WEEK 3

STEP 1 Choose from...

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	-	-	Roast Gammon to go with Carrots, Broccoli, Gravy, Boiled Potatoes	Chinese Chicken to go with Green Beans, Mixed Rice	Fish Fingers to go with Baked Beans, Chips
Vegetarian	Pizza to go with Sweetcorn, Homemade Herby Diced Potatoes	-	Quorn Roast to go with Carrots, Broccoli, Boiled Potatoes	Mac N Cheese to go with Green Beans, Mixed Rice	-
Combo	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans
STEP 2 ...and to finish!	Homemade Biscuits	-	-	-	Mango & Orange Iced Smoothie
	Fresh Fruit Pot, Yoghurt	Fresh Fruit Pot, Yoghurt	Fresh Fruit Pot, Yoghurt	Fresh Fruit Pot, Yoghurt	Fresh Fruit Pot, Yoghurt



Bread and Salad will be available at Lunch Times

Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information

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