

St Barnabas CE Primary School Newsletter

13/03/2026



'Let your light shine'

Our **Spring Concert** which will take place at **6pm** on **Wednesday 1st April**. All our children in KS2 will be performing in the show, which is a fantastic opportunity for them to showcase their musical talents and the skills they have been learning in music lessons this year. There will be singing, dancing and music played on a range of instruments. It's going to be an amazing evening...tickets are **FREE** and available to collect from the school office. We have reserved 2 tickets for every family with children in KS2, then if there are any spares, we will allocate them to families who request extra tickets. Doors open at 5:30pm and refreshments and raffle tickets will be sold on the night. We look forward to seeing you there.

Have a lovely weekend everyone,
Miss Hodgkinson

HERE ARE SOME OF THE WAYS OUR AMAZING CHILDREN HAVE 'LET THEIR LIGHT SHINE' THIS WEEK IN SCHOOL...



Local Authority Attendance Update

The Local Authority will now be issuing fines (fixed term penalty notices) for parents who take children on holidays during term time. The link below will take you to the LA webpage containing information about penalty notices:

[School attendance | warrington.gov.uk](https://www.warrington.gov.uk/school-attendance)

Meet and Greet

Don't forget, if you have any issues in the morning or at the end of the day, a member of staff will be outside for you! We have staff available every morning and afternoon at each entrance gate – we can help you with any issues you may have, no matter how small. Please come for a chat if you need to.

Packed Lunch ideas

A healthy packed lunch will give children the energy and nutrition they need to get the most from their school day – helping them to stay healthy, feel good and be ready and able to learn. Just like school meals, packed lunches should be made up of foods from the main food groups in the Eatwell Guide <https://www.nhs.uk/live-well/eat-well/food-guidelines-and-food-labels/the-eatwell-guide/> and portions should be appropriate for a child's age and size. This will ensure every child has a healthy and nutritionally-balanced lunch.

5 top tips for your packed lunch

- Freezer packs can keep food cool. Freeze a (reusable) bottle of water which will be ready to drink by lunchtime.
- Get your child to help pack their lunch box – they are more likely to enjoy it.
- Love to dip? - cut up pitta bread or veg sticks to have with a dip.
- Use pastry cutters to cut funny shaped sandwiches.
- Protect your fruit by putting it in a small plastic container.

Some GREAT ideas for upping the veg content in your lunchboxes can be found via <https://simplyveg.org.uk/lunchboxes>

Nut Allergy

Our school is a **nut free zone** as we have children in school with severe allergies. Please do not send any food in packed lunches containing nuts or traces of nuts, including chocolate spread.

Free Online Safety Parent Workshop – Thursday 30th April 7pm

Warrington Local Authority are totally committed to the digital safety and wellbeing of their students. As part of this, we are running a workshop dedicated to helping parents understand the risks their children face in their online lives and the practical things parents can do to help.

Please join us for this hour-long workshop in which Ruth Noble, Digital Safeguarding Education Specialist will provide you with lots of valuable insights and tools.

Including:

- Information on the latest apps and games your child may have access to.
- The harmful content your child may be exposed to.
- How you can help your child to safely navigate online risk.
- How to access our FREE [Online Safety Hub](#) with dedicated guidance for parents.
- An introduction to a parental app that allows you to control what your child sees online if they are at risk, plus other important features.

We hope to see you there, please use the link to register for your free place [Webinar Registration - Zoom](#)

Our Christian Value for this half term is:

Forgiveness

"Bearing with one another and, if one has a complaint against another, forgiving each other: as the Lord has forgiven you, so you must also forgive."

Colossians 3:13



This week we pray for those who have lost loved ones.

Easter Eggstravaganza!

Our annual decorated egg competition is taking place soon. Children are invited to decorate a boiled egg at home and bring it into school. There will be a winner from each class and all entries will receive a chocolate prize!

Competition entries should be brought into school on Monday 30th March. Winners will be announced on Tuesday 31st March.



Comic Relief/Odd Socks Day for Down Syndrome Awareness

Friday 20th March is Comic Relief and Down Syndrome Awareness Day and we will be supporting both of these amazing charities. Children can come to school wearing something red and odd socks if they wish. Voluntary donations of £1 or more will be split between the charities.

Streaming services have become the go-to entertainment choice for many families, with children often favouring on-demand platforms over traditional television. Our guide this week explores the realities behind these services, from rising subscription costs and advert-supported tiers to the impact of auto play and endless content libraries on young viewers' screen time and wellbeing.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about STREAMING SERVICES

WHAT ARE THE RISKS?

Streaming services are platforms that allow users to watch cartoons, documentaries and movies online immediately (often referred to as SVoD: streaming videos on demand). Ofcom reported that children and young adults prefer streaming services to traditional TV. With two-thirds of UK households subscribing to at least one streaming service, parents must understand how to manage screen time, set age restrictions and ensure safe viewing.

COSTLY

Subscription services can be costly. As the main source of entertainment, most households have at least one streaming platform, and each platform has its own monthly subscription fee. Services are charging more for ad-free viewing, and better quality and resolution; however, there is a cheaper option with adverts. Due to price increases, Netflix and Disney+ reported a sharp increase in users subscribing to their ad-supported tier in 2025.

ILLEGAL STREAMING

Sharing passwords or using modified Fire Sticks to access streaming content without permission is illegal. Most streaming services have now put measures in place to detect account sharing. When account sharing is identified, platforms will offer an opportunity to pay for an added member or will ask the user to verify who they are.

AGE-INAPPROPRIATE CONTENT

Most streaming platforms allow users to set up a profile for each family member, with the option of putting specific restrictions in place. These include adding a profile lock or PIN, controlling autoplay of previews and next episodes, and limiting content based on age ratings. Nonetheless, these restrictions aren't foolproof. Content which is rated as suitable for an age group may still include themes, language, or images which children and families find inappropriate.

EXCESSIVE SCREEN TIME

Excessive screen time contributes to sedentary behaviour and can negatively impact physical and mental health. Ofcom found that 4- to 15-year-olds averaged 2.5 hours per day across all video-sharing platforms, not including gaming. The vast range of content available, combined with features such as autoplay, makes it easy for children to watch for extended periods of time.

BINGE WATCHING

Features such as autoplay make it easy for viewers – especially young people – to continue watching episodes without a break. This can foster unhealthy and addictive patterns, such as consuming a vast amount of content in one sitting. With binge watching come a lack of social interaction, lack of physical exercise, and often late nights and sleep disruptions which impact their mental and physical wellbeing.

HARMFUL STEREOTYPES

Many platforms track viewing habits, time consumed, and preferences, and generate recommendations to encourage your child to keep watching. This results in your child being in a 'loop' whereby they think the 'recommended' shows would be something they would enjoy rather than thinking critically for themselves. This can shape their beliefs, values, and understanding of the world from a young age without even realising it.

Advice for Parents & Educators

SET UP INDIVIDUAL PROFILES AND ADD PINS

Almost all streaming services allow users to set up individual profiles where each family member can have age restrictions put in place for the content they can view. Adult profiles can be protected through the use of PIN. Keep this private. Use the options of putting specific restrictions in place such as controlling autoplay of previews and next episodes, and limiting content based on age ratings.

MONITOR AND TALK OFTEN

Discuss with your child what they are watching, find out which programmes are trending, and watch them yourself. Have a little look at their watch history to check the content of what they're watching. Some platforms have been known to recommend or autoplay older or graphic content after a child's movie has been played. While some tv shows or movies may have a suitable age rating, your child may still find the content scary, or it may explore themes you don't want to explore with your child yet.

TALK ABOUT ALGORITHMS

Talk to your child about how streaming services track what they watch, and base adverts and recommended shows/movies on previous viewing. Encourage them to critically think about whether the recommendations are suitable and how they want to spend their time. Discuss stereotypes with your child and challenge them to think about what they watch and how this may influence their beliefs.

SET TIME RESTRICTIONS

Many streaming services offer the opportunity to buy movies, or add additional features to your subscription such as sports channels, as well as play games. This can increase the amount of time young people spend sitting idly in front of the screen. Some platforms (e.g. Apple TV+) allow you to set screen time restrictions. If the streaming service doesn't allow you to set screen time limits, set a family rule and stick to it.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator, and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government, comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

See full reference list on our website

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 11.03.2026



EASTER AT CAFT
FAMILY VISITS

WE WILL BE RUNNING 2 HOUR OUTDOOR EASTER VISITS FOR DISABLED AND SOCIALLY DISADVANTAGED CHILDREN AND THEIR FAMILIES

PLEASE GO TO OUR WEBSITE TO CHECK OUR ELIGIBILITY CRITERIA AND TO BOOK A SLOT
WWW.CAFT.CO.UK/FAMILIES




St Barnabas CE Primary School

Easter Raffle

Date 26th March 2026

Tickets £1 each and are on sale now!

1st Prize Easter Hamper
2nd Prize Pokémon Bundle
3rd Prize Basketball Hoop and Ollyball

And many other prizes including...

- * Mini Metal Detector * Golf Game * Pokémon Battle Game *
- * Garden Lights and Tool Set * Games Bundle *
- * Bluey Game/ Tea set and Camera * 'Cars' Playset *
- * Headphones and Camera * Birthday Party Bundle *
- * Playdoh Set * Relaxation Bundle * Teddy and Carrier *
- * Portable mini printer * 3 x Kid's Cameras *
- * Bayliss & Harding Bundle * Busy book & Tiger card game *
- * Bubbly and Biscuits * 3 x Pokémon Cards *




Making Every Day Count
Registered Charity No. 51999

Colour Run
Sunday 10th May 2026
Walton Hall & Gardens
From 1pm



Take part in a colourful 3k dash

Scan to sign up now or contact our Fundraising Team:
01925 575780
events@stroccos.org.uk

Sign up before 3rd April for up to 40% off entry fees

www.stroccos.org.uk



What's Included?
All runners will receive a pair of coloured sunglasses and pouch of powdered paint on arrival and a medal and at the finish line.

What Should I Wear?
Start in white, end up bright! We suggest you wear a white t-shirt for maximum effect. You can purchase a St Rocco's t-shirt and a range of colourful accessories to add extra colour to your outfit! Buy in advance when you book or on the day.

Who Can Take Part?
It is a family event so adults and children are welcome to join in the fun! The colour powder is not recommended for under 5s, however if you choose for them to take part, please let us know on your registration. All under 16's must be registered alongside and accompanied by a parent or guardian.

Can I Volunteer?
We will need lots of volunteer marshals on the day so we are very grateful to anyone who can spare a few hours to lend a hand. Get in touch for more details on how to help with everything from marshalling to throwing paint!

How Much Should I Fundraise?
The registration fee only covers the cost of putting on the event. This means it is the money you raise from sponsorship which will go towards patient care. We are kindly asking all runners to raise £50 minimum sponsorship (or more!) to support St. Rocco's Hospice. Once registered an Enthuse fundraising page will automatically be generated for your group making it really easy to get started! The Fundraising team are here to support you and answer any questions you may have.

Schedule
• 1pm - Registration opens
• 3pm - Colour Run Starts

Scan to sign up today!



www.stroccos.org.uk





Community Foundation

RUGBY HOLIDAY CAMPS 2026

FEBRUARY

Tuesday 17th
Wednesday 18th

APRIL

Tuesday 7th
Wednesday 8th

MAY

Tuesday 26th
Wednesday 27th

JUNE

Tuesday 2nd
Wednesday 3rd

AUGUST

W/C 3rd
W/C 10th
W/C 17th
W/C 24th

Register here:

More details to be released closer to dates via the link



Registered Charity 110734



Community Foundation

April Rugby Camp

TUESDAY	WEDNESDAY	THURSDAY
31 LOOKING FORWARD TO CAMP	01	02 GETTING EXCITED
07 HOLIDAY CAMP	08 HOLIDAY CAMP	09
14	15	16

8:15 - 15:30, DROP OFF 8:15 - 9:15

ST ELPHINS PRIMARY SCHOOL
FARRELL STREET, WARRINGTON
WA1 2GN

WHAT TO EXPECT:
FOOD INCLUDED
OPTION OF CONTACT & TAG RUGBY
FUN RUGBY ACTIVITIES/GAMES
FREE PLAY
STAR OF THE DAY
VISITS FROM WOLFIE

REGISTER HERE:



SCHOOL YEARS 2-6

SPACES ARE LIMITED SO BE SURE TO BOOK EARLY TO AVOID MISSING OUT!

PRICE: £60 FOR BOTH DAYS



Registered Charity 110734

Dates for your Diary

Friday 20 th March	Comic Relief
Friday 20 th March	Y3/4 Warrington Wolves Gulp workshop – healthy eating and lifestyle choices and rugby session
Monday 23 rd March	6pm Y5 Primary Arts Network - Performance at the Parr Hall
Friday 27 th March	Y3/4 Warrington Wolves rugby session
Monday 30 th March	3:15 – 4:30pm Easter Starbooks Cafe – all families welcome
Monday 30 th March	Nursery Easter Stay & Play 2.15pm - 3pm (start of the week children)
Tuesday 31 st March	Reception trip to Chester Zoo
Wednesday 1 st April	10am Whole School Spring Service at St Barnabas Church – all families welcome
Wednesday 1 st April	Nursery Easter Stay & Play – 2.15pm – 3pm (end of the week children)
Wednesday 1 st April	Reception Easter Stay & Play – 2.15pm – 3pm
Wednesday 1 st April	6pm Spring Concert – tickets available for parents of children in KS2
Thursday 2 nd April	School closes for the Easter break
Monday 13 th April	School opens for the summer term

Easter Holiday Club

Tuesday 7th to Friday 10th April

10am to 2pm

Book on the eequ.org website

<https://eequ.org/book/st-barnabas-holiday-haf-camp-with-striker-academy-26717>

Striker Academy

Daily Warm Up

Games

Arts & crafts

Dodgeball

Football

Snacks & lunch

