

Hello everyone 😊 ,

Here are today's challenges...

Can you practise getting dressed in the morning and putting your pyjamas on for bed? Socks and shoes can also be tricky to put on, so be sure to practise this too! Can you do this all by yourself?

Can you help your grown up do some important jobs around the house?

How many of these jobs can you do?

Can you help to:

Wash the windows

Brush or mop the floor

Mix the mixture to bake some cakes

Dig a hole to plant a seed

Hang up the washing

Parents: These types of activities are great for strengthening shoulder muscles which are essential for learning to hold a pencil and write.