	Sending and Receiving	Sending and Receiving	Speed and Awareness
Year 1 Indoor	ABC's	Dance Seasons	Speed and Awareness	Gymnastics	Dance Beside the Seaside	Gymnastics
Outdoor	Speed and Awareness	Send and Receive	Attack and Defend	Competitive	Athletic Activities	Athletics
Year 2 Indoor	ABC's	Dance At the circus	Speed And Awareness	Dance Under the Sea At the Seaside	Gymnastics Lessons	
Outdoor	Awareness Send and Receive Attack and Defend		Competitive Basketball		Hockey	Athletic Activities

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3 Indoor	ABC's Speed And Awareness	Dance Travelling Life on the Nile	Gymnastics	Dance Jungle	Gymnastics	Orienteering
Outdoor	Attack and Defend Netball		Send and Receive Football		Striking and Fielding	Athletics
Year 4 Indoor	ABC's Speed And Awareness	Dance Spain	Gymnastics	Dance Pirates	Gymnastics	Orienteering
Outdoor	Attack and Defend	Send and Receive	Swimming	Swimming	Striking and Fielding	Athletics
Year 5 Indoor	ABC's	Dance Creepy Castle	Gymnastics	Dance Into the Woods	Speed And Awareness	Orienteering
Outdoor	Attacking and Defending Football		Tactics and Strategies Basketball		Striking and Fielding (cricket)	Athletics
Year 6 Indoor	ABC's	Dance Castles	Gymnastics	Dance Cowboys and Indians	Speed And Awareness	Orienteering
Outdoor	Attacking and Defending Rugby		Send and Receive Hockey		Striking and Fielding (cricket)	Athletics