

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Intro to Zones of Regulation 6 lessons	Bonfire night safety Healthy families Friendship conflict Anti-bullying week Learning who to trust Respecting differences in others Stereotyping: Gender Stereotyping: age	Appropriate levels of touch Emergencies Washing hands Road safety Who keeps me safe?	Wonderful me / Resilience Sleep Exploring Tools Zones of Regulation 4 lessons	Rights and responsibility Rules Stealing vs borrowing Plastic pollution Earth Day What's in my community? Who helps in the community?	Jobs and pay Different ways to pay Approaching the finish line – Zones of Regulation 4 lessons
Year 4	Zones of Regulation How to maintain healthy relationships Celebrating differences Unhealthy relationships Resolving conflict	Bonfire night safety Hazard risk danger Anti-bully Week Danger signs Dares Railway safety	Sleep Sugar Balance diet Exercise Mental health – zones	Online age restrictions Adverts Body images editing and fake images online Live streaming	Human rights Rules School rules British Values Local councillors Diverse community - racism	Spending choices How are payments changing? How spending affects my feelings Career choices Career stereotypes

	Self-esteem - jealousy Halloween	Christmas – giving vs receiving		Gaming and online spending		Transition Reflection
Year 5	Healthy and unhealthy relationships civil partnerships and marriage peer pressure assertive, aggressive and passive behaviour Black History Appropriate touch Halloween	Bonfire Night Anti-bullying – Wing Anti-bullying week Dental Health Sugar on teeth experiment x 2 Christmas – thinking of others	Coming home on time Keeping safe in the local area Global warming x 2 Feeling safe in the community	Mental and physical health Helping mental health Sleep Smoking x 3	Growing and changing Growing and changing – emotions Puberty Relationships x 2 Manipulated images on media	Changes and loss Alcohol and drugs x 3 Railway safety Dangers over the summer holidays Reflect on achievements
Year 6	Accepting others Actions and consequences Racism Types of families Peer Pressure (exploitation)	Anti-social behaviour on bonfire night Anti-bullying Physical and mental health Recognising triggers (Zones)	Hazards online Editing and filters x 2 Safer Internet Day Payment methods: What are credit cards	YGAM: Gambling within games x 3 Keeping money safe/ scams How money affects feelings and finding a work life balance- jobs	What it means to be an adult Puberty recap/ Periods Emotions during puberty Reproduction Consent	Human rights /children's rights How our government works Our local council Stockport development

	9 protected characteristics	Sleep – affecting health Unhealthy friendships Current Christmas issues	Budgeting on a monthly wage	International Women’s Day	Sharing images online	Modern propaganda – linked to WW2 Transition x 2
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