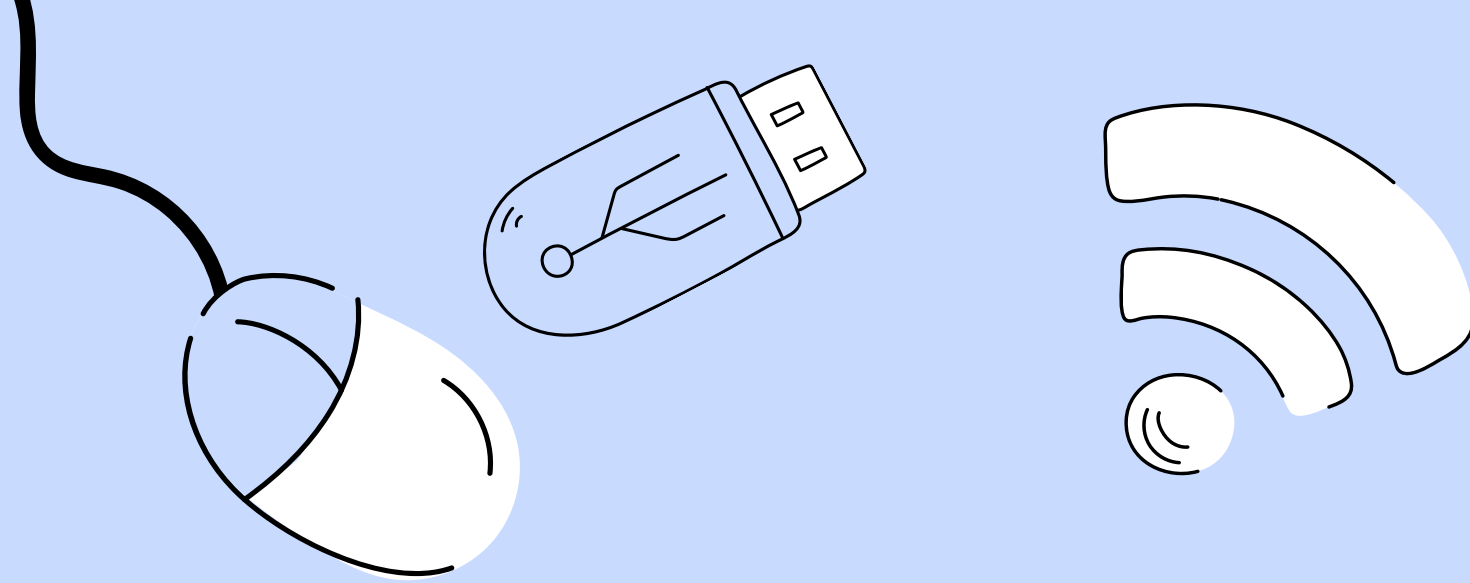


# Online Safety



**Safer Internet Day 2026 takes place on Tuesday 10<sup>th</sup> February, you can find out more about this by scanning the QR code:**



Safer Internet Day is a global awareness day that encourages children, young people and adults to think carefully about how we use the online world and digital technology. It's a useful annual prompt to refresh conversations about online safety, wellbeing and responsible digital behaviour.

Theme for 2026: Smart tech, safe choices – exploring the safe and responsible use of AI. This year's focus reflects how quickly AI and smart technologies are becoming part of children's everyday online experiences. The emphasis is on helping young people develop confidence, critical thinking and good judgement when using digital tools, rather than fear or restriction.

## 1. Take an interest in what your child is doing online.

Ask them questions., make sure they feel comfortable about talking to you about their online lives.



## 2. Make space for online devices in shared areas.

It's easy to let your child game or be online in their rooms. Make it a priority for your child to use communal areas whilst being online.

## 3. Be in the know- Parental Controls.

Make sure you have turned on parental controls on all devices- scan the QR for more guidance:



## 4. Talk to your child.

Make sure you speak with your child about online safety. Scan the QR for more guidance on this:



## 5. Keep yourself up to date:

The online world changes all the time, it's important to keep yourself up to date with the latest guidance and information. These websites support parents with this:

