

Wednesday- PSED

Hello everyone. Here is an activity for you to try. We hope you have fun!

Can you talk about a time you felt really proud of yourself?

Adults: Can you help your child to reflect on past or recent achievement? They may have learned something new recently or finally mastered something they've been working on e.g. zipping up their coat, putting on their shoes, cutting up their food, dance or swimming achievements, starting a new football group etc.