

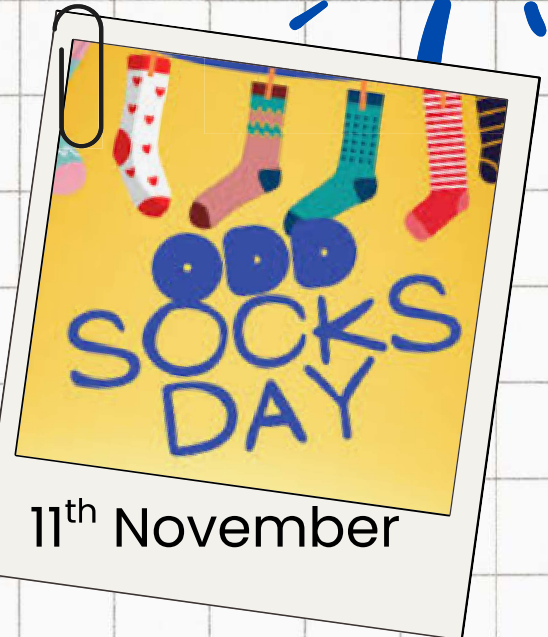
Wimboldsley Primary School

Anti bullying week

NOVEMBER 2025



Anti-Bullying Week 2025 is taking place in the UK and our school from **November 10th to 14th**, with the theme "**Power for Good**". Organized by the **Anti-Bullying Alliance**, the event aims to raise awareness of bullying and encourage people to use their power to speak out, support others, and promote **kindness**. This week we will have an Odd Socks Day on Tuesday, November 11th, to celebrate what makes everyone unique



ANTI-BULLYING
WEEK 2025!

POWER
FOR
GOOD

WANTIBULLYINGWEEK

Mrs Macaskill's message

Each of us holds a power — the power to choose kindness, to speak up, to stand beside someone who feels alone. Bullying behaviour thrives in silence, but when we use our voices, our actions, and our choices for good, we create positive change. Being powerful doesn't mean being loud or forceful. It means having the courage to do what's right, even when it's hard. It means including others, and standing up for them when someone is being hurt. Hurt might look like unkind words and actions or through less obvious ways like unkind thoughts; this might come across like unkind body language and facial expressions. We want to create a community where everyone feels safe and valued.

Power for Good starts with one person. It starts with you. When we lift each other up instead of tearing each other down, we create a world where respect and empathy wins and bullying behaviour loses.

Let's use our power — every day, in every way — for good.

It takes real strength to be kind in a world that isn't always fair. Choosing kindness is a powerful act — not a weakness. Stand tall. Speak kindly. Be the strength someone else might need today

Our school Rules: Be Ready Be Respectful Be Safe



What random acts of kindness can you carry out at home this week which demonstrate respect for others?



How will you promote kindness in your class this week? What will your teacher notice?

The Anti-Bullying Alliance defines bullying as:

The **repetitive, intentional hurting** of one person or group by another person or group, where the relationship involves an **imbalance of power**. Bullying can be physical, verbal or psychological. It can happen face-to-face or online.